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SANIBEL & CAPTIVA ISLANDS, FLORIDA

DECEMBER 29, 2017

DECEMBER/JANUARY SUNRISE/SUNSET: 29 7:15 • 5:45 30 7:16 • 5:45 31 7:16 • 5:45 1 7:16 • 5:47 2 7:17 • 5:48 3 7:17 • 5:48 4 7:17 • 5:49

New Year's Day Polar Bear Plunge

n Monday, January 1, the Sanibel-Captiva Chapter of the National Polar Bear Club will hold its 18th annual meeting at "the crack of noon" at Tarpon Bay Beach (the south/gulf end of Tarpon Bay Road). Parking for 89 cars is available at the city lot. Be sure to display your current parking sticker or pay the parking fee.

The meeting will begin with the singing of the traditional Polar Bear anthem by the Cubbies (first-timers), Juveniles (one-time previous dippers) and seasoned Adult bears (those who took the plunge in previous years). Following the anthem, the Polar Bears will enter the "icy" gulf waters backwards, facing the crowd of supporters, onlookers and "mice" (those who wished they had the courage to join in)

Following various bear-frolicking activities in the water and the traditional Polar Bear group huddle/hug – a body-warming activity – all participants will receive a free membership card and a certificate suitable for framing. There will also be an opportunity to sip from the giant Polar Bear Champagne glass, have your picture



All are invited to attend the 18th annual Polar Bear Plunge on Sanibel this New Year's Day

taken in the infamous shell pith helmet and engage in storytelling about your heroic experience with fellow Polar Bears from around the world. Media coverage is again expected to document this annual event.

Everyone is welcome and encour-

aged to attend. Wear your bathing suit and bring a towel. Chairs and coolers are optional. "Papa Bear" John Carney invites you to join your friends, family, neighbors, visitors, politicians and other island characters for one "helluva" memorable activity. It is the only event going on photo by Jeff Lysiak

at the crack of noon on New Year's Day, and it's free and fun.

Sign-in and song sheets will handed out beginning at 11 a.m.

For more information about this "chilling" event, contact "Papa Bear" John Carney at 395-1767.

Shell Museum Preparing For Two Big Events

by Jeff Lysiak

s islanders and visitors alike are currently engaged in all the festive trappings of the holiday season, the staff at the Bailey-Matthews National Shell Museum are preparing for a very busy month ahead, with two of the museum's biggest events of the new year looming on the horizon.

On Saturday, February 3, the annual Under The Sea gala fundraiser – generously sponsored again this year by The Sanibel Captiva Trust Company – will be held for the first time at The Community House beginning at 5:30 p.m.

"We moved it there obviously because it's gorgeous," said Dorrie Hipschman, executive director of the museum. "We also wanted to move it to a larger space, because we maxed-out our capacity at the museum."

Organizers of the event are excited to offer for the first time Cocktails For A Cause, which replaces the event's silent auction. Attendees at the gala will talk



Outreach Coordinator Leigh Gay and Marine Biologist Rebecca Mensch welcoming guests to last year's Under The Sea gala photo by Jeff Lysiak

with museum staff and docents about some of the programs and activities offered at the facility, allowing the guests which program(s) they would like to

continued on page 3

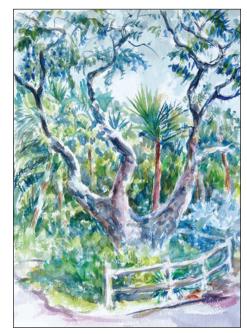
Opening Reception At BIG ARTS Galleries

The 42nd annual Sanibel Captiva Art Leauge's Juried All Members Show will open at BIG ARTS Phillips Gallery on Thursday, January 4, along with On Location: A Plein Air Show in the Founders Gallery.

The community is invited to attend receptions for both exhibitions from 5:30 to 7 p.m. on Friday, January 5 and meet the local artists. Complimentary wine and hors d'oeuvres will be served in the Phillips Gallery with refreshments available in the Founders Gallery.

This year's SCAL theme, Show Off, features fresh works of art in a variety of mediums never before exhibited in public by SCAL members. "The theme can be interpreted in many ways, so we thought it would be interesting to see what the artists would do with it," said Anita Force-Marshall, SCAL vice president and exhibition chair. "It's worth a visit."

SCAL was organized in 1964 to further the community's interest in art, as well as be a place artists can exchange



Homestead Tree by Diane Olsson

image provided

tory of juried exhibitions at BIG ARTS. "We are excited to have these local artists' work on display in the Phillips

ideas and grow their skills. It has a his-

continued on page 25



Historical Village Twilight Talk Will Honor Bailey



Francis Bailey with the family cat photos provided

he Sanibel Historical Village will host its next Twilight Talk at 7 p.m. on Wednesday, January 10 at The Community House, located at 2173 Periwinkle Way. Francis Bailey's family and close friends will be there to talk about him and tell stories.

Participating in this event will be Bailey's daughters Mary Mead Bailey Johnson, Anne Bailey Hagerty and Jane Bailey Ward. Long-time family friend Merrell Rushworth will join the group. Richard Johnson will also be there, as will Bailey's brother-in-law Keith Trowbridge. Emilie Alfino, who helped Bailey write his memoir, My 92 Years On Sanibel, will be there to take part as well.

Tickets must be picked up and paid for in advance. Reservations are required. Call



Image of Francis Bailey with the family dog, circa early 1930s

472-4648 or email info@sanibelmuseum. org. The cost is \$10 per ticket. The village accepts cash, checks, MasterCard and

Two Twilight Talks remain after this one: Sanibel Restaurants of Yesteryear on March 20 and 55 Years After the Causeway on April 11. Both will take place at 7 p.m. at The Community House. For tickets, call 472-4648 or email info@

sanibelmuseum.org.

The Historical Village Twilight Talks are sponsored by Wayne and Linda Boyd.

The Historical Village is open from 10 a.m. to 4 p.m. Tuesdays through Saturdays. The village is located at 950 Dunlop Road, next to BIG ARTS Admission is \$10 for adults 18 and older; those under 18 and members are admitted free. Docent-guided tours are available at 10:30 a.m. and 1:30 p.m. at no extra charge, based upon docent availability. There is handicap access at the village.

For more information, visit www.

beautifulife by KAY CASPERSON



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From page 1

Shell Museum

support financially.

We're trying to be more engaging about our mission," added Hipschman. "We hope Cocktails For A Cause will provide a more personal connection with our supporters and the work we're doing

here at the museum.

Tickets for Under The Sea, which include a cocktail hour with mingling, a buffet dinner catered by Sanibel Catering Company by Bailey's, plus an always entraining live auction, are \$150 each. To purchase tickets, contact Melanie Moraga at 395-2233 or mmoraga@shellmuseum.

Less than one week earlier, the museum will host the 9th annual gathering of the Florida United Malacologists (FUM), which brings together researchers, citizen scientists and students interested in a broad swath of mollusk-related topics.

The one-day conference will take place

on Saturday, January 27.

FUM follows the pattern of similar informal gatherings such as BAM (Bay

Area Malacologists), SCUM (Southern California United Malacologists), MAM (Mid-Atlantic Malacologists) and OVUM (Ohio Valley United Malacologists). The event circulates among different Florida organizations but usually takes place at the shell museum every other year.

"It started in 2010 here at the museum, so it's kind of a tradition to have it here every other year," said Dr. Jose H. Leal, science director and curator of the Bailey-Matthews National Shell Museum. "I think people like coming here to Sanibel, visiting the island when it's busy and going shelling.

Program presentations are limited 15 minutes, plus five minutes for questions. Presenters are required to submit a brief abstract limited to 150 words or less.

The idea for the conference is to be as open and welcoming as possible for all of the presenters," added Leal. "And the program is pretty broad in scope."

The all-day gathering – which will

run from 9 a.m. until approximately 4 p.m. - will be free to attend for presenters and pre-registered participants. For more information, visit www.shellmuseum.org. SHOP + CONNECT WITH US ONLINE KAYCASPERSON.COM TO TO TO THE TOTAL PROPERTY OF THE TOTAL PROPERTY

WEDDING ANNOUNCEMENT



Stephen Plein and Stefanie Wolf photo provided

tefanie Wolf and Stephen Plein tied the knot on December 8, 2017 in an intimate beach ceremony at Bali Hi Estate on Captiva Island. The couple met on the islands in 2015. Stephen is a graduate of the University of Miami while Stefanie graduated from the University of Minnesota. They own and operate New Wave Eco Charters on Captiva Island. The couple resides on Captiva with their rescue pup, Dawson.☆

New Series At Community Church

eginning Sunday, January 7, Dr. Daryl Donovan, senior pastor of Sanibel Community Church, will launch into a life-changing preaching series through the four gospels in the New Testament of the Bible. The series is entitled Awakening With the Word and will continue through the year. Participants in the series are encouraged to pick up the Awakening Bible, which breaks out the scriptures of the four gospels into daily readings, with a place to take notes or write questions. Weekly attendees will have the title and text of the morning message, along with some reflections questions, for each week. The Awakening Bible is also available as an app for your phone or IPad. Printed copies are available at the Carpenter's Bookstore on the church campus for a suggested donation of \$15. Morning sermons are available on the church website at www.sanibelchurch.com through Vimeo.

As the Apostle Paul wrote to his mentee, Timothy, "All Scripture is inspired by God, and is profitable for teaching, for reproof, for correction, and for training in righteousness that the person of God may be competent, equipped for every good work." The Psalmist wrote, "Thy word is a lamp

unto my feet and a light unto my path." This series will be an opportunity to be equipped and enlightened for the path

Sanibel Community Church is

an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way. For more information, call 472-2684 or visit www.sanibelchurch.com.☆

Captiva Island Historical Society

Landmark: The Bubble Room





The Bubble Room interior and exterior in the early days

photos courtesy Captiva Island Historical Society Archives

his week's image is The Bubble Room restaurant, established in 1979 by Katie Gardenia. It was formerly The Owl and the Pussycat Gift Shop. The Bubble Room is still a restaurant in Captiva with its nostalgic artifacts everywhere. The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, Santiva, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for information.

Visit the Captiva Island Historical Society website www.captivaislandhistoricalsociety. org/archives/research to view many more images to bring you closer to Captiva.



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Children delivered holiday baskets photos provided

FISH Holiday Helpers Spread Good Cheer

n December 17, FISH of SanCap brought some cheer to senior citizens in the community with caroling, handmade cards and holiday cookies. FISH partnered with local families – including the Muddells, the Szymanczyks, the Fautzs as well as Community Housing and Resources (CHR)



FISH of SanCap staff, local seniors and CHR residents at the December 17 event

to create this special holiday experience.
 This event was part of FISH of SanCap's holiday program which provides more than 100 Christmas food baskets to many of the FISH families.
 In addition, this year several FISH

donors volunteered to participate in the

Adopt-a-Family program. This program matched FISH clients with children in their households with donor families. Donors provided the families with age-specific holiday gifts to delight the children in the community who may not otherwise receive presents.

FISH also assisted in providing more than 50 local seniors with homemade cards, cookies and gifts.

FISH of SanCap would like to thank all those involved in helping make the holidays a little sweeter for the community this year.





Whitney Wolanin

photos provided

Viral Video Backed By Islander's Song

by Jeff Lysiak

For the second year in a row, a farmer from Norway has created an inspirational holiday message in the snow using only a John Deere tractor, a friend with excellent driving skills and his imagination as an artist.

But this year, seeking even more international appeal, Vemund Hagen – whose farm is located in Vinstra, Norway – decided to use a Christmas song



Tractor driver Ivar Brandvol and artist/drone operator Vemund Hagen

recorded by an American singer as the background music for his video. Hagen selected the 2013 version of Run, Run Rudolph, performed by Whitney Wolanin of Sanibel.

"We were contacted a few months back by a man who wanted to use my song in his video," Wolanin said last week. "At first, I was confused... my song... and a tractor? How's that gonna work? But we checked it out and it looked really cool. It fit with his video very well."

In the video, Ivar Brandvol drives a tractor methodically across a large, open field of snow. Hagen recorded the video using a drone camera, which also offers spectacular panoramic views of the Norwegian forest and mountains



A John Deere tractor was used to write the message in the snow

surrounding his farm. At the end of the one minute, 55 second video, tire marks leave the words "Merry Christmas" written in the snow.

One week after posting the video on the Internet, Hagen's holiday message has gone viral. It has been viewed more than 42,500 times on YouTube, watched over 122,000 times on Facebook and has exceeded 679,000 views on Norway's VG channel. Across all formats, the video has been viewed more than 1,044,000 times.

Wolanin, who recorded her version of Run, Run Rudolph four years ago

where it reached #2 on the Billboard holiday charts, is pleased to know her song has gained an even wider audience and inspired a fellow artist to create something for people around the world to enjoy.

"It's always nice to hear that somebody likes your song," said Wolanin, who is planning to release a visual music album in 2018. "But when they tell you that it inspired them to accent their own artistic vision, I think it is one of the best compliments you can get."

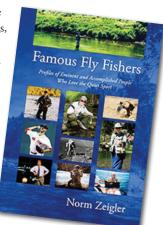
To watch the video, visit https://m. youtube.com/watch?v=SKfLxbw8C5U. 🌣



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The completed message in the snow



The Community House



Three Birds by Sissi Janku

Duplicate Bridge

image provided

Sanctioned duplicate bridge will be offered on Tuesdays and Thursdays in January from 12:30 to 4 p.m. Led by bridge aficionado Susan Willoughby. Refreshments provided. Cost is \$10 paid to the organizer.

Holiday Mini-Golf

Holiday Mini-Golf will take place through Friday, December 29 from 10 a.m. to 7 p.m. The indoor course is newly designed. No equipment is necessary. Admission for open play is \$3 per person.

Fish Fry

The Community House will host a Fish Fry on Friday, December 29 from 5 to 7 p.m. Resident Chef Jarred Harris will prepare his own Point Ybel Beer-Battered Cod, Tropical Jicama Salad and Yucca Fries. Mac and cheese will be available for children. There will be a cash bar with Point Ybel Brewing Company beer. Cost is \$15 per person. A maximum of 300 tickets will be sold; available at The Community House and Bailey's General

Colorful Sips

Sissi Janku's Colorful Sips painting class will be held on Wednesday, January 3 from 7 to 9 p.m. No experience is necessary. Students will explore new ways to paint with acrylics. Bring your favorite snack or beverage. Registration can be completed online. Cost is \$55 for members and \$60 for guests.

Foodies and Yogis

Foodies and Yogis with Dr. Susan Pataky and Chef Jarred Harris will be held on Sunday, January 7 from 4 to 6 p.m. This new series starts with a one-hour themed beginner-friendly yoga session led by Dr. Pataky. Following the session, Chef Jarred will prepare and serve a delicious and nutritious meal. Each segment features a different healing herb or spice along with information on the applications in the kitchen as well as medicinal uses for the body and mind. Cost is \$49 per person. To register, call 472-2155 or sign up online at https://sanibelcommunityhouse.net.

Art By You

Jenny Licht's Art by You painting class will be held on Wednesday, January 10 from 6 to 9 p.m. Full instruction and materials provided. Registration can be completed online. Cost is \$40 for members and \$50 for guests.

Young Chefs Cooking Series

The next class in the monthly Young Chefs Cooking Series with Chef Jarred Harris will be held Monday, January 1 from 2:30 to 5:30 p.m. Students will learn to make tapas and other dishes from Spain. Classes are designed for students 8 years old and up. Cost is \$35 per child and includes the meal made in class. Registration form required. To register, contact info@sanibelcommunityhouse.net or call 472-2155.

Post-Holiday Recovery Cooking Series

Chef Jarred will share techniques and recipes to help reset your healthy lifestyle. A hands-on class will be held on Thursday, January 11 from 10 a.m. to 1 p.m. featuring Smoked Fish Pâté with Pumpernickel Crisp Salad of Endive, Apple and Fennel with Pumpkin Seed Vinaigrette, Salt Crust Snapper with Chicory Crab and Watercress, and White Wine Poached Pear and Spiced Frozen Yogurt.

Hands-on classes are \$75 for members and \$95 for non-members. Register online at sanibelcommunityhouse.net or call 472-2155. Prepaid reservations must be made 72 hours in advance.

The Community House is located at 2173 Periwinkle Way. For more information, visit www. sanibelcommunityhouse.net or call 472-2155.❖

American Legion Post 123

merican Legion
Post 123 wishes
everyone a
Happy New Year. Stop
by New Year's Eve,
Sunday, December
31, for pork and
sauerkraut, served
from 1 to 8 p.m. The
following Sunday, January 7, meatloaf is
on the menu from 1 to 8 p.m.

Stop by for live entertainment during request and sing-a-long night with Dan Smyth every Wednesday from 5 to 8 p.m.

On Tuesdays, tacos are served all day. Country fried steak is served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.





Captiva Island Farmers Market proprietors Jean Baer and Betsy Ventura

photos by Jeff Lysiak

Farmers Market Debuts On Captiva

by Jeff Lysiak

ast Tuesday morning, the parking lot next to the tennis courts at South Seas Island Resort was buzzing with customers attending the brand new Captiva Island Farmers Market, a seasonal amenity that offers shoppers fresh-picked produce, regional and international delicacies as well as art and craft vendors.

Local Roots, LLC owners Jean Baer and Betsy Ventura, who established the Sanibel Island Farmers Market back in 2008, were delighted to see hundreds of hungry and curious customers attending the December 19 debut.

"We were hoping to create something great for the Captiva community," said Ventura. "We heard from a lot of people that they could get to (the) Sanibel (Farmers Market) after church services on Sundays. So from what I've seen today, this is a terrific response."

The Sanibel Island Farmers Market is held every Sunday through May 27 between 8 a.m. and 1 p.m. on the grounds of Sanibel City Hall, located at 800 Dunlop Road.

According to Baer and Ventura, approximately 22 vendors have committed to attending Captiva's weekly market,

held every Tuesday between 9 a.m. and 1 p.m. through April 3. Free and open to the public, vendors underneath tents and trucks will be offering locally-grown produce and flowers, freshly made baked goods, homemade soups, pickles, pastas, guacamole, jams and jellies, coffee and tea, locally-harvested honey, sustainable seafood, meats, cheeses and many other edible products.

On opening day, vendors included Farmer Mike's U-Pick of Bonita Springs, Pilar's Empanadas Argentinas and More, Greenhouse Smoothies, Maverick Meats, Bettina's Loose Leaf Teas, Stamper Cheeses (featuring Wisconsin Cheese Curds) and Heritage Point Honey.

In addition to the wide variety of tasty treats, the Captiva Island Farmers Market has a number of arts and crafting vendors selling their wares, which include handmade soaps, hand-woven purses and tote bags, hats, bracelets and other fashionable items.

Onsite parking is available, located near the entrance to South Seas Island Resort, as well as across the street at Chadwick's Square. Walking or bicycling to the market is encouraged, and well-behaved dogs are invited, too.

Both Ventura and Baer encourage people who plan on attending the farmer's market to bring their own bags (to lessen the burden on vendors and keep their costs down) and to carry small bills with them, although some vendors do accept credit cards.



Shoppers strolling through the Captiva Island Farmers Market, held every Tuesday at South Seas Island Resort



Sanibel resident Linda Uhler shopping for tomatoes

In addition to the Captiva Island Farmers Market, Local Roots operates several other markets throughout Lee County, including the Fort Myers Beach Farm & Art Market, running through April 24 on Tuesdays, 8 a.m. to noon, located in the parking lot next to Nervous Nellie's, 645 Old San Carlos Boulevard on Fort Myers Beach; Lakes Park Farmers Market, running through April 25 on Wednesdays, 9 a.m. to 1 p.m., at Lakes Regional Park, 7300 Gladiolus Drive in Fort Myers; River District Farmers Market, running vear-round on Thursdays, 9 a.m. to 1 p.m., located at 2000 West First Street in the Centennial Park parking lot under the Caloosahatchee Bridge; Fenway South

Farm & Flea Market, running January 4 to March 26 on Mondays, 9 a.m. to 1 p.m., at Jet Blue Stadium, 11500 Fenway South Drive in Fort Myers; Coconut Point Farmers Market, running through April 26 on Thursdays, 9 a.m. to 1 p.m., at Coconut Point Mall, 23106 Fashion Drive in Estero; Bonita Springs Farmers Market, running through April 28 on Saturdays, 8 a.m. to noon, at The Promenade, 26795 South Bay Drive in Bonita Springs; Boca Grande Farm & Fish Market, running January 22 through season on Fridays, 9 a.m. to 1 p.m., located at the ball field at 305 Wheeler Road in Boca Grande.

For more information on Local Roots

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Publisher Lorin Arundel

Advertising Bob Petcher

Graphic Arts & Production

Ann Ziehl, Manager Amanda Hartman Justin Wilder

> Reporter Jeff Lysiak

Contributing Writers

Barbara Cacchione Kay Casperson Constance Clancy, EdD Suzv Cohen Linda Coin Marcia Feeney Ed Frank Jim George Shelley Greggs Jarred Harris Marion Hauser, MS, RD Ross Hauser, MD Bryan Hayes

Kimberley Berisford

Craig R. Hersch Tanya Hochschild Shirley Jewell Audrey Krienen Dr. Jose H. Leal, PhD Anne Mitchell Capt. Matt Mitchell Gerri Reaves PhD Angela Larson Roehl J. Brendan Ryan, CLU, ChFC, MSFS Di Saggau Karen L. Semmelman

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Churches/Temples

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Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. 8210 Cypress Lake Drive, Fort Myers, annunciation. fl.goarch.org, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Stephen Fuchs. President Alan Lessack 579-0296.

HISTORIC CAPTIVA CHAPEL BY THE SEA The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 12, 2017 thru April 29, 2018 11580 Chapin Lane, Captiva 472-1646 FIRST CHURCH OF CHRIST, SCIENTIST

Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684

SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson 284-6709.

SANIBEL COMMUNITY CHURCH

Dr. Daryl Donovan, Senior Pastor Sunday Worship 8 and 11 a.m. Traditional in historic Chapel, 9 a.m. Contemporary and childrens church. Childcare available at all services. 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Workshop Service with Sunday School and nursery care at 9 a.m. 2050 Periwinkle Way 472-0497 www.sanibelucc. org.

ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Communion Service Monday and Tuesday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

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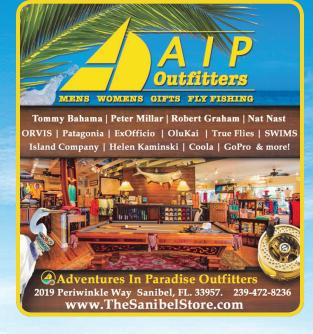
The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service - third wednesday 6 p.m. 2304 Periwinkle Way, saintmichaels-sanibel.org, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the first Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. 2050 Periwinkle Way, ryi39@aol.com, 433-4901.☆

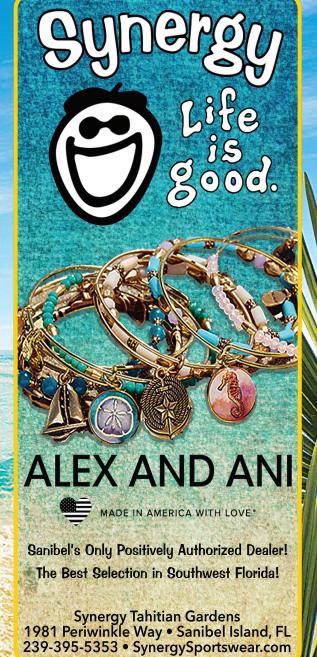














Audubon Presents Photographer's Tanzania Journey

or the fourth season in a row, Sanibel-Captiva Audubon's 2018 lecture season kicks off with Shawn Carey, wildlife photographer, educator, guide and co-founder of the video company Migration Productions, presenting a program entitled Tanzania: A Photographer's Journey. Join Carey on Thursday, January 4 at 7:30 p.m. at The Community House as he shares this special presentation showcasing nature at its most wild in a region abundant with wildlife.

Accompany Carey on an adventure into the heart of Tanzania, home to the world famous Ngorongoro Crater and Serengeti National Park. Take a safari vehicle into these spectacular national parks and see the "Big Five" – African elephant, black rhino, Cape buffalo, lion and leopard – in all their glory. Along the way, search for and photograph cheetahs, giraffes, black-backed jackals and hippos. You'll also encounter a panoply of Tanzania's wonderful and amazing birds, including the greater flamingo, lilac-breasted roller, little bee-eater, giant kingfisher and grey-crowned crane, the country's national bird. If you've ever dreamed of visiting East Africa and its incredible wildlife, this is a journey you'll never forget, and it may



just have you planning your own African adventure.

Originally from Erie, Pennsylvania, Carey moved to Cambridge, Massachusetts in 1986 and started watching birds in 1988. He has been photographing birds and other wildlife for about 20 years and has been teaching wildlife photography for Mass Audubon for over 12 years. Carey is on the board of directors for Eastern Massachusetts Hawk Watch, where he serves as vice president. He has been on the advisory board for the Massachusetts Audubon Society and Massachusetts Audubon Visual Arts Center. Carey co-founded Migration Productions in 1996, and also provides most of digital photography used in their productions.

photo by Shawn P. Carey

"I love the natural world. If it walks, crawls, flies, swims or slithers, I'll photo-

graph it," said Carey.

This is the first of eight Sanibel-Captiva Audubon lectures to be held this season on Thursday evenings at 7:30 p.m. at The Community House, located at 2173 Periwinkle Way. As always, all are welcome to attend. Doors open at 6:30 p.m. and parking is available at The Community House as well as across the street in the Herb Strauss Theater parking area. A \$5 donation per attendee is appreciated, with proceeds after costs being used to promote conservation on Sanibel and in Florida.

For more information, call Bill Jacobson at 395-1878 or visit the San-Cap Audubon website at www.san-capaudubon.



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The Story Of Ospreys At CROW

he Clinic for the Rehabilitation of Wildlife (CROW) will kick off its 2018 Speaker Series with The Story of Ospreys with Claudia Burns on Tuesday, January 2 at 4:15 p.m. in the Visitor Education Center, located at 3883 Sanibel-Captiva Road.

Prior to the presentation, visitors are encouraged to explore the Visitor Education Center. Reservations are recommended, with admission of \$10 for adults, \$5 for teens, free for children under 13. Call 472-3644 ext. 229 or email dwaszmer@crowclinic.org.\$



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Coastal Keepers Offering Free Reusable Bags

n Saturday, December 30 at Bailey's General Store, Coastal Keepers will be holding an event to reduce the use of disposable plastic bags on the islands and educate locals and visitors about the harm plastic bags cause to the environment.

More than 100 billion disposable plastic bags are used annually in the United States, so it is not a surprise that they are one of the most common trash items collected on beaches worldwide. Plastic bags have a short usage time and are rarely recyclable, taking 1,000 years or more to decompose. They pose a threat to wildlife as countless animals become entangled or mistake them for food each year.

The solution to this problem is simple; bringing your own reusable bags when you shop eliminates the need for disposable plastic bags.

On December 30 starting at 11 a.m., Coastal Keepers and Bailey's General Store will be partnering up to hand out reusable canvas bags for free while supplies last.

Coastal Keepers, formerly the Sanibel-Captiva Chapter of START, operates as an independent branch of Sanibel Sea School to create and implement conservation initiatives that promote and improve the future of marine resources, and our coastal heritage. To learn more, contact coastalkeepers@sanibelseaschool.org.

Bailey's General Store is located at the corner of Periwinkle Way and Tarpon Bay Road.☆

Calusa Blueway Speaker Series

ournalist and author Warren Richey will present Without a Paddle: Racing Twelve Hundred Miles Around Florida by Sea Kayak as the second talk in a series of free Calusa Bluewayrelated programs at the Wa-Ke Hatchee Recreation Center on Tuesday, January 9

Richey divides his time between Florida and Washington, D.C. In 2006, he entered the first Ultimate Florida Challenge, a 1,200-mile small boat race around Florida. Ten boats with only paddles and/or sails entered and seven finished. His account of that adventure became a published memoir, Without a

"I read Warren's book a few years ago and really enjoyed it," said Mike Hammond, Lee County Parks & Recreation's Calusa Blueway coordinator. "People will love hearing about Warren's epic adventures, the legendary WaterTribe races and what the mind goes through when you paddle 1,200 miles almost non-stop.

The remaining Calusa Blueway Speaker Series talks at the center include: Parke Lewis - Paddling with

the Calusa on February 6; and Tommy Thompson – Paddling Cuba on March 6.

The Wa-Ke Hatchee Recreation Center is located at 16760 Bass Road in Fort Myers. For more information, call 432-2154 or visit www.fortmyerssanibel.com.☆

Grouper Closures Begin January 1

ag grouper will close to recreational harvest in gulf state and federal waters on January 1. The same day, several species of grouper will also close to recreational and commercial harvest in Florida state waters of the Atlantic and all state waters off Monroe County. This seasonal closure includes gag, black, red, yellowmouth and yellowfin grouper, scamp, red hind, rock hind, coney and graysby.

State waters in the Atlantic are from shore out to three nautical miles. State waters off Monroe County extend to three nautical miles in the Atlantic and out to nine nautical miles in the gulf. Federal waters begin where state waters end and extend to 200 nautical miles.

For gag grouper, state waters off Franklin, Wakulla, Taylor and Jefferson counties will reopen to harvest April 1 through June 30 and September 1 through December 31. All other gulf state waters (except waters off Monroe

County, which follows the Atlantic state season) and all gulf federal waters will reopen June 1 through December 31.

Several species of grouper, including gag, will remain closed in Atlantic state waters and off Monroe County through April 30, reopening May 1. The harvest closure was established to ensure the long-term sustainability of Atlantic grouper species by protecting them during their spawning season. A similar closure will also occur in federal waters of the Atlantic.

Grouper information, including Atlantic and Gulf of Mexico grouper regulations, is available at www.myfwc. com/fishing. Select "Saltwater Fishing" then "Recreational Regulations" and "Groupers."举

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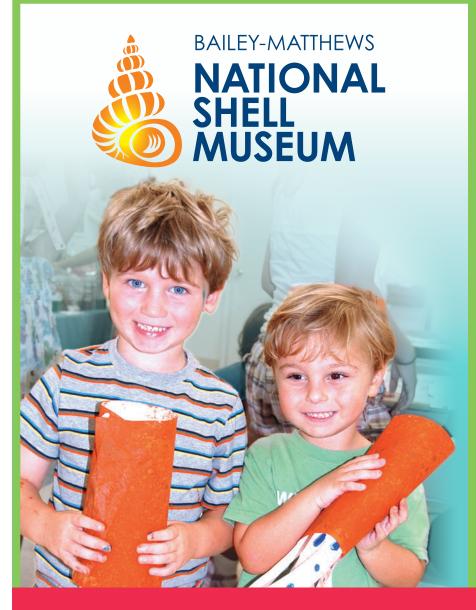
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Classes, Workshops **And Field Trip**

his season, the SCCF Native Landscapes & Garden Center is holding a series of workshops and events highlighting the beauty, diversity and versatility of native plants. In its inaugural year, these experiences are aimed at introducing novice and experienced plant lovers to unique ways of utilizing native plants and providing for local wildlife. The workshops (except the theater field trip) are all hands-on, so get ready to be creative and dig in. All workshops take place at the SCCF Native Landscapes & Garden Center at the Bailey Homestead, located at 1300 Periwinkle Way. The theater outing takes place at the Florida Studio Theatre in Sarasota, though carpooling is being coordinated through SCCF. More information about individual dates and how to register follows.

Solitary Bee Box



photo provided

ake your own bee box on Tuesday, January 23 at 10:30 a.m. Many of Florida's solitary bees lay their eggs in hollow branches. Attract these wonderful pollinators to your own yard by making your own bee box. All materials will be provided, and participants will go home with a box and information about attracting these fascinating pollinators to their yard. Bring your own hammer, if possible. To RSVP, call 472-1932. Registration is \$25 per

Native Plant Floral Design

n Tuesday, February 6 at 10:30 a.m., create a native plant arrangement for your favorite Valentine. Tips and tricks for utilizing native plants in cut arrangements will be discussed in this hands-on workshop. All plant materials will be provided. Bring your own container or vase appropriate for a variety of cut flowers and foliage. To RSVP, call 472-1932. Registration is \$10 per person.

Honey Demonstration

id you know that Florida beekeepers produce over a dozen different types of honey? Learn how local beekeepers extract honey from their hives and taste a variety of different types of Florida honey. A demonstration will be given on Tuesday, March 6 at 10:30 a.m., with sampling to follow. To RSVP, call 472-1932. Registration is \$10 per person.

Field Trip To Florida Studio Theatre In Sarasota



ake in an afternoon at the theater on Sunday, February 18 at 2 p.m. The Florida Studio Theatre in Sarasota is staging a production of *Native Gardens* which, on the surface, highlights the differing gardening styles of two neighboring families. As described by the Chicago Tribune, the Karen Zacarias play Native Gardens "... is one of the very few contemporary comedies about racism, sexism, ageism and cultural privilege. It's a warm-centered and potentially empathetic piece, set in a pair of Washington-area backyards, that holds on to the fastreceding ideal that we should all be able to live next door to each other, whatever our background, age and politics, even as the play rightly observes that such harmony cannot exist without some willingness for self-examination, especially on the side of the fence where historical privilege has

The metaphor of import is a garden, tended by Frank Butley, a former federal employee whose style of choice is the formal English garden: ivy, geraniums and the like, all carefully cultivated with the help of a little insecticide and the support of a loving fellow-Republican wife, aptly named Virginia.

When a new couple move in next door, a Chilean lawyer named Pablo Del Valle and his American wife, Tania, a doctoral student with a kid on the way, initial over-the-fence encounters are friendly, even though Frank and Tania (who prefers the native wildflowers that Frank deems weeds) quickly figure out that they have very different conceptions of what should be in a garden, the proximate representation of the natural world being yet another thing on which Americans often fail to agree.

"But things go awry when the Del Valle family finds out that Frank's precious blooms are on their land. The fence between the houses does not accurately reflect the boundary line. Things deteriorate from there.

Showtime is 2 p.m. and tickets are \$33. There is an option of reserving tables at 12:15 p.m. for lunch at the theater's Green Room and Bar. The cost of lunch is not included in the ticket price. The menu is available online at www. floridastudiotheatre.org/sites/default/ files/17-18_green_room_menu_0.pdf. Call 472-1932 for more information

and to reserve your spot. Advance payment required and reservations must be received by January 15.

Call SCCF at 472-2329 for more information on these programs. Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.

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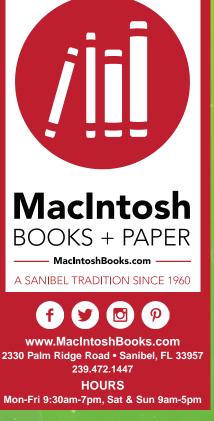
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American Black Nightshade

by Gerri Reaves

merican black nightshade (Solanum americanum) is one Lof only two nightshades native to Florida and is found throughout the state.

It is a member of the potato family, which includes many common foods, such as tomatoes, peppers, tomatillos and eggplant.

The beautiful iridescent purple-black fruit give the plant another common name, glossy American nightshade. It's also known as common black nightshade because it's so widespread in the U.S.

Open-branched with slender stems, it grows one to four feet tall.

The alternate leaves vary in shape, from lance-like to oval to triangular, and are bluntly or subtly lobed, if at all. The edges can be wavy or smooth.

Three to five drooping white flowers emerge in the leaf axils in an umbel cluster, meaning that the berry stems derive from a common center (think umbrella).

Each flower is about one-third of an inch across with five petals that arch away from prominent yellow anthers.

The unripe berries are green with white flecks and then ripen to a deep purple-black, each one containing 40 to 110 seeds. They measure about one-third of an inch in diameter.

The plant flowers and fruits throughout



American black nightshade's iridescent berries ripen from green with white specks to deep purple black

photos by Gerri Reaves

the year.

Fast-growing, albeit short-lived, it is easy to propagate with seeds or cuttings.

It's also adaptable to various habitats in the wild and in cultivation and is wildlife friendly. Rufino Osorio notes that 31 bird species and a dozen mammals are known to consume the fleshy fruit.

Also, the structure of the flowers, with the prominent central column of yellow anthers, make it particularly accessible to



The star-like flowers have curved-back petals and protruding stamens

a variety of pollinators.

This adaptable species takes root almost anywhere. The fibrous root system and slender tap root can help to stabilize soil and prevent erosion.

For all its beauty, however, nightshade is usually considered a weed and/or toxic plant to avoid or eradicate.

The terms "deadly nightshade" and belladonna are alarming, but those terms refer to non-native climbing nightshade (Solanum dulcamara), which is well known for its toxicity. (That species has red berries and bluish flowers, so it's easy to distinguish from Amercian black nightshade.)

For the safety of pets and children, consider removing all nightshade species from your yard. On the other hand, it's useful to know that nightshades are not equally toxic. In fact, scientists differ widely on just how toxic American black nightshade is. It has been cultivated as food in some parts of the world and is

loaded with nutrients.

One generally agreed-upon fact is that the unripe berries are toxic, the ripe ones edible.

Err on the side of caution and, if in any doubt, just don't sample the fruit.

External medicinal uses for this herb's leaves include easing pain, reducing inflammation and treating burns and ulcers. Leaf juice is used to treat ringworm, gou, and earaches.

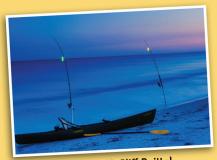
Sources: American Black Nightshade by Rufino Osorio, Florida Wildflowers and Roadside Plants by C. Ritchie Bell and Bryan J. Taylor, The Guide to Florida Wildflowers by Walter Kingsley Taylor and National Audubon Society Field Guide to Florida by Peter Alden et al., Wild Plants for Survival in South Florida by Julia F. Morton, www. eattheweeds.com, www.edis.ifas.ufl.edu, and www.wildsouthflorida.com.

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Christmas Warm Up



by Capt. Matt Mitchell

fter a few cold days. temperatures slowly rebounded and fishing kicked into high gear. Snook and trout were my target species this week and provided my clients with

some great December action. Shiners reappeared on the causeway bridges, and it was basically business as usual chumming live baits and catching lots of fish. To have a week of 80 degree-plus temperatures is a real reminder why we enjoy December in southwest Florida.

Large mangrove creek mouths and the deeper shorelines just inside that had a strong moving current and provided an often nonstop snook bite this week. Add a few scoops of live shiners to chum and not only snook but trout, grouper, jacks and mangrove snapper all quickly came to life. During the big morning low tides, these deeper shorelines were almost the only

place to fish as many of my regular fishing spots were just not accessible.

Warming water temperatures was bad news for sheepshead anglers with most of these fish just disappearing, even from areas around the passes. We are still early for the sheepshead bite to kick into full swing with February and March being prime-time spawning months for the bigger fish. Small mangrove snapper moved into many of the places we target sheepshead and made it just about impossible to catch any other species as they are in such huge numbers.

Trout fishing in some of the more sheltered bays including McIntyre Creek and the Wulfert Keys area had some of the most nonstop trout action I have experienced so far this winter. Live shrimp on a popping cork rig caught as many trout as anglers could take. This crazy bite came in the sandy edges of the shallow bars during the low incoming tide. Once we found the depth these trout where hanging out in, we were able to catch them on almost every cast. Most of these fish are under the 15-inch minimum though a few were as large as 18 inches where caught. There is not a better way to keep a boat full of kids entertained than this action. Within an hour, we had a nice cooler full of trout.

With outstanding weather for Christmas week in the forecast, it's going to be a very



Kathy from Upstate Michigan escaped the snow and caught and released some snook with Capt. Matt Mitchell this week photo provided

busy week out on the water. I can't think of a better thing to do with out-of-town visitors than take them out on the water or to the beach and enjoy our Florida

Capt. Matt Mitchell has been fishing

local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.

Send Us Your Fish Tales

'e would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-1213.

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SCCF. 239/472-2329. www.sccf.org SCCF Nature Center — 3333 Sanibel-Captiva Road Bailey Homestead Preserve — 1300 Periwinkle Way



Eagle and Owl Tales

SCCF erected a nesting platform 70 feet tall in place of a dead nesting tree for a pair of eagles and they continue to nest there. Owls of the islands include the newly returned barn owls as well as screech and great horned owls. Learn about how rat poisons can harm our owls and eagles. Thursday, January 11 at 10 a.m. Nature Center. \$5 for non-members.

Walking Tours at the Bailey Homestead Preserve

Making the Land Work — One-hour walking tour of the Bailey Homestead Preserve blending SCCF's work on the historic property, the history of the land itself and some stories about the Bailey family, which farmed the land for three generations. Wednesdays at 10 a.m. No reservations. Meet at the Welcome Kiosk at the head of the Shipley Trail, near the entrance. \$5 for non-members.

Garden Walk — Guided walk through the native plant, wildflower, kitchen and tea gardens. Learn about the uses of the plants by humans, butterflies, birds and pollinators. End your walk with a sip of tea from the gardens infused with sea grape

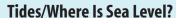


honey from the island. Tuesdays at 9 a.m. Meet on the deck at the Native Landscapes & Garden Center. \$5 for non-members.

Early morning at the Bailey Homestead Preserve.

Night Sky Viewing at the Nature Center

Lay back and gaze up at the night skies as you learn about Polaris and other common stars and constellations, then watch the full moon rise over the swale. Please bring your own chair. Bug spray and comfortable dress for the weather is recommended. Thursday, January 3 at 7 p.m. Nature Center. \$5 for non-members.



Have you ever wondered why the islands sometimes have just one tide a day? Learn how water behaves as the earth spins, the moon orbits and the winds blow. Monday, January 8 at 10 a.m. Nature Center. \$5 for non-members.



Turtle Tracks

HADDENINGS

Learn about the life cycles and habits of the sea turtles that nest on our beaches. Thursday, January 4 and 18 at 10 a.m. Nature Center. \$5 for non-members.

SCC	F	JANUARY 2018			Programs Opportunities	
SUNDAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 CLOSED FOR HOLIDAY	2 Garden Walk-9@BHP	3 Making Land Work tour at Bailey Homestead-10 Night Sky-7pm	4 Turtle Tracks-10	5	6
7	8 Tides & Sea Level-10	9 Garden Walk-9@BHP	10 Making Land Work tour at Bailey Homestead-10	11 Eagle & Owl Tales-10	12	13
14	15 City Almost Wasn't-10	16 Garden Walk-9@ BHP Panthers/Corridors-10 Nature Ctr Trail Walk-11	17 Bowman's Beach Walk-9 Making Land Work tour at Bailey Homestead-10 Gator & Croc Tales-10 Nature Ctr Trail Walk-11	18 Turtle Tracks-10 Nature Ctr Trail Walk-11	19 Shipley Trail Tour-10@ BHP	20

Mauve-Mouth Drill



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

any local species of marine gastropods lay their eggs in protective egg capsules, also

known as egg cases. This is just what a female Mauve-mouth Drill, Calotrophon ostrearum (Conrad, 1846) will do. (The species was first covered in this column

on April 22, 2016.) Their eggs are laid in "crescent-shaped" capsules about 3/16 inch tall, usually on top of the egg cases of larger gastropods. The illustration shows, in addition to views of a shell of (arrows) laid on a horse conch egg case. The top cluster shows embryos enveloped in red; the ones in the bottom cluster lack not related to murexine, a substance present in the egg capsules of other members of the family Muricidae. Learn more about local mollusks at www.shellmuseum.org/ shells/southwest-florida-shells.

Shell Museum Events

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the species, two small clusters of egg cases that color. The pigment may be or may be

Pre-Paddle Checklist: The Four Before

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devoted entirely to shells. Drop by and

Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit

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The Bailey-Matthews National Shell



by Walter Cheatham

hether you kayak or board, canoe or surf-ski, safety should always be first and foremost in your mind. Here are the top four things to consider before you paddle:

Know the weather. Always check the weather before you set out. Heat and cold can both be serious factors in the Sunshine State, and can catch paddlers unprepared. Pay close attention to winds and tides, as having to work against either can cause exhaustion to set in quickly. Remember, no matter the weather, always wear sunscreen and carry water.

Know your destination. Research your paddling destination thoroughly, staying mindful of tides, wind patterns and boat traffic. Create a float plan with emergency contact numbers for every person in your group, and include details like where you will paddle and when you expect to return. This is valuable information that will decrease the time it takes for help to arrive if necessary.

Know your equipment. Be sure that your chosen paddle craft is well suited to the goals of where and how you want to travel. Knowing your equipment also means that you check regularly for wear and tear and any signs of disrepair. Life jacket materials break down over time, so

make sure yours is in good condition.

Know your people. When paddling with a group, always tailor your trip to the member with the least experience.

Knowing the capabilities of each paddler will prevent serious emergencies when help is far away. If children are included, know that they can become tired even if

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they are not paddling. Make sure every person knows the float plan before you go.

Remember, a fun, safe paddling trip begins before you get on the water. Or, as my mother always says, "Prior planning prevents poor performance.'

Walter Cheatham is an experienced paddler and ACA-Certified Paddling Instructor. Ocean Tribe Paddlers helps the Southwest Florida paddling community better explore, enjoy and understand the ocean. Visit oceantribepaddlers.org or follow us on Facebook to learn more.

Museum Earns **Funding Award**

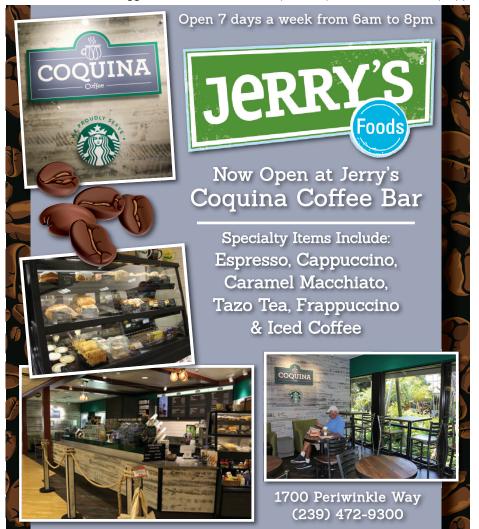
CEC will provide the Bailey-Matthews National Shell Museum with its Environmental Funding Award to support the museum's Adopt-A-Class (AAC) program. AAC provides low income, underserved Lee County fourth-graders with environmental education at no cost to them or their school. AAC serves Title One schools, with a population that is 76 percent minority and 95 percent free and reduced lunch. Some of these children have never been to a museum or to the beach, and almost none have ever had an outdoor experience that included learning about shells and mollusks. Without financial support, these schools would not be able to attend the museum.

The Bailey-Matthews National Shell Museum works diligently to ensure that they adhere to current curriculum standards for Lee County schools during this program. An AAC field trip features science, mathematics and art, and includes a Mollusks in Action DVD that the students watch prior to their visit which prepares them with basic knowledge so that they arrive ready to learn more complex concepts. The students' museum visit includes hands-on science activities, a live tank talk hosted by one of the museum's marine biologists, an exhibit hall tour which has more than 35 displays of mollusks and their habitats, and art enrichment where the students create their own art using a dosinia shell.

LCEC's Environmental Funding Award for Adopt-A-Class is just one of the many ways that LCEC positively impacts and supports wildlife and the environment. Anyone interested in sponsoring an Adopt-A-Class field trip can contact Leigh Gay at the Bailey-Matthews National Shell Museum at 395-2233.☆



The Mauve-mouth-drill, Calotrophon ostrearum, from Sanibel, and its egg cases (arrows) laid on a horse conch egg case





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CROW Case Of The Week:

Ring-billed Gull



by Bob Petcher

Then describing the difference between gulls, the ring-billed gull (*Larus* delawarensis) is the only species that has a dark ring on its bill. Simple as that. Compare it with the laughing gull, herring

gull and California gull.

The seabird is medium-sized, white colored on its head, body and tail and grayish on its wings. It also has yellow legs to match the color of its bill. Known as a social bird, this gull is said to be the most common of its species in the country. The scavenger can be found looking for food in parking lots, landfills, beaches or any place that may contain trash cans.

At CROW, an adult ring-billed gull was admitted after it was reportedly found standing in the road by Centennial Park in downtown Fort Myers. According to the finder, it appeared to be dazed and very weak. It could barely walk and did not attempt to fly away when approached.

During its intake examination, the patient was treated for suspected brevetoxicosis, more commonly known as red-tide poisoning. While a blood test from an outside laboratory could confirm such diagnosis, CROW medical staff elected to go with suspicions since many other like cases were currently being treated.

"We did not send out a sample for analusis in this case since its clinical signs were consistent with brevetoxicosis, the levels of brevetoxin in local waters are elevated, and we are treating several other patients in hospital right now for brevetoxicosis," said Dr. Robin Bast, CROW veterinary intern.

During tests, veterinarians found the gull to have a very poor body condition score and to be dehydrated. It also showed signs of generalized weakness including bilateral wing droop and "hock-walking" when it attempts to stand.

"Body condition score is a way to visually assess the patient's overall condition by taking into account how much muscle and fat they have," Dr. Bast explained.

"The scoring system we use here in birds particularly focuses on assessing how much pectoral muscle mass is present over the keel bone, and it ranges from 1 to 5 with 1 being emaciated and 5 being over-conditioned. An ideal body condition score is 3 out of 5.

'In this case, the bird was showing clinical signs related to generalized weakness. We tend to see shorebirds and gulls affected by brevetoxicosis come in with generalized weakness, sometimes being unable to hold their wings against their body in a normal position, or not having the strength to stand. However, these clinical signs may also be seen with other scenarios.

The gull was given subcutaneous fluids - fluids into the space under the skin from where it can be slowly absorbed into the blood and body - and started on a re-feeding plan.

'Due to its debilitated state, we fed the bird a specially formulated diet for recovery



Patient #17-4114 received a clean bill of health and a clinic release for Christmas

photo by Brian Bohlman

called LaFeber's Piscivore Care for the first couple of days and gradually increased the amount of calories it received," said Dr. Bast. "Then, it was offered smelt - small whole fish - in increasing amounts so it could gradually put on weight without any negative effects. Due to its thin body condition when it came in, we were concerned it could develop re-feeding syndrome. This syndrome occurs when there is a sudden shift in metabolism, which can result in life-threatening electrolyte abnormalities. This patient did well with its feeding plan and did not get re-feeding syndrome.

After a week of recovery, the gull was moved to an outside enclosure for further rehabilitation on December 21. It took

short flights at first and built enough endurance to take longer flights prior to release on Christmas Day.

"The gull was released along with two double crested cormorants also recovering from brevitoxicosis on Monday, December 25," said Dr. Bast.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www. crowclinic.org.☆





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CROW Calendar Of Events

he Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact David Waszmer, Visitor Education Center and gift shop manager at 472-3644 or dwaszmer@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Friday. Beginning January 1, hours will be 10 a.m. to 4 p.m. Monday through Saturday. CROW is located at 3883 Sanibel-Captiva Road.

Friday, December 29, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Monday, January 1 - Closed New Year's Day

Tuesday, January 2, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, January 2, 11 a.m.,

adults \$12, ages 4 to 12 \$7, age 3 and under no charge - Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Tuesday, January 2, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Landscaping for Wildlife (daily presentation).

CROW's hospital admits nearly 4,000 patients a year. Florida is home to more than 700 terrestrial animals and thousands of terrestrial insects and other invertebrates, and they all depend on ecosystem productivity as well as sustainable recreational practices to survive. Habitat destruction is one of the challenges these organisms face daily, so this program will discuss tips to create an inviting atmosphere for songbirds, butterflies and other wildlife that have been displaced by growth and development. One of CROW's animal ambassadors will be present.

Tuesday, January 2, 4:15 p.m., adults \$10, teens \$5, age 12 and under no charge, advance registration required - Speaker Series: The Story of Ospreys (seasonal program), presented by Claudia Burns, International Osprey Foundation volunteer.

Ospreys are large brown and white raptors who breed in Southwest Florida from December through April and can be seen diving for live fish in shallow waters throughout the area. Because they build their nests right out in the open, their

behavior is easy to observe, but not always easy to understand. This presentation uses photos, videos and recorded vocalizations to explain osprey behavior.

Wednesday, January 3, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, January 3, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

Áfter a patient stabilizes in the hospital. CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will

Wednesday, January 3, 2 to 3:30 p.m., \$25 per person, advance registration required - Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, January 3, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Thursday, January 4, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, January 4, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge - Patient Profiles: Virginia Opossums (daily presentation).

Virginia Opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be <u>pr</u>esent.

Thursday, January 4, 2 to **3:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, January 4, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.☆





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Seared Grouper with Snap Beans and Three Pepper Relish

- 4 six-ounce grouper fillets
- 1 pound snap beans, snapped at the end that was attached to the vine and blanched
- 3 bell peppers (red, yellow and green), diced small
- 2 cloves fresh garlic, minced
- 2 tablespoons fresh parsley, chopped
- 1 cup low-sodium soy sauce

Olive oil for cooking

Sea salt to taste

Fresh ground pepper to taste

Pre heat a small sauté pan over medium-high heat. Add 1 teaspoon of

oil to the pre heated pan. Add the diced peppers and garlic to the pan. Cook peppers and garlic to the part. Cook peppers and garlic until just crisp tender, 3 to 5 minutes. Season the pepper mixture to taste with salt and pepper and remove from the pan. Using the same pan, add the soy sauce and reduce by half. Once the soy sauce is reduced by half, remove it from the heat and set aside.

Pre heat a large sauté pan over medium-high heat. Add 1 tablespoon of oil to the preheated pan. Lightly season each grouper fillet with salt and pepper. Carefully add the fillets to the preheated pan. Cook fillets for 3 minutes on each side or until fish is just barely done all the way through. Remove fillets from pan and let them rest. Add the blanched snap beans to the pan used for the fillets. Cook snap beans until hot and lightly browned. Season the snap beans to taste with salt and pepper.

To plate up dish, add an even amount of snap beans to each plate. Place



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Seared Grouper with Snap Beans and Three Pepper Relish

photo courtesy Fresh From Florida

a grouper fillet over the snap beans. Garnish the top of each fillet with the pepper relish sauté. Drizzle each plate

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with the reduced soy sauce. Garnish each plate with the chopped parsley.☆

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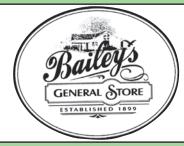
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Ocean Tribe Full Moon Paddle

anibel Sea School's Ocean Tribe Paddlers, a new club for paddle sports enthusiasts, will host a Full Moon Paddle on Tuesday, January 2. Participants will take an evening paddle in the waters around Bowman's Beach, guided by Sanibel Sea School's paddling instructor under the light of the moon.

"Paddling in the moonlight is an experience that every paddler needs to have," said Walter Cheatham, the organization's outdoor education coordinator who will lead the event. "The ocean is a different place at night, with different creatures moving around than you might see during the day, and the reflection of the moonlight on the water is so peaceful and beautiful." Cheatham decided to plan this event because he realized that many paddlers he talked to were interested in paddling in the dark, but were intimidated or nervous to make the trip alone. "Banding together as a guide-led group will make us all safer and more confident," he added.

To participate, meet at the

Bowman's Beach kayak launch at 5:30 p.m. This event is free and parking is available with a valid City of Sanibel Parking Pass, or for an hourly fee. Bring your own vessel – all kayaks, SUPs, and other paddle-powered vessels are welcome. A limited number of paddleboards are available to borrow, but you need to make a request via email in advance. Any weather-related changes will be announced via the Ocean Tribe Paddlers Facebook page.

Top Ten Books On The Island

- 1. Grant by Ron Chernow
- 2. Manhattan Beach by Jennifer Egan
- 3. Rooster Bar by John Grisham
- 4. The Alice Network by Kate Quinn
- 5. My Husband's Wife by Jane Corry
- 6. Last Days of Night by Graham Moore
 - 7. Promise Me, Dad by Joe Biden
- 8. Legacy of Spies by John LeCarre
- 9. Paris for One by JoJo Moyes
- 10. Origin by Dan Brown Courtesy of MacIntosh Books and Paper **

Shell Found



Joan Newberry

photo provided

Toan Newberry, visiting from Holt, Michigan, found a junonia at Blind Pass on the Sanibel side. After eight years of shelling on Sanibel, she finally got her prize.





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Grits, Cornmeal And Polenta





by Resident Chef Jarred Harris

Are grits, cornmeal and polenta the same thing? Well, not exactly. All three are made from ground dried corn, however, the difference is in the types of corn used and the way the corn is processed.

Grits are a Southern American breakfast staple. The dish originated from Native Americans making a corn mash out of dried white corn called hominy or dent. This type of corn is treated with limewater to remove the husk before being dried. When the corn is dried, a slight indentation is formed on the corn kernel. That is where the term dent comes from. This type of corn contains soft starches, which give grits their creamy texture.

Cornmeal can be made from several varieties of dried corn. Blue, yellow and white corn can be used to make

cornmeal. All three varieties can be found in coarse, medium and fine grinds. Cornmeal is the main ingredient in hushpuppies, corn bread and polenta.

Polenta is an Italian dish, made with cornmeal. This variety of cornmeal, commonly called flint, is made from dried yellow corn that has a hard-starchy center. This characteristic gives polenta its coarse texture when cooked.

Polenta can be found in the grocery store cooked or dry. Here is a recipe using polenta. This dish makes a perfect hors d'oeuvre or meat-free entrée.

Crispy Polenta and Mushroom Ragout

serves 12 Ingredients Polenta

 $1 \; \mathsf{cup} \; \mathsf{corn} \; \mathsf{meal}$

1 cup chicken stock

1 cup half-and-half

2 tbsp. butter

1 bay leaf

Pinch of salt

½ cup gruyere cheese

2 tbsp. butter

3 tbsp. vegetable oil

(pre-made polenta may be used)

Mushroom Ragout

3 tbsp. olive oil

6 ozs. shitake mushrooms (sliced)

6 ozs. button mushrooms (sliced)

6 ozs. oyster mushrooms (sliced)

1 shallot (minced)

2 cloves garlic (minced)

2 sprigs thyme (leaves removed)

Salt and pepper

½ cup heavy cream

½ bunch parsley (finely chopped)

Method

Polenta

Heat the chicken stock, half-and-half, butter and the bay leaf in a heavy bottom pan until boiling.

Add the corn meal and reduce the heat to a simmer.

Cook the corn meal for at least 5 minutes, then remove the bay leaf.

Add the gruyere cheese and stir until well mixed.

Remove from the heat and spread the polenta onto a shallow tray lined with plastic wrap.

Refrigerate for at least 1 hour or until firm.

Cut the polenta into shapes and set aside.

Heat a sauté pan and add the butter and vegetable oil. Heat until the butter begins to brown.

Add the cut polenta to the pan and cook until crispy and browned on each side.

Mushrooms

Heat the olive oil in a sauté pan and add the mushrooms, shallots, garlic and thyme.

Cook the ragout mix until the mushrooms start to brown then season with salt and pepper.

Add the cream and parsley. Reduce the cream by half and serve over the polenta.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@ sanibelcommunityhouse.net or call 472-2155.**

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traders Gulf Coast Grill & Gifts has live entertainment on Tuesday and Thursday with the Danny Morgan Band. Chris Workman plays on Wednesday.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Kathy Buda. Dusk Duo performs on Saturday and Monday. On Sunday, it's Woody Brubaker, Dana Paul and Kathy Buda. Woody Brubaker returns on Wednesday. On Thursday, it's Busted Stuff.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.

**







Volunteer birders surveyed Sanibel's east end during the Audubon Christmas Bird Count

Christmas Bird Count A Success On The East End

submitted by Leah Biery

anibel Sea School organized a group of 26 enthusiastic volunteers to complete the 2017 Audubon Christmas Bird Count on Sanibel's east end. On December 16, participants picked up their data sheets at the organization's flagship campus on Periwinkle Way, then divided into groups to survey the area for birds as part of the world's largest annual citizen science project. In total, the group counted 2,284 individual birds.

"This is the third year we've participated in the Christmas Bird Count

as an organization, but our first year coordinating it on the east end," said Johnny Rader, who led the event. "Every year is different, and you never know what you will see. That's the exciting part," he added. Notable species counted on the east end of the island this year included vellow-throated warblers, snowy plovers, yellow-bellied sapsuckers and red-breasted mergansers. Volunteers also observed red knots, and a number of mottled x mallard duck hybrids, which are not well understood. The most common sightings were fish crows, laughing gulls and brown pelicans.

Data collected during the Christmas Bird Count will help scientists better understand the health of global bird populations and how we can protect them.

To receive communication about next year's bird count, email your request to info@sanibelseaschool.org.☆

From page 1

Reception



Water Lily by Anita Force Marshall

and Founders Galleries," said Hyde Tucker, president of BIG ARTS. "Their encouragement, friendliness and participation are a central part of the art league and have certainly contributed to its stability over the

During the Show Off reception, awards will be presented with cash prizes for first, second and third places,

image provided

as well as four merits. Both exhibits will be open until February 3.

Phillips Gallery is open from 1 to 4 p.m. Monday through Friday and 9 a.m. to 1 p.m. Saturday and Sunday. Founders Gallery hours are 9 a.m. to 4 p.m. Monday through Friday, 9 a.m. to p.m. Saturday, closed on Sunday.

For more information, visit www. bigarts.org.☆

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DJ

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For information and to purchase tickets, visit sundialresort.com/eat/holidaydining.











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Pauline A. Goldsmith

photos provided

Watercolor Exhibition At 'Ding' Darling

rom January 2 through February 27, the JN "Ding" Darling National Wildlife Refuge Visitor & Education Center will host Natives In Paradise, an exhibition of watercolor paintings of florida native plants created by artists Pauline Goldsmith and Cynthia Rice. Hours for the exhibit will be 9 a.m. to 4 p.m. daily. Admission is free with entry.



Cynthia Rice

Florida botanical artists of longstanding, who have a passion for native plants and conservation. In their daily lives, they reside on the doorsteps of the JN "Ding" Darling National Wildlife Refuge and the Everglades and Biscayne National Parks, from which they never fail to gain their inspiration.

The exhibition features portraits of Florida native plants and butterflies. Artistically and scientifically, they have depicted a variety of plants, many of which you can see every day, but some are becoming rare or endangered, or their predominant locations are shifting, due to a change in water flow or

competition from exotic species.

The interaction between flora and fauna can be extremely sensitive. If the flora's habitat changes in any way, such as declining, increasing or moving, it will impact all associated fauna, including the resident and migratory birds of the JN 'Ding" Darling National Wildlife Refuge.

Many of these native plants make beautiful, low maintenance additions to residential yards, at the same time feeding and sheltering the local songbirds and butterflies.

The exhibition is the result of collaboration with Ranger Jeff Combs of the JN "Ding" Darling National Wildlife

BIG ARTS Corner

Workshops And Seminars

IG ARTS offers the following workshops and seminars: Great Books with Julie Hopson, Tuesday, 10 to 11:30 a.m., January 2 through March 27.

Glass Fusing with Petra Kaiser, Wednesday, 9:30 a.m. to 12:30 p.m.,

January 3 through 24.
Collage with Bea Pappas,
Wednesday, 9:30 a.m. to 4 p.m., January 3 through 24.

Decorative Painting Open Studio with Sally Parsons, Wednesday, 9 a.m. to noon, January 3 through March 28. Clay 101/201: How to be Creative

with Clay with David Hoggatt, Thursday, 9 a.m. to noon, January 4 through February 8.

Glass Fusing with Petra Kaiser, Thursday, 9:30 a.m. to 12:30 p.m.,

January 4 through 25.

Experimental Master Class with Bea Pappas, Thursday, 9:30 a.m. to 4 p.m., January 4 through 25.

Photography (first class meets at 9 a.m.) with Denny Souers, Thursday, 7 a.m. to noon, January 4 through 25.

Try Painting Paradise with Linda Benson, Friday, 10 a.m. to noon, January 5.

Intermediate Tap with Bobby Logue, Friday, 9 to 10:30 a.m., January 5. Life Drawing, Non Instructed Open Studio with Carol Rosenberg, Friday,

9:30 a.m. to noon, or 12:15 to 2:45 p.m., January 5 through 26.
Instructed Life Drawing with Francesco Gillia, Monday, 9:30 a.m. to noon, January 8 through 29.

Portrait Drawing/Painting with Mary Klunk, Monday, 9:30 a.m. to noon, January 8 through 29.

Pastel Painting with Mary Klunk, Monday, 1 to 3:30 p.m., January 8 through 29.

Watercolor Sketchbook Journal Class with Mary Lou Peters, Monday and Tuesday, 9 a.m. to 3 p.m., January 8 and 9.

Adobe Lightroom with Denny Souers, Monday, 1 to 4 p.m., January 8 through 29.

Wheel Throwing with Clay with Martha Grattan, Tuesday, 1 to 4 p.m., January 9 through February 20.

Creating with Polymer Clay with continued on page 27







Glenn Miller Orchestra

Glenn Miller Orchestra Returns To Shell Point

hell Point Retirement Community continues the Performing Arts program of its 2017-18 Concert Series with a concert by the Glenn Miller Orchestra at the Village Church on The Island at Shell Point on Thursday, January 18 at 7:30 p.m. The concert is open to the public, with tickets available for purchase online at www.shellpoint.org/concerts or by phone at 454-2067.

Known for its unique jazz sound and popularity for both concert and swing

dance engagements, the Glenn Miller Orchestra is considered one of the great bands of its time. As a young musician in the late 1920s, Glenn Miller toured with several orchestras, and played and recorded with the likes of Tommy and Jimmy Dorsey, Gene Krupa, Eddie Condon and Coleman Hawkins before forming the Glenn Miller Orchestra. The present-day Glenn Miller

Orchestra was formed in 1956 and has been touring consistently ever since. The 19 current members of the orchestra hail from all parts of the country and, in 2012, vocalist Nick Hilscher took the helm as band director. The orchestra performs an average of 300 shows a year and has toured all 50 states, Canada, Mexico, Europe, South America and Japan.

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by Scott McDonald
Tuesday through
Sunday beginning
at 7pm.

From page 26

Workshops

Martha Grattan, Tuesday, 6 to 9 p.m., January 9.

Clay Sculpting and Pottery on the Wheel with Marjorie Bronsted, Wednesday, 3:30 to 6 p.m., January 10 through February 14.

Step by Step Acrylic Painting with Marjorie Bronsted, Wednesday, 1 to 3 p.m., January 10 through 31.

Watercolor Classes for All Levels with Mary Lou Peters, Thursday, 1:30 to 4:30 p.m., January 11 through February 8.

The Global and U.S. Economy in A New Political Era with Larry Davidson, Friday, 1 to 4 p.m., January 12 through February 2.

Drama Discussion Group: View,

Read and Discuss the Theater with Harriet Edwards, Friday, 10 a.m. to

noon, January 12 through March 30. Acrylics for Beginners & Intermediate Painters with Jane Hudson, Friday, 9:15 to 11:45 a.m., January 12 through 26.

The Reformation or Restoration of Islam from Inside Out: Muslim Prescriptions for the Healing of the Ideological Cancer of Radical Islamic Terrorism with Ran Niehoff, Friday, 9:30 to 11 a.m., January 12 through 26

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions and the full season's workshops and class schedules, visit www.bigarts.org/workshops, or emailinfo@bigarts.org.**

The Lying Game



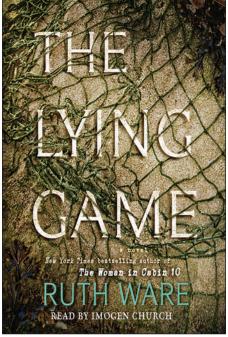
by Di Saggau

uth Ware's latest suspense novel, The Lying Game, is about four old school friends bound together by a terrible secret that they have been carrying for years. The secret is

about to be revealed when three of them receive a text that simply reads, "I need you." The next morning the three head for the coastal village of Salten, where they were best friends 15 years earlier at a second-rate boarding school near the cliffs of the English Channel.

Fatima, Thea, Isa and Kate were inseparable and were also notorious for playing what they called the Lying Game, telling lies at every turn to both fellow boarders and faculty. Their school days ended in tragedy and scandal, and they were expelled. Now they are returning because a bone has been found in the marshes, and they know more about the body than they should.

In their younger days, the girls competed with each other by telling outrageous untruths. Now they may have to resort to lying in order to survive. All four need to get their stories straight before they say too much. Isa is



a 32-year-old lawyer and new mother. She appears to be the main character but all four of the girls play their part. They discover that their little game had consequences and, as they converge to present-day Salten, they realize their shared past was not as safely buried as they had once hoped.

The Lying Game is told in Ruth Ware's signature suspenseful style just like The Woman in Cabin 10. It's another unputdownable gripping thriller from an author called the Agatha Christie of our time.☼

School Smart



by Shelley M. Greggs, NCSP

Readers, Happy New Year! I am passing along this wonderful poem (again) with excellent New Year's Resolutions for

parenting. These suggestions are worth considering.

Parental New Year's Resolutions by Dr. Alex Thomas

Well, it is time for Parental New Year's Resolutions. Pick any five from the suggestions below and, if you are still following them when the school year ends, you probably will see improvement in your child's school performance and/or behavior around the home as well as within your relationship.

I resolve to provide a regular daily or weekly chore for my child and will assure that it is completed on time.

I resolve that I will cut our junk food budget, including soda, by 25 percent.

I resolve to see to it that my child will complete all tasks that are started.

I resolve that my child will not easily quit a team or club once it is joined, or quit music or other lessons once started.

I resolve that no more than two

meals a week will be eaten in front of the television.

I resolve to allow my child the opportunity to deal with failure and frustration without interfering, providing support but not excuses.

I resolve that my child will spend no more than 20 hours a week watching television.

I resolve that my child will spend at least one half hour, at a designated spot and time, on homework or reading, every school night.

I resolve to see to it, by providing incentives if necessary, that my child reads independently, even if the reading includes comics, sports pages, or romance books.

I resolve to say at least two positive things to my child every day.

I resolve to make the opportunity, weekly, to spend at least a half hour with my child on some mutually needed activity (shopping, dishes, working on the car).

I resolve to lower my NQ (Nagging Quotient) and act instead of yak.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.☼

BOGO / BOGO Draft Beer We have Draft Beer 11am-5pm

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www.IslandPizza.net



Programs At Sanibel Public Library



Carpeting and larger windows have been installed in the renovated space photo provided

anibel Public Library's weekly youth program schedule changes in January, based on the Your Library Reimagined project. The first phase of the project is almost complete. During the project, a portion of the facility is open to the public while the infrastructure is updated in the other part of the building. The library will provide service through the renovation period, but will occasionally have to close for a day or two when there is utility work.

Sanibel Public Library will be closed on Monday, January 1 for New Year's

Day. The Library's Author Series begins

with Amor Towles, New York Times bestselling author of A Gentleman in Moscow. Towles will speak at the The Community House at 7 p.m. on Monday, January 29. Online ticket requests begin at 9 a.m. on Friday, December 29 and will be accepted for 24 hours. To submit the ticket request, go to the homepage of the library's website at www.sanlib.org.

Online ticket requests go live at 9 a.m. on January 8 for Author Series -An Evening with Christina Baker Kline. Author of the bestselling Orphan Train, Baker Kline will be speaking at The

continued on page 29

Tickets Now On Sale For Women's Film Festival

submitted by Dalia Jakubauskas

Tickets are now on sale for LUNAFEST, a women's film festival and fundraiser featuring seven unique short films hosted by the Zonta Club of Sanibel-Captiva on Tuesday, January 23 at The Community House. The films will be shown from 7 to 9 p.m., followed by a moderated discussion.

Begun in 2000 by the founder of LUNA nutritional bars, Kit Crawford, LUNAFEST is a traveling film festival dedicated to highlighting female filmmakers, raising awareness about women's issues, and bringing women together. The event will showcase the following short works:

Yours Sincerely, Lois Weber – A

Yours Sincerely, Lois Weber – A tribute to the highest-paid silent film director at Universal Studios in 1916 by award winning cinematographer Svetlana Cvetko

Fanny Pack – A comedy about a young Indian-American woman who wants to follow her dreams and a determined, fanny pack-wearing father who hopes that she will follow his. The film is the work of Uttera Singh, a recipient of the Ryan Murphy Diversity Fellowship.

Buttercup – A poignant film about a young woman's journey through grief



A still from Yours Sincerely, Lois Weber

and the friend who helps her through it by Los Angeles-based actress and director Megan Brotherton.

Waiting For Hassana – A harrowing first person account of one girl's escape from Boko Haram, the terrorist group that kidnapped 276 teenage girls in northeastern Nigeria in 2014, and her heart wrenching lament for her friend who remains unaccounted for. The film is the work of Ifunanya Maduka, a filmmaker and executive with Netflix.

Toys – A short animated film set in 1930s farm country where a father tries to toughen up his young daughter with toys intended for boys only to see his efforts backfire. The production is by New York actor, writer and director Amanda Quaid.

Girls Level Up – A documentary about a young Pakistani woman from a

photo provided

conservative Muslim area in the Middle East who helps middle school girls realize their dreams of designing video games. The work is by Anne Edgar, a partner at Los Angeles-based Artifact Studios

Jesszilla – A delightful short biopic by director and film maker Emily Sheskin that follows 10-year-old boxer Jesselyn Silva as she pursues her dream of becoming a professional athlete.

Tickets for LUNAFEST are \$20 and sales will benefit the Zonta Foundation of Southwest Florida, which distributes grants to local organizations that assist women in need, and Chicken & Egg Pictures. The latter is a nonprofit associated with LUNAFEST that supports women nonfiction filmmakers whose works bring about social change.

To purchase tickets, visit www.

zontasancap.com/events or www. lunafest.org/screenings.

The Community House is located at 2173 Periwinkle Way.☆

From page 28

Library

Community House on Wednesday, February 7 at 7 p.m.

At 10 a.m. on Monday, January 15, Duane Shaffer's popular World War II programs begin with America Strikes Back: U.S. Carrier Raids – Spring 1942. This season, Shaffer's WWII lectures will be held at The Community House due to the library's remodel project. The full schedule is on the calendar at the library's website.

Library cardholders can borrow passes to Bailey-Matthews National Shell Museum, the Sanibel Historical Museum and Village, Golisano Children's Museum of Naples (C'mon), and CROW's Visitor Education Center. Cultural passes may be borrowed for one week using a current Sanibel Public Library card. Passes are limited; call the library to request a hold and to get more information.

Sanibel Public Library also provides computers (at no charge) to use for Internet access, with a 10 cent per page fee for printing. High speed WiFi is available throughout the library for patrons bringing their mobile devices. Library cards are available to Sanibel and Lee County residents at no charge. Visitors may purchase a library card for \$10, valid for one year.

For more information, call 472-2483 or visit www.sanlib.org.



FINEST FARE ON THE ISLANDS

BAILEY'S GENERAL STORE

Bailey's General Store has a full deli, bakery, coffee bar, daily lunch specials, take out and catering for cookouts, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland. Services include shopping for your groceries and delivering them to your home or vacation destination. Pick up the extensive list of gluten-free products near the entrance to the supermarket. Bailey's has a second location at Sundial Beach Resort & Spa. 472-1516

BEACH PIEZ

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Opening hours are Monday through Saturday at 11 a.m. and Sunday at 4 pm. Delivery available after 4 p.m. daily. With fresh ingredients, mouthwatering mozzarella, 'secret recipe' dough and amazing pizza sauce, Beach Piez Pizza delivers the best pizza, subs and salads the island has to offer. 239-472-3224

BLUE GIRAFFE

Family owned Blue Giraffe, offers casual island dining for "no wait" breakfast from 7 a.m. to noon daily as well as lunch and dinner seven days a week until 8 p.m. Dine outside in the garden atmosphere of Periwinkle Place or inside at hand-painted tables, inspired by local artists. The menu is full of traditional and unique breakfast items, signature burgers, custom sandwiches, fresh and local seafood, salads, steaks, pork and vegetarian options. There is a full liquor bar and various local beers on tap. 472-2525

BLEU RENDEZ-VOUS FRENCH BISTRO

Parisian Chef Christian Vivet and his Floridian wife Mari Vivet are hosts of the classic French bistro. Choose from an array of appetizers, the extensive a la carte menu, a Prix Fixe Tasting Menu, the Chef's Bleu Inspirations or Petite Plates. Pair your dinner with an extensive French and domestic wine list, dessert wines or French craft beers. Authentic French dishes and desserts are prepared from scratch in the open kitchen. You'll feel welcome by Mari's southern hospitality as you are greeted at the door. Open Tuesday to Saturday at 5 p.m. Reservations encouraged. 565-1608

CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. In Jimmy's memory, Cip's styles itself as a local watering hole. A large mural shows many islanders through the ages – including "Cip" – and if you don't recognize them all, ask to see the "key." Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. Try the homemade potato chips, fried buttermilk chicken with sage gravy and snapper tacos. Choose between the outdoor garden patio and front porch. Indoor seating and full bar are also available. Hours are 11 a.m. to 9:30 p.m. daily, with happy hour from 4 to 6 p.m. 472-0223

DOC FORD'S RUM BAR & GRILLE

Doc Ford's is a well-known local's restaurant, famous for its great food and service with plenty of indoor and outdoor seating boasting "Award winning flavors from the Caribbean Rim." The restaurant is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels. With locations on Sanibel & Captiva Islands and Fort Myers Beach, all locations offer island favorites like Yucatan shrimp and fish tacos along with raw bar selections and fresh local seafood dishes. Premium rums and tropical drinks such as the Island Mojito are a specialty of the house. The combined menu offers both lunch and dinner daily from 11 a.m. to 10 p.m. 472-8311, 312-4275, 765-9660

DUNES GOLF & TENNIS CLUB

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular hand-battered coconut shrimp and steak sandwich. Dinner is available only on event nights from 6 to 9 p.m. or for special seasonal dinners.

Featured monthly events include Trivia Night, Karaoke and Themed Dinner Nights. There is a Friday a la carte dinner menu with featured selections each week, such as steak and seafood.

Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m. Enjoy with the famous crab bisque as a starter. 949 Sand Castle Road, 472-3355

GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only seaside saloon" where you can dine at the Sanibel Marina in view of luxury yachts and fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of fresh seafood, salads, sandwiches and more. Appropriate dress is required. If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:15 a.m. For dinner, arrive before 8 p.m. 472-8138

IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone. Il Cielo is open 7 days a week from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. There is live piano music by Scott McDonald Tuesday through Sunday nights beginning at 7 p.m. 472-5555

ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu. Now serving full liquor island cocktails! Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 9-ish p.m. 472-0606

ISLAND PIZZA

Island Pizza is named so because it does pizza right. The dough is made daily and the ingredients include fresh produce from local vendors. That is why the "family-owned" restaurant has been voted "the best pizza on the island" from 2009 to 2016. Known as quaint and colorful, Island Pizza has more than 9 years of experience while specializing in home-cooked Italian cuisine. Besides pizza and classic Italian entrees, Island Pizza has a large selection of appetizers and salads as well as wings, calzones and seven choices for kids. Boar's Head deli meats are also served on subs.

Open seven days a week from 11 a.m. until late evening. Lunch is served 11 a.m. to 5 p.m. with buy-oneget-one drafts on happy hour from noon to 5 p.m. Eat in, take out or free local delivery. 472-1581

JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out. The restaurant is open for breakfast, lunch and dinner from 7 a.m. to 8:30 p.m. 472-9300

LA BELLA VITA RISTORANTE

Sanibel Island Beach Resort's new restaurant features Italian signature dishes with an emphasis on coastal flavors and fresh ingredients.

La Bella Vita Ristorante serves breakfast daily from 8 to 11 a.m. and dinner from 5:30 to 9 p.m.

There is also the Poolside Tiki Bar with casual fare and views of the beach and sand dunes. It is open daily from 11 a.m. to sunset with lunch available daily from 11 a.m. to 5 p.m.

The eateries are a part of the boutique hotel on the edge of the Gulf of Mexico at the corner of Donax Street and Middle Gulf Drive. www.sanibelbeachresort.com. 472-4123

MATZALUNA ITALIAN KITCHEN

Are you in the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big menu, involving over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available. Matzaluna offers a large selection of Florida craft beer, both on draft and in cans and bottles. Enjoy \$5 apps at the bar from 4:30 to 5:30 p.m. Hours are 4:30 to 9:30 p.m. daily and happy hour is 4:30 to 6 p.m. 472-1998

OVER EASY CAFE

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different eggs benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available. Breakfast is served all day. Hours are 7 a.m. to 3 p.m. 472-2625

PECKING ORDER

The Pecking Order features tender, juicy, fried chicken and all the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating that seals in the juices without allowing the fat to penetrate. Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, mashed red potatoes and gravy, Harlem special, cheesy grits and veggie chili. Try the Black Betty, a warm, dark chocolate torte filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners' sugar. Take out, delivery and outdoor dining available. 472-2534

SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free Wi-Fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon. Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare. 395-1919

SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to homemade regular choices, along with award-winning New York style pizza and wings, Boar's Head meats, frozen yogurt, New York style bagels and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas. Free Wi-Fi. Eat in or take out as well. 472-2555

SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes. Open seven days from 4 p.m. to midnight with happy hour from 4 to 6 p.m. and 10 p.m. to midnight. 472-3128

SANIBEL SPROUT

The Sanibel Sprout is the island's only 100 percent gluten-free/vegan/organic cafe: an oasis of health where the emphasis is on providing incredibly tasty and creative culinary creations designed to nourish and delight all of your senses. Order one of the fresh salads, Wizard Waffles, classic burger, Mexican plates and indulge in our Indian curry, Vietnamese pho and raw vegan lasagna. Pair your meal with a locally crafted beer, a glass of organic wine or housemade kombucha. The fresh juice bar is brimming with smoothies, herbal elixirs and custom juices, or come and enjoy an espresso or cappuccino with one of the delectable donuts, pies, cupcakes or truffles. The Sanibel Sprout is open for breakfast, lunch & dinner from 10 a.m. to 7 p.m., Monday through Saturday and from noon to 7 p.m. on Sunday. 472-4499

SEA BREEZE CAFÉ

Panoramic Gulf views await you at the Gulf-front Sea Breeze Café where the menu celebrates fresh local produce and seafood. Open 7 AM- 10 PM daily, enjoy breakfast, lunch and dinner on the outdoor terrace or dine indoors and watch the giant salt water aquarium. Happy Hour is every day from 3-5 PM. Celebrate the start of the week with Margarita Mondays, with \$5 margaritas from 4-10 pm and live island-style entertainment from 5:30-8:30 pm. Sea Breeze Café is located at Sundial Beach Resort & Spa. Visit sundialresort.com/eat for menus and to make a reservation. 472-4151

SHIMA JAPANESE STEAKHOUSE & SUSHI BAR

Voted Best Sushi, Best Steak and Best Chef on the Islands, discover an authentic experience at Shima Japanese Steakhouse & Sushi Bar featuring 'dinner and a show' at the hibachi grill. Shima offers sushi and teppanyaki perfectly orchestrated to delight the senses. Shima Grab N Go serves up the same award winning sushi for take-out. Visit shimasushisteak.com for reservations (highly suggested), menus and hours. Shima is located at Sundial Beach Resort & Spa. 472-4151

SWEET MELISSA'S CAFE

Award-winning Sweet Melissa's Café offers eclectic fine dining in a casual, relaxed atmosphere. The restaurant features handcrafted artisan cocktails, local craft beers, a *Wine Spectator* award-winning wine list and a farm-to-table chef-driven menu. Have lunch or dinner in the dining room, on the screened-in patio, or sit at our chef's bar and watch Melissa and her staff in action. There is live music Wednesday through Saturday featuring acoustic guitar by Michael David. Lunch is served Monday through Friday from 11:30 a.m. to 2:30 p.m. Dinner is served Monday through Saturday from 5 p.m. until closing. Happy hour at the bar, featuring 2-for-1 draft beers, glasses of wine and well cocktails as well as a light menu for afternoon snacking, is Monday through Friday from 4 to 6 p.m. Call for reservations. 472-1956

TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local seafood, such as grilled shrimp, fried grouper, oysters, clams and crab cakes. Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's open at 2 p.m.) Restaurant is open seven days from 5 to 9 p.m. 472-3128

TRADERS GULF COAST GRILL & GIFTS

Traders Gulf Coast Grill and Gifts is unique in that it combines a bustling restaurant with a large shopping emporium with casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

The restaurant serves bistro cuisine with island flair, featuring such offerings as black beans and rice, blackened fish and fresh salads from an open kitchen. There's no fryer in the place. The tables are freshly wrapped in white paper for each party, and there's a pot of colored crayons for doodling, whether you're an adult or a child. Lunch is served from 11 a.m. to 2 p.m., happy hour from 3 to 6 p.m. and dinner 5 to 9 p.m. 472-7242

TRADITIONS ON THE BEACH

Traditions on the Beach, Sanibel's first dining room, has been delighting its guests since 1895. Offering "Contemporary Cuisine, Sanibel Style," Traditions provides the highest level of service in a relaxed beachfront setting. Both the tapas menu, served in the Sunset Lounge, and the full dining room menu capture the flavors of the gulf, complemented by the unique atmosphere of the historic Island Inn. Award winning Chef Aziz uses only the finest fresh, local ingredients to create vibrant dishes. Drink, dine and dance at Traditions on the Beach, featuring live entertainment. Tapas and cocktails are available in the bar and lounge beginning at 4 p.m. Monday through Friday. Regular dinner menu beginning at 5 p.m. daily. Reservations are suggested. 472-4559

Call To Artists For Florida Juried Exhibition

he Alliance for the Arts is seeking Florida artists to submit their work to the annual All Florida Juried Exhibit. The show's opening reception is March 9 from 5 to 7 p.m. This is the Alliance's longest running exhibition and features pieces created by artists working in a wide variety of media from all over the state of

Categories for entry are sculpture, painting (including oil, acrylic, collage, watercolor and mixed media), photography, prints and drawing. An entry may consist of one to three works. All entries must be submitted online no later than April 29. Artists can download the prospectus and submit their work at www. artinlee.org/AllFlorida18.

This year's juror is Mark Ormond.
Ormond has worked for more than 30 years as a museum director and curator, university professor, writer, independent curator and consultant to institutions and private individuals. A graduate of George Washington University and the University of Pennsylvania, he is currently curator of exhibitions at Ringling College Galleries at Ringling College of Art and Design where he also teaches courses in the business of fine arts and the role of the curator in contemporary art. His essay on Robert Rauschenberg was published in a catalog for an exhibition at Galerie Thaddaeus Ropac in Paris, France, that closed



Dragonfly Dreams

image provided

January 7, 2017.

Ormond will be on hand to present awards including \$1,000 cash for Best In Show, a second place \$250 gift certificate for Golden Paints, \$100 cash for third place and Jurors Choice Award(s) of Alliance for the Arts membership(s).

The exhibition is sponsored by Elemental Stone and Waterworks.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit www.ArtInLee.org.☆

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink. net. Each week, individual work will be showcased.

selected by Tanya Hochschild

When We Were Young

by Bob Risch

(An excerpt from a longer poem)

I heard someone telling you they

then I recognized the voice... it was mine

You walked by and smiled... now I look for you on every sidewalk

On our first date I was afraid to kiss you and I was afraid not to...perfect

There was a spring shower and you ducked under my umbrella... and never ducked out

Your phone number was the same as my locker combination...

made for each other

I love your shy voice, words are like whispers and your whispers...like kisses

You can run faster and are always a step ahead of me... but I like the view

Bob Risch, a lawyer, winters in Sanibel where he plays tennis and writes poetry.☆

Gulf Coast Writers Contest

he Gulf Coast Writers Association is accepting submissions for its annual writing contest until January 31.

The contest is open to members and the general public for fiction, nonfiction, poetry or children's story submissions. The word count for fiction, nonfiction and children's stories is 1,500 words maximum. For poetry, there is a maximum of 40 lines.

All winning submissions will be published online and possibly in the Ft. Myers Magazine. The three top entries in each category will receive a cash reward. For specific guidelines, visit www.gulfwriters.org.



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WHIMZEES





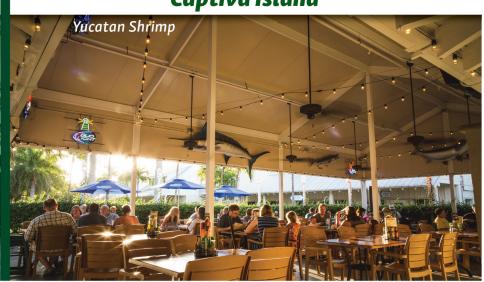
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Sanibel Island



Captiva Island



2500 Island Inn Rd Sanibel Island Fl, 33957 239.472.8311



South Seas Island Resort

Captiva Island Fl, 33924 239.312.4275





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BUSINESS REAL ESTATE CLASSIFIEDS

VOL. 25, NO. 26 SANIBEL & CAPTIVA ISLANDS, FLORIDA

DECEMBER 29, 2017

2017 Year In Review

compiled by Jeff Lysiak

uring the first Sanibel City Council meeting of the year on January 10, a previously approved resolution which would have asked citizens of the island to vote on a bond referendum in March to finance up to \$8 million for the long-debated Civic and Cultural Core was rescinded by members of the council, putting an end to the proposed \$42 million project.

In December 2016, councilors approved a resolution to remove a 13.5-acre parcel from the Environmentally Sensitive Lands Conservation District – located east of the Sanibel Public Library – in order to accommodate the civic core facility as well as a resolution authorizing the council to apply for the issuance of up to \$8 million in general obligation bonds for the project, should the public approve the referendum.

However, Sanibel Mayor Kevin Ruane called to hold a special meeting to revisit the issue after hearing from "hundreds" of concerned citizens since those resolutions had been passed.

"It was very apparent from every group that I talked to that they were not in favor of removing the (environmentally sensitive) land," Ruane told a standing room only crowd which packed MacKenzie Hall. "That gave me great pause and consternation, so I thought we should have another discussion about this."

Additionally, Ruane said that after speaking with a number of Lee County



Sanibel Police Senior Officer Jared Ciccone, second from right, received the Medal of Honor from Mayor Kevin Ruane, second from left, during a council meeting in February. Also pictured is Chief of Police Lt. William Dalton, left, and retired Chief Jamie Phillips.

photo by Jeff Lysiak

officials, the \$22 million Sanibel had been seeking to assist with the funding of the civic core project was not going to be granted. He noted that over the past 12 years, Sanibel has provided some \$500 million – in taxes, toll revenues and other sources – to the county. "I certainly believe Sanibel is due," he said.

City Presents Valor Awards

On February 7, five Valor Awards were presented by members of the city council to law enforcement personnel who

responded to a 2016 incident in which an officer was shot and wounded in the line of duty.

According to the official police report, Sanibel Senior Officer Jarred Ciccone was sitting in his vehicle around 8 p.m. on November 20 when a suspect – identified as Jon Webster Hay, 49, of 1476 Sand Castle Road – drove by and opened fire. Ciccone was struck in the shoulder; he was transported to Lee Memorial Hospital in Fort Myers, where he was treated and later released.

Recognized for their professionalism and bravery during the incident were: Ciccone, who was presented the Medal of Honor, awarded for an outstanding act in the line of duty at imminent personal hazard of life, with full knowledge of risk involved; Sanibel Senior Dispatcher Allison Schulze, who was presented the Croix De Negotiator Laurel, awarded for maintaining the presence of composure, alert talk down under extreme circumstances, which prevented a life threat; Lee County Deputy Julie Weber, who was presented the Combat Cross, awarded in recognition of her performance of an act of extreme heroism while engaged in personal combat with an armed adversary at imminent personal hazard of life in the performance of duty; Sanibel Officer Chad Maik, who was presented the Combat Cross, awarded in recognition of his performance of an act of extreme heroism while engaged in personal combat with an armed adversary at imminent personal hazard of life in the performance of duty; and Sanibel Officer Christopher Dowaliby, who was presented the Combat Cross, awarded in recognition of his performance of an act of extreme heroism while engaged in personal combat with an armed adversary at imminent personal hazard of life in the performance of

Each Valor Award recipient received an official accommodation, a plaque and a bouquet of roses presented to them by Mayor Kevin Ruane on behalf of the city continued on page 18B



Vice President Mike Pence watching islander Elliot Sudal reeling in a smalltooth sawfish on April 12 photo provided



From left, Gloria Lucas, Charlotta Ashworth, Kenneth Gavin, Katherine Harris, Eugene Gavin and Eric Gavin at the unveiling of Sanibel's first Pioneer Family plaque photo by Jeff Lysiak

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Ruane Appointed To Board Of Trustees

anibel Mayor Kevin Ruane has been appointed to the Florida Municipal Insurance Trust (FMIT) Board of Trustees for the term beginning January 1,

The Florida League of Cities (FLC) established the insurance program in 1977 providing Workers' Compensation coverage, then later liability, property and health insurance. With over 600 members, the purpose of the program is to provide Florida cities with affordable insurance.

Ruane was appointed to the Sanibel City Council to serve an interim position for a vacant seat in February 2007. In May, he successfully ran for a permanent position on Sanibel City Council. He was re-elected in March 2009 and appointed by his peers as vice mayor in 2009-10. In March 2010, Ruane was appointed by his peers as mayor. He was once again re-elected to city council in 2013 and 2017. He is currently serving his eighth consecutive term as mayor.

Ruane has served as the council liaison to Audit Committee, Traffic Work Group, Redevelopment Project and the Sanibel Seniors Board of Directors. He previously served as liaison and alternate liaison to the Sanibel Planning Commission, Sanibel General Employees' Pension Board, Employee Dependent Scholarship Committee, Contractor Review Board, Community Housing Resources (CHR) Board of Directors, the Community Housing and Resources Coast and Island



Mayor Kevin Ruane

photo provided

Community Land Trust, the Sanibel Municipal Officers Board of Trustees, and the Sanibel Captiva Chamber Governmental Affairs Committee. He also served as liaison to the Lee County Metropolitan Planning Organization (MPO) from 2009 to 2016 as treasurer, member and president.

Ruane was named the 2015 Citizen of the Year by Committee of the Islands (COTI) and chosen the 2016 Hometown Hero by Boy Scout Pack 1740. He was also the 2016 recipient of the prestigious National Everglades Coalition James D. Webb award. In 2017, Ruane was awarded the esteemed Florida League of Cities Home Rule Hero award. A

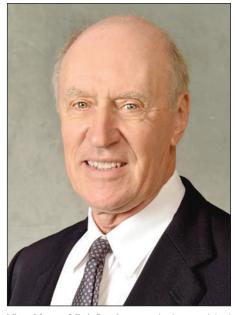
Denham Elected Secretary For Regional Board

anibel Vice Mayor Mick Denham has been elected and will serve as the 2018 secretary for the Southwest Florida League of Cities Board (SWFLC).

The SWFLC, a regional league of the Florida League of Cities (FLC), is comprised of 11 municipalities in Charlotte, Collier, Lee and Hendry counties dedicated to a strong, united and active advocacy program. The league is committed to being a voice that is heard and is familiar to the local legislative delegation. Preservation of Home Rule is high on the list of priorities.

The 2018 board officers are: City of Punta Gorda Mayor Rachel Keesling as president; Village of Estero Vice Mayor Bill Ribble as vice president; City of Bonita Springs Councilman Fred Forbes as treasurer; and Denham as secretary.

Denham was elected to the Sanibel City Council in March 2005. He has since been re-elected in 2009, 2013 and 2017. He was appointed by his peers as mayor from 2007 to 2010 and as vice mayor 2005 to 2007, 2010 to 2013 and 2015 to present. Currently, he is council's liaison to BIG ARTS, the Southwest Florida Regional Planning Council (RPC) and a member for the Metropolitan Planning Organization



Vice Mayor Mick Denham photo provided

(MPO). He also serves on the JN "Ding" Wildlife Society Advocacy Committee and remains council's point person for local water quality issues.

Additionally, Denham was appointed to serve on the Florida League of Cities (FLC) Energy, Environmental and Natural Resources Legislative Policy Committee, the FLC Nominating and Resolutions Committees and serves as Sanibel's voting delegate for the Florida League of Cities.

Start The New Year With A Piece Of Sanibel



Sand Pointe #122 2737 West Gulf Dr

Remodeled 2nd floor 2 bedroom with westerly view to gulf/sunsets. In complex of just 2 buildings, 45 units total. Years of rental history & fully equipped. Turn key & easy. \$699,000 furnished



Cottage Colony West #119 2255 West Gulf Dr

No-hassle investment opportunity at Casa Ybel Resort. Beachfront 1 bedroom with this view & private stairs from balcony to beach. Entirely managed on-site. \$674,000 furnished



Mariner Pointe #1061 760 Sextant Dr

Reconfigured ground-floor bayfront 2 bedroom. The water view is a must see. Community boat dockage, 2 pools, private fishing pier, tennis, deeded beach access, on-site manager & more. \$599,900



Loggerhead Cay #264 979 East Gulf Dr

Top-floor 2 bedroom. Recentlyremodeled kitchen & fully-equipped to maximize rentals, it grosses as much as \$60K annually. Amenities include Olympic-sized pool, tennis, & more. \$598,300 furnished



Pointe Santo #C34 2445 West Gulf Dr

3rd floor 1 bedroom with amazing water views looking straight over tropical courtyard with water features to gulf. Decorated in whimsical beachy décor & with years of rental history. \$589,000 furnished



Spanish Cay #A7 1610 Middle Gulf Dr

Roomy near-beach 2nd floor 1 bedroom. Steps to gulf access & handy to community pool & riverside docks. Views natural vegetation from the back, river from front. Income too. \$299,000 furnished



Captains Walk #B2 641 Periwinkle Way

Ground-level 1 bedroom with carport, new HVAC, remodeled bath, & updated appliances. Handy eastend location with canal access. Community docks & laundry. \$274,000 furnished



9441 Peaceful Dr **Gumbo Limbo**

One of the last vacant lots in Gumbo Limbo. On back circle of community. Oversized (~170'x155'), backing west to preserved land. Bay beach nearby at end of Dixie Beach Blvd. \$249,000



Seagull Estates 239 Daniel Dr

Updated professionally-decorated olde-Florida-style, now 3 bedroom with den/office. In desirable private community with amenities, on back circle, next to preserved land. Beach access too. \$1,069,000 furnished



Sanibel Estates 734 Anchor Dr

Near beach cul-de-sac easy-living east-end ground-level split-plan. Custom kitchen open to great room, Sardinia limestone floors, & modern baths. Boat dock too. Furnishings available. \$999,000



Banyan Bay 8088 Banyan Breeze Way

South Fort Myers, close to Sanibel in gated community. Spacious 3 bedroom with loft plus office & 2-car garage. Private pool & lake view. Preserved land across the street. \$389,900

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Wildlife Society Awards Grants



From front, DDWS Education Committee Chair Wendy Kindig with recipients Linda Grant, Patriot Elementary; Barbara Lisson, Neil Armstrong Elementary; Susie Hassett, Robinson Littleton Elementary; Heidi Brennan, Colonial Elementary; Sheryl Terepka, Challenger Middle School; Melanie Villa, Immokalee Middle School; and DDWS Conservation Educator Sara Hallas photos provided

n December 18, "Ding" Darling Wildlife Society-Friends of the Refuge (DDWŚ) awarded \$7,303 in grants to conservation educationrelated projects at eight different schools

in Lee, Charlotte and Collier counties for the 2017-18 school year.

Teachers submitted grant applications to the DDWS Environmental Education Committee

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"Ding" Darling Supervisory Refuge Ranger Toni Westland presents a grant check for \$995.18 to The Sanibel School teacher Anne Franke, Principal Chuck Vilardi and the fiftharade class

by November 30; the deadline was extended this year because of Hurricane Irma. The committee chose awards based on need and relevance to conservation.

Schools to which DDWS awarded grants this year include Lehigh Elementary for its Learning Gardens Outdoor Classroom project, The Sanibel School for its Sanibel School Recycling Team project, Neil Armstrong Elementary in Port Charlotte for its Hydroponic Community Garden project, Colonial Elementary in Fort Myers for its Increasing Nature Awareness through Experience project, Patriot Elementary in Cape Coral for its Heroes of the Environment project, Immokalee Middle School for its All Creatures Great & Small project, Challenger Middle in Cape Coral for its Wild about Wetlands project, and Robinson Littleton Elementary in Fort Myers for its Naturally Good Readers

This is the 12th year the society has awarded these conservation teacher grants. The past four years we opened eligibility to a five-county area," said Wendy Kindig, education committee chair. "To date, we have awarded more than \$75,000 in teacher grants. We were impressed by the wide variety of projects our teachers and their students imagined this year. The society is pleased to help the future of conservation stewards in this important

Grant recipients report back on their projects to the society and refuge, sending pictures and often thank-you notes from the students, upon project completion in June 2018. In 2018, DDWS will again be

awarding up to \$10,000 in teacher conservation grants for schools in Charlotte, Collier, Glades, Hendry and Lee counties. The grants are funded by monies received from the DDWS Conservation Education Endowment Fund earmarked specifically for education by the late Kip Koss, grandson of Jay N. "Ding" Darling.

For information on next year's grants, contact Conservation Educator Sara Hallas at 472-1100 ext. 236 or Kindig at wendykindig@aol.com, or visit dingdarlingsociety.org/articles/ teacher-grants. Anyone interested in supporting conservation education at "Ding" Darling can visit www. dingdarlingsociety.org or contact Sarah Lathrop at sarah@dingdarlingsociety. org.₩

Captiva Community Panel Meeting

he next meeting of the Captiva Community Panel has been scheduled for Tuesday, January 9 beginning at 9 a.m. at South Seas Island Resort. This meeting is open to all interested islanders and the public.

Among the agenda items: Discussion of next steps for proposed Captiva Code update, including workshops and a community

Updates on the proposed Coastal Construction Control Line change in the county Land Development Code; Update on priority committees

including wastewater, overbooking/ overcrowding and Captiva Drive bike/ ped improvements;

Captiva Erosion Prevention District update;

Captiva Fire District update; Other business as necessary.

Public participation is invited and encouraged. The next Captiva Community Panel meeting will tentatively be February 13. Information and background documents are available online at www. captivacommunitypanel.com.

The next meeting of the Captiva Erosion Prevention District (CEPD) board will be held on Wednesday, January 10 beginning at 1 p.m. at 'Tween Waters Inn. Call the district at 472-2472 or visit www.mycepd.com for further information.☆

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- Private & Gated w/Steps to the Beach
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- Just Steps to Beach Access to Bowman Beach
- Great Price Seller says sell
- Price \$409,000



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239.281.4435 (Trevor's Gell)



Susan Beittel

photos provided

New Members, Officers Join **SCCF Board**

he Sanibel-Captiva Conservation Foundation (SCCF) welcomed three members to its board of trustees for 2018. At the December 12 annual meeting, SCCF members voted onto the board new members Susan Beittel and Ty Symrosky and returning member Deborah La Gorce. At the



Deborah La Gorce

December 13 board meeting, the new board elected John Morse as president, Doug Ryckman as vice president, Tom Rathbone as treasurer and Linda Uhler as secretary.

Retiring from the board this year were President Gwenda Hiett-Clements and trustees Sandy Gross and Richard Shipley. Continuing their terms as trustees are Claude Crawford, Chauncey Goss, Shelley Greggs, Robin Krivanek, John Morse, Diane Neitzel, Mary Ellen Pfeifer, Tom Rathbone, Paul Roth, Doug Ryckman and Linda Uhler.



Ty Symroski

Born and raised near York, Pennsylvania, Beittel earned a BS degree in business administration at Bucknell University before embarking on a 38-year career with M&T Bank (now Wilmington Trust Company), where she managed investments for important personal trusts and nonprofits while serving on the boards of numerous industry, health, educational, scouting and women's organizations. She and her husband still spend summers in Pennsylvania, but have been Sanibel homeowners and Florida residents since 2011, having previously vacationed on Sanibel since

Beittel volunteers as a monitor for SCCF's Snowy Plover program and serves on SCĆF's membership and events committees. She enjoys birding, biking, beach walking, and visits from her two sons and their wives.

Born in Boston, La Gorce moved to Washington, DC after college, where she met and married her husband, John. Three young children later, they moved from the city to a small farm in rural Virginia. She calls herself a professional volunteer, and as such she has served on seven boards, including being president of three organizations. Most notably, she was president of the board of BIG ARTS for six years, an

assignment she describes as a huge challenge and great fun.

In the environmental area, La Gorce joined forces with her husband, fighting to designate a scenic highway byway and working to landmark the small town near their property. They put their farm into a conservation easement and, as a family, they donated critical acreage to Habitat for Humanity.

On Sanibel, closest to her heart is SCCF's work in preserving land and protecting the island's water quality. She served a term as trustee from 2013 to 2016. She has been actively involved in every land conservation campaign since Frannie's Preserve and also became involved in the RECON water quality sensor program.

In addition to SCCF and BIG ARTS, La Gorce supports FISH and other island nonprofits. John passed away in 2016 and, in his name, Deborah has helped spearhead the much-needed updating of SCCF's intern housing.

Symroski graduated with a BS degree in land use planning from the University of Michigan and began working in the Sanibel Planning Department in the late 1970s, where he co-compiled the ecozone maps currently used by the city. From 1984 to 2012, he was a planner in the Florida Keys Area of Critical State Concern, working at various times for Monroe County, State of Florida Department of Community Affairs, City of Key West and as a private consultant. He was the city planner for Key West from 1998 to 2006 and was elected and served one term on the board of the Key West electric utility.

In 2012, Symroski tried leaving the Keys for Portland, Oregon but returned to Sanibel after one winter. Born into an Air Force family, he was raised in Rhode Island, Ohio, Japan, Georgia and wound up finishing high school at Cypress Lake High School, when his father retired and the the family moved to Sanibel. He is currently semi-retired, working as a naturalist for Tarpon Bay Explorers, giving kayak tours and narrating cruises. He is a member of the Sanibel-Captiva Rotary Club and serves on Sanibel's Historic Preservation Committee and also on the Citizens Advisory Committee of the Lee County Metropolitan Planning Organization.





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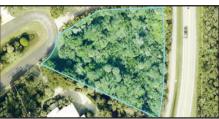
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- New Electrical, Plumbing, Metal Roof, Impact Windows • 2-Car Detached Garage w/Upstairs Rec Room
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• \$2,195,000 (2170901)

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- 3BR/2BA remodeled home on canal
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- Custom 4 bedroom, 6 bath pool home
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Cookie Exchange At Community House A Success

he Community House potluck last Wednesday night was a success, with 38 people bringing cookies to exchange. Attendees had fun sharing recipes and desserts.

Besides an outstanding array of food for dinner, the 80 attendees were treated to some tips to make fast and easy cookies by Clair Beckmann. Beckmann's husband, Ron, sorted the cookies and put them in boxes so everyone got to take a variety home.

After Beckmann spoke, Amy Nowacki took the stage and showed guests a couple of her family's favorite recipes. A few guests bought the ready-to-bake dough, which Tommy Williams auctioned

The Cookie Potluck was another



Amy Nowacki shows the proper consistency for cookie dough photos provided

first for the Culinary Education Center's programming and one that will be repeated next year.☆



Charlie Sobczak joined a group of ladies to learn how to make Christmas cookies





Clair Beckmann hands out cookie boxes



Tommy Williams auctions off the cookie dough



From left, Marcia Leslie, Shirley Bohnert, Nancy Black and Deb Ames watch as Amy Nowacki shares a family recipe for Christmas cookies



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500 Kinzie Island Court

3 Beds / 3 Baths Offered at \$1,599,900



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Direct Gulf access home with spectacular intersecting canal views. Western exposure provides magical sunset vistas. Spacious open floor plan features multiple sliding glass doors allowing gentle sea breezes and natural light to flow through. Experience the best in true indoor-outdoor island living at this estate located in a prestigious, east end culde-sac location.

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4 Beds / 3.5 Baths

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Attention boaters and fishermen! Direct Gulf access double canal lot located in a secluded upscale community perfect for the most discerning Buyer. Parcel has over 180' of canal frontage. All you need is a boat and a dream to start living the Sanibel

5821 Pine Tree Drive - Construction Financing Available

Motivated seller says bring all offers \$556,000



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Sanddollar #A-101 2 Beds / 2 Baths

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Light and bright 3 bedroom 2 hath near heach home features tranquil lake views and lush tropical landscaping on an over-sized corner lot. Great room sliders open to a large deck making this the perfect home for entertaining.

9 585 Lake Murex Circle

3 Beds / 2 Baths Offered fully furnished at \$725,000



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Immaculate and recently undated 2 bedroom 2 bath direct Gulf front unit ideal for family vacations or as an investment property. Condo features glass tile back splash, granite counter tops, stainless steel appliances and new furnishings. Offered at \$850,000.

302 Sandpiper Beach

2 Beds / 2 Baths

Offered at \$850,000

WOODRING COMMERCIAL PROPERTY

The Bait Box, one of the last commercial acreages with Periwinkle frontage in the General Commercial district is now available for purchase. Wonderful development opportunity! Business and structures offered.

1037, 1039, 1041 PERIWINKLE WAY

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Offered at \$2,500,000







NEW LISTING



Beautiful kitchen features a tray ceiling, island and breakfast bar. Master bedroom sliders open to lanai.

Pointe Santo • 2445 West Gulf Drive #E-23

Offered at \$995,000

2 Beds / 2 Baths **NEW LISTING**

ROOFTOP SUNDECK DIRECT GULF VIEWS

Outstanding Gulf, lagoon and lush landscaping views from this 4th floor updated penthouse unit with rooftop sundeck. Property allows weekly rentals and features children's' programs 5 days a week. Great family investment

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2 Beds / 2 Baths

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2 Beds / 2 Baths

WRAP-AROUND LANI WITH EXPANSIVE GULF VIEWS!

Tastefully decorated 2 bed 2 bath unit offers expansive Gulf views from it's generous wrap around screened lanai. Bright and tropical beach themed interior lets you know that your island vacation has

Offered at \$895,000



GULF AND LAGOON VIEWS - A SANIBEL ESCAPE

Come enjoy the Sanibel lifestyle in this ground floor condo - walk to 600 feet of white powder sand. Many upgrades - new kitchen, water filtration system, bathroom. Weekly rentals allowed

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From left, John Grey, Derrick Grey, Nate Grey and John Raho, receiving member for the Sanibel-Captiva Rotary Club photo provided

Local Business Supports Rotary Club Arts Fair

ohn Grey Painting and Construction Services is a bronze sponsor of The Sanibel-Captiva Rotary's 35th annual Arts & Crafts Fair that will be held February 17 and 18 at The Community House. The juried art show features more than 120 artists

in a variety of mediums. The arts and crafts fair is the primary fundraiser for The Sanibel-Captiva Rotary and the proceeds are used to support college scholarships and many worthy local, regional and international projects. Each year, T=the Sanibel-Captiva Rotary grants about \$100,000 to both local and international charities.

We are so appreciative of our sponsors," said John Raho, as he accepted the John Grey Painting donation. "John Grey Painting is a



THE ISLAND WATER ASSOCIATION, INC

It is election time at IWA again, and next year two seats on our Board of Directors will be up for election. The seats are currently held by Bruce J. Neill PhD, and Ralph Sloan. Dr. Neill is running for his 2nd two year term, and Dr. Sloan is leaving the Board after completing his 5th year on the Board.

IWA is governed by a five member Board of Directors who serve without pay. Directors must be residents of Sanibel or Captiva, so that they can attend all Board meetings, and must be IWA Members or an official representative of a condominium or other IWA Corporate Member. Directors must have no conflict of interest, including but not limited to, active involvement in an enterprise which could potentially do business with IWA or which could benefit from involvement with IWA.

Meetings are normally held on the fourth Tuesday of every month. Directors are elected by the Membership at IWA's Annual Meeting to be held in April. Anyone who would like to run for one of the open seats should contact our Board Recording Secretary, Beau Stanley, at (239) 395-4814 or by e-mail at beau@islandwater.com by no later than January 5, 2018. Background checks are required on all Board candidates.

locally owned business that continues to give back to our island community. For six years, John Grey Painting has helped our Sanibel-Captiva Rotary Club provide support to individuals and organizations that help make our local and international communities stronger and healthier. They are committed to helping those in need and we appreciate them.'

"John Grey Painting is a familyowned business that has been serving Southwest Florida for 50 years with integrity and value," said John Grey, founder and president of John Grey

Painting. "We strongly believe in the importance of supporting programs and non-profit organizations in our community through philanthropic efforts. As past president and current member of the Rotary, I have firsthand knowledge of the impact of our college scholarships and the support of many worthy local, regional and international

For more information about the Sanibel-Captiva Rotary Arts & Crafts Fair, visit www.sanibelartfair.com or call 312-3181.

Members Gather For Final Luncheon Of The Year



Chamber members at The Sanctuary Golf & Tennis Club

photo provided

anibel & Captiva Islands Chamber of Commerce members gathered for the last luncheon of 2017 at The Sanctuary Golf & Tennis Club on December 12. The group had a three-course meal prepared by The Sanctuary's award-winning culinary team and BIG ARTS provided entertainment.

Bobby Logue, director of the BIG ARTS Herb Strauss Theater, captivated the audience with his Bobby's Step Kids dance group and Kristen Weis played a violin solo. Weis is providing sound effects in A Christmas Carol, now playing at the theater. The classic tale

has been made enjoyable for all ages with a shorter running time.

"It pays homage to all the wonderful Dickens language, as well as the original play and lessons it teaches, but definitely more light hearted than the original," said Logue.

RS Walsh Landscaping sponsored the December luncheon. The next business luncheon will be held on Tuesday, January 9 at the Sanibel Recreation Center, with Sanibel Mayor Kevin Ruane slated as the guest speaker. Registration is required and can be done online at www.sanibelcaptiva.org or by calling 472-1966.\$



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Local Eatery Now Offers Breakfast



Joey's Custard Manager Luke Czaster and co-owner Debi Almeida preparing breakfast photo provided

oey's Custard is now serving breakfast beginning at 8 a.m. The family-owned business will offer selections for grab-and-go or to enjoy

with free Wi-Fi at the eatery located in Bailey's Shopping Center.

"We noticed people are craving a quick and tasty breakfast option on the island," said Joey Almeida, owner of Joey's Custard. "We are excited to offer breakfast, served all day."

Almeida jumped at the opportunity to plan a varied menu, highlighted by fresh-baked bagels by the local Bagel Factory. Customers can choose from a toasted plain, blueberry, sesame or the everything bagel with cream cheese or butter. Turn the bagel into a sandwich with egg, cheese, ham or bacon.

A bagel sandwich of the day will be listed on the breakfast board, along with frozen yogurt parfaits and other baked-good combos.

"A delicious quick morning treat could be an espresso paired with a biscotti," added Almeida.

Coffee lovers will perk up with a Cup-of-Joey, the house custom roast featuring a blend of Nicaraguan, Honduran and Guatemalan beans.

'The flavor creation is high tones of vanilla with a creamy chocolate undertone," said Almeida. "Those with a real sweet tooth should order The Sanybel, our signature cinnamon bun-flavored coffee, a match to our new cinnamon bun ice cream bowls.

Joey's Custard is located in Bailey's Shopping Center, 2467 Periwinkle Way, and is open from 8 a.m. to 9 p.m. Monday to Thursday, 8 a.m. to 10 p.m. Friday and Saturday and noon to 9 p.m. on Sunday.\$\psi\$



Sanibel and Captiva Islands Chamber of Commerce members and Saint Michael's church staff cut the ribbon on a new space that was once a small yard

Chamber Hosts Ribbon Cutting Ceremony

he Sanibel & Captiva Islands Chamber of Commerce and Saint Michael & All Angels Episcopal Church held a ceremonious cutting of the ribbon on December 13 for the addition of six rooms made possible by a generous

'It was an old yard turned into useable space," said The Rev. Dr. Ellen Sloan. "The project included renovated restrooms and a small remodel to one of the rooms in our cottage for visiting clergy."

The 1,200 square feet of wellintegrated space serves as a Sunday School room, meeting room, Sacristy, and flower room in which arrangements for the altar are created by congregation members. One of the cottage bedrooms was turned into a foyer for outside access. Next Level Construction headed up the eight-month project.

"We couldn't be more pleased with the project and have been enjoying it since completion about two months ago," said Sloan. "We are grateful to everyone involved in making this happen.

'Saint Michael's has always been a welcoming place and a real asset in our community," said Chamber President John Lai. "We had a delightful tour of the new space and it has been beautifully done."茻

Happy New Year!



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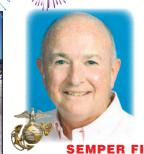
\$519,000

Commercial on Tamiami Trail





Two parcels, A & B zoned Commercial General. Parcel A is approx. 4.5 acres and Parcel B is approx. 2.0 acres. (A) \$999,500 (B) \$400,000



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Have a Safe and Happy Holiday!

ariah Bakke of RS Walsh Landscaping earned her Registered Landscape Architect

A native Iowan, Bakke joined RS Walsh Landscaping in 2015 after graduating from Iowa State University with a bachelor's of landscape architecture degree. During her studies, she worked alongside research professors at Iowa State University Extension and Outreach gaining experience in community planning, walkability assessments, floodplain management, graphic design and illustration. While a student, she also spent time working in Rome, Italy and Lima, Peru, where she gained a greater appreciation for distinct site elements and construction details.

"Mariah has always been inspired by tropical landscapes, leading her to



Mariah Bakke

photo provided

south Florida," said Robert Walsh. "Her fresh, innovative approach to landscape design projects combined with her creative spirit are a tremendous asset to our design team."☆

ISLAND SUN BUSINESS NEWSMAKERS

Top Producers



McMurray and Nette Team



Andre Arensman



Cathy Rosario

he Royal Shell Real Estate Sanibel/Captiva office top producers for the month of November are: McMurray and Nette Team, top listing producers team; Andre Arensman, top listings producer individual; McMurray and Nette Team, top sales producers team; and Cathy Rosario, top sales producer

Agent Joins Realty Group

iz Podolsky, realtor and Sanibel-Captiva Island Specialist, has joined the Pfeifer Realty Group team. Originally from Monmouth County, New Jersey, Podolsky now resides on Sanibel. She was drawn to the island because of her passion for nature, wildlife and conservation.

Podolsky received her network and communications management degree from DeVry University in North Brunswick, New Jersey. She previously held a number of senior positions in information technology, including privacy, IT security/ cyber security, compliance, E-commerce and digital marketing. Podolsky has extensive contract negotiation experience, which is an important facet of her real estate career.



Liz Podolsky

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Speaker: Tom Koleski Financial Advisor 13+ Years in Financial Industry

Tom provides comprehensive financial planning to business owners, corporate executives and high net worth individuals. The financial planning process generally includes the following areas for analysis and recommendation: Retirement Income Planning, Retirement Cash Flow Projections, Asset Allocation, College Funding, Cash and Debt Management.

Tom earned a BA from The University of Dayton. Tom also holds both the Series 7 and Series 66 licenses.

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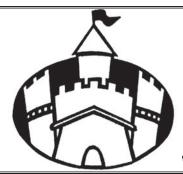
Denham Elected Vice Chair Of Policy Board

Tice Mayor Mick Denham has been elected and will serve as the 2018 vice chair of the Metropolitan Planning Organization (MPO).

The MPO is the policy board of an organization created and designated to carry out the metropolitan transportation planning process. MPOs are required to represent localities in all urbanized areas (UZAs) with populations over 50,000, as determined by the U.S. Census. MPOs are designated by agreement between the governor and local governments that together represent at least 75 percent of the affected population (including the largest incorporated city, based on population) or in accordance with

procedures established by applicable state or local law. When submitting a transportation improvement program to the state for inclusion in the statewide program, MPOs self-certify that they have met all federal requirements.

Each MPO must prepare a Metropolitan Transportation Plan (MTP), in accordance with 49 USC 5303(i), to accomplish the objectives outlined by the MPO, the state and the public transportation providers with respect to the development of the metropolitan area's transportation network. This plan must identify how the metropolitan area will manage and operate a multi-modal transportation system (including transit, highway, bicycle, pedestrian and accessible transportation) to meet the region's economic, transportation, development and sustainability goals - among others for a 20+-year planning horizon, while remaining fiscally constrained.



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Asking price is \$1,945,000

COTTAGE COLONY WEST - 2 UNITS!!





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UNIT #108 UNIT #132 Asking price is \$654,000 Asking price is \$654,000 furnished furnished

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> Asking price is \$1,149,000 furnished

PRIVATE DUNES LOCATION W/ GORGEOUS LAKE VIEWS!



This is the home you have waited for! Wonderful great room design with vaulted ceilings, large florida room plus a spacious 3 bedrooms and 2 baths plus den. The screen enclosed pool and spa is elevated to the living level overlooking the 10th green with expansive water views! Enclosed 3 car garage with separate air conditioned garage. Great family home!

Asking price is \$799,900

ADORABLE DUPLEX CLOSE TO GULF



So close to the Gulf you can hear the waves! Adorable duplex 3 lots away from the Gulf of Mexico. Great Rental income. Tradewinds offers one of the most beautiful stretch of the beach on the Island with private beach access seconds away.

> Owner financing available Asking price is \$650,000

GORGEOUS COASTAL BEACH HOME



Spacious home with 3BD/2.5BA, screen enclosed heated pool, volume ceilings throughout, chefs kitchen, incredible bonus space with extra storage, 3 car garage and boat dockage. This home is located in the prestigious Kinzie Island, a private, gated community with private beach access on the East End of Sanibel.

Asking price is \$1,295,000

to you and your family!



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Tarpon Bay Celebrates 15 Years



Maintenance Manager Charlie Freese and Program and Education Manager Adam Sauerland singing the traditional tune *Mele Kalikimaka* photos provided

The holiday season is a special time of year. It is a time to be grateful, cheerful and to celebrate. Tarpon Bay Explorers is especially grateful and cheerful as they celebrated 15 years of business and partnership as the concessionaire to the JN "Ding" Darling National Wildlife Refuge at their Christmas party. Festive food was served, drinks imbibed, songs sung and good times were had to commemorate the occasion.

Tarpon Bay Explorers was established in 2002 with a small fleet of kayaks, canoes, bicycles and pontoons. The company operated out of a single story building that was previously part of a marina before Tarpon Bay's incorporation into the refuge system. The company now operates out of a newer building constructed in 2008 by U.S. Fish & Wildlife Service and offers a variety of low-impact educational and



The whole Tarpon Bay Explorers family

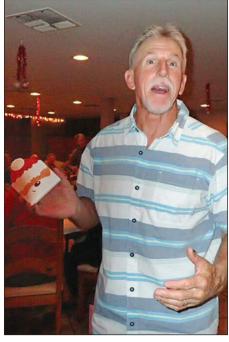
recreational activities.

"We've come a long way," said part-owner and General Manager Wendy Schnapp. "It's hard to believe that 15 years have gone by, but we've loved every minute of it. Tarpon Bay is truly a special place with a lot of history and amazing wildlife. Our partnership with the refuge is amazing and we hope to continue as the concessionaire for years to come."

Visit the Tarpon Bay Explorers family at 900 Tarpon Bay Road, open seven days a week from 8 a.m. to 5 p.m. For more information on tour and rentals to explore the refuge, call 472-8900, visit www.tarponbayexplorers.com or www.facebook.com/



Naturalist Donna Yetsko carefully decides which Secret Santa gift to choose



Naturalilst Steve Yetsko wonders what might be in his Secret Santa box

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CORPORATE

Cotillion Members Hold Holiday Dance



From left, Aaron Cohen, Patsy Whitaker, Tom Addison, Judy Addison, Dorothy Donaldson and Hubie Whitaker photo provided

n December 7, the Island Cotillion conducted its holiday dinner dance at The Sanctuary Golf Club with 96 members and guests in attendance. The cotillion conducts three dinner dances annually; two are formal and one is business attire. Membership is made up of those living on Sanibel and Captiva. For those interested in joining, contact Julie Boyd at 395-0464.



From left, Jan-Erik Hustrulid, Kevin Shimp, Kathryn Kelly, Bryan Filson and Armando LLechu photo provided

New Officers And **Board Members**

he Heights Foundation and The Heights Center, nonprofit organizations that work to build strong, self-sufficient families in the Harlem Heights neighborhood, recently announced new officers and welcomed four new members to its board of directors.

Jan-Erik Hustrulid, business development coordinator at Owen-Ames-Kimball Company, was reelected chair of the board. Kenny Brewer, manager, Non-Merchandise Procurement at Chico's FAS, Inc., was elected vice chair, and Susan Ryan, chief financial officer at Canterbury School, was re-elected secretary/ treasurer.

Four new members have been selected to serve on the board of directors. The new members are Jim Dwyer, vice president, strategic development, Interop Technologies; Bryan Filson, financial planner, CRPS with Mutual of Omaha; Armando Llechu, chief administrative officer for Golisano Children's Hospital of

continued on page 25B



Optimist Club Raffle Winner



From left, Optimists Frances Steger and Randy Carson, winners Rosemary and Gerry Rhomberg, Optimists Stan Howard, Marit Hansen Mouchou and Alan Dunham

photos provided

he Sanibel-Captiva Optimist Club held a drawing for 24 local restaurant gift certificates. The annual Island Temptations raffle supports the Optimist's many child-related charitable efforts including Sanibel Recreation Center

programs and six college scholarships.

This year, the drawing was held on the porch of the Sanibel Grill.

The Optimist's Island Temptations drawing is made possible by donations worth about \$1,200 from the following



Optimist Club members Alan Dunham and Randy Carson with Sanibel Grill hostess Stephanie Turnbeaugh, who drew the winning ticket

fine island restaurants and groups: Pinocchio's Italian Ice Cream, Timbers Restaurant and Fish Market/Sanibel Grill, George & Wendy's Seafood Grill, Sanibel Café, American Legion Post 123, Traditions on the Beach, Stilwell Enterprises, Doc Ford's Rum Bar & Grille, Over Easy Café, Sanibel Fresh, The Clam

Shack, Totally Baked on Sanibel, Rosie's Café and Grill, Cip's Place Restaurant, The Pecking Order, Subway Restaurant, Sweet Melissa's Café, Island Pizza, Joey's Custard, Blue Giraffe Island Dining, The Sand Bar, Sanibel Deli and Coffee Factory, The Dunes Golf & Tennis Club and Lazy

Superior Interiors

Storage Systems Promote Healthier Living

by Barb Cacchione

s you are gearing up to spend more time inside your home, this might be a good time to think about organization. It also might be a time to follow up on one of your New Year's

resolutions. "Getting organized" is said to be the second most possible vow made when the year turns to a new one. So, you can either complete the resolution you made or get a head start on next year's.

As a little more incentive, here's a list of some of the benefits you will gain from tackling that chore:

You will be able to relax more. I've read that we often waste two hours in a single day looking for something. Organization can help you find things faster.

You'll feel better about your home You'll be healthier by reducing stress. You'll be a better role model for

You'll save money because many purchases actually never get used because they can't be found once they're brought home. You will buy items that you have place for.

Start with your bedroom. Shouldn't you have a closet that makes you feel better at the start and end of every day? Then look at your entry way – the one you use most often. How does that make you feel every time you use it? Then move on to your pantry, laundry,

each bedroom, the garage, etc. View them each as an opportunity to make you feel better. A time to purge.

There are sources for help. Today, there are closet, shelving and storage systems that will fit anywhere in the home or office. And they don't have to be ordinary. There are inspirational designs for every room or space. The combinations are limitless, and there are extensive, stylish design options ranging from traditional to contemporary.

We use systems that provide us the ability to adapt to every need. The endless configuration options achieve multiple uses such as room dividers, a display system, shelving, storage or a fabulous walk-in closet. Whatever the space, we can create a personalized

furniture system just for you.

Tight on space? Systems like these can help you transform any space into one that is not only functional, but looks great too. Whether it be a space to entertain the family, putting space under a staircase to good use, or a place for display, there is a system that will work.

While there are websites that can help you and there are some systems that can be designed and installed by the more accomplished do-it-yourselfers, you might find it advantageous to use a professional.

Before that decision, however, you'll need to give some thought to such factors as: Are there seasonal changes in the contents to be stored? Are there bulky items? For closets, do you want shoes on the floor or on shelves? Are you aiming to store smaller items like jewelry?

Then there are the measurements: Measure how much space your clothes take up now. Measure both the front and back dimensions of a closet. Be sure to account for the baseboard and any inside trim. Like the proverb says: Measure twice, cut once.

If you do work with a professional, be sure to have a clear understanding of such things as who will move the contents out of the space being re-done? Who will remove any current molding, baseboard, etc. and repair the damage? In other words, who will get it ready for the installation?

It may seem daunting, but remember those benefits. And you won't have to make getting organized one of your resolutions for the New Year.

Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@

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Local Business Gives Back



The Lily & Co. Jewelers team with donations from its Thanksgiving show featuring designer Charles Krypell

ily & Co. Jewelers collected gifts for Toys for Tots at its Thanksgiving show featuring designer Charles Krypell, who donated a hand-crafted pendant as the Traffle prize. Guests who brought a Toys for Tots donation were entered into a drawing for the prize valued at \$1,000.

'There are many wonderful organizations on our island that truly make it a beautiful place to live, work and visit," said Lily & Co. co-owners Dan Schuyler. We are delighted that our customers and friends worked with us to collect so many wonderful presents for area children."

The U.S. Marine Corps Reserve's Toys for Tots is a nationwide program conducted in individual communities where a unit is located. New, unwrapped toys are collected from October to December each year and distributed to less fortunate children. The program delivers a message of hope through a new toy at Christmas.

To learn more, visit www.toysfortots.org. A

CARD OF THANKS

etter to the editor of Island Sun newspaper, Lorin Arundel, publisher:

Dear Lorin,

I want to thank you and your newspaper for your support of the recent Sanibel Shoes for Homeless Veterans drive. Four weeks ago, the community learned of the number of homeless veterans in two VA hospitals. The estimate was that these 150 homeless veterans needed shoes and socks. In four weeks' time, the communities in Sanibel, Captiva, Fort Myers and Cape Coral worked towards this goal of 150 pairs of shoes. We didn't set up a foundation, no tax ID; just individual generosity.

The four-week campaign received over 275 pairs of dress shoes, sneakers and work boots. In addition to the shoes, we also collected over 400

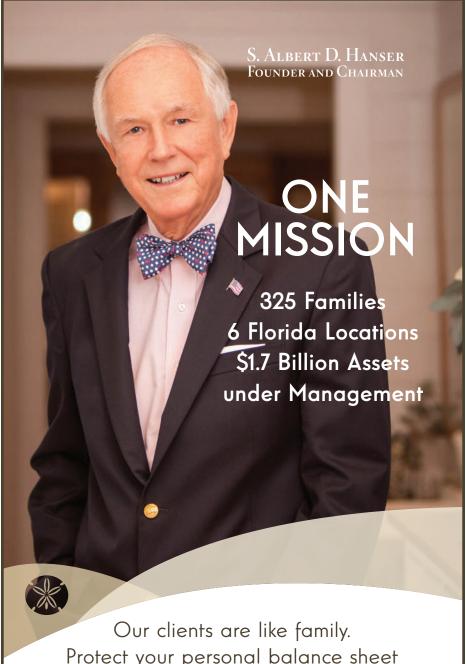
pairs of socks. The generosity at the following pickup points gave people choices as to where to take their donations:

Bailey's General Store; The Dunes Golf & Tennis Club; St. Isabel Catholic Church, Men's Society, Sanibel; American Legion Post 123 of Sanibel; Southwest Florida Military Museum, Cape Coral; St. Coloumbkille Catholic Church, Fort Myers.

I'm so proud that at this Christmas season, the people of Southwest Florida found time to care for those veterans who served us. We in some small way are giving them a chance to join us in a productive and blessed life.

With gratitude and pride, we say thank you.

Sanibel Shoes for Homeless Veterans – Dan Perkins☆



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From page 1B

Year In Review

council and citizens of Sanibel.

"I can't thank all of you enough for keeping all of us safe," said Ruane. "I'm proud to be the mayor of a city with a police force as strong as ours."

The Community House Reopens After Renovations

After nine months and more than \$3 million in equipment, construction and landscaping costs, The Community House in finally open and ready to welcome island residents and visitors following a massive reconstruction, restoration, renovation and expansion project.

On February 1, Sanibel Community Association Executive Director Teresa Riska-Hall offered the *Island Sun* a personal tour of the recently completed work done at the nearly 90-year-old structure.

"It's really amazing to have helped pick out the colors, the swatches and the tiles," said Riska-Hall, who along with her fellow Sanibel Community Association staffers were busy unpacking boxes in their new offices. "But to see everything finally done was our hallelujah moment."

According to Riska-Hall, renovations at The Community House included restoration of the historic North Room. which is now called the Founders Room; adding a fresh, attractive exterior design befitting "Old Florida," including a new roof and porch style entryway/drop-off area; redesigning the building's interior space for a more open, flexible floor plan; redesigning the existing kitchen and restrooms to be larger, with modern fixtures and equipment; adding a new conference room for smaller meetings, called the Islanders Meeting Room; redesigning office space and storage areas for more flexibility; updating audio, video, Internet, electrical, plumbing and HVAC systems to efficient and effective modern standards; and revamping the parking lot to add space and fit with new landscaping.

Architect Amy Nowacki completed the renovation designs, Benchmark Construction was the general contractor and Soon Come Landscaping – under the direction of Mary Ann Ravena – completed the landscape design.

100th Anniversary Of Theodore Roosevelt Visit

To commemorate and celebrate the 100th anniversary of his first visit to Captiva Island, the 26th President of the United States, Theodore "Teddy" Roosevelt, stopped by the JN "Ding" Darling National Wildlife Refuge on March 27 to share a few stories and encourage people young and old to enjoy the great outdoors.

During his annual visit to the refuge, the robust American statesman, soldier, hunter and explorer – portrayed by Roosevelt doppelganger Joe Wiegand – shared tales of his many travels and heroic exploits, his political ascension and his policies which helped preserve national parks and landmarks.

"There are so many wonderful



Perched atop a chair in the Visitor & Education Center auditorium, President Theodore Roosevelt (Joe Wiegand) described how he earned the nickname "Bull Moose" at the JN "Ding" Darling National Wildlife Refuge on March 27

photos by Jeff Lysiak

outdoor spaces, and we need to preserve and protect them for our children and our children's children," Roosevelt told the audience. "There's a great deal of satisfaction that comes from challenging yourself when exploring the great outdoors... it's a wonderful teacher."

In 1898, Roosevelt made his initial visit to Florida following the outbreak of the Spanish-American War. "The mosquitoes back then were thicker, but the population here was thinner," he said.

Many years after his presidency, Roosevelt was invited to return to Florida to hunt manta rays off the coast of Captiva, which he visited in 1917. "I came here in the spirit of a naturalist – it was a thrilling time to be an adventurer," he added. "Hunting is conservation... if done properly."

Wiegand, a historian, writer and lecturer on the life and times of Roosevelt, has portrayed the 26th president to audiences across the country, including a performance at The White House for President George Bush in 2008.

Library Preps For Renovation

One of the highest rated attractions on Sanibel for residents and visitors alike, the Sanibel Public Library began a massive \$5.9 million, year-long renovation project.

In order to accommodate the ever-changing needs of library users, and improving the infrastructure of the 30,000-square-foot facility, a number of improvements and enhancements will be made.

According to Margaret Mohundro, executive director for the Sanibel Public Library, the idea of renovating the building has been discussed for a number of years. "We've been thinking and talking about it since 2015," she said. "The building is over 20 years old, and it's time to make some improvements that will help us keep up with the times."

Starting in mid-May, library workers



Margaret Mohundro, executive director for the Sanibel Public Library, reviewing enhancements to be made to the existing facility with library board treasurer Dan Moeder

will begin the process of preparing the facility for the renovation. While the library will remain open throughout the estimated 12- to 13-month rehabilitation, they will need to close certain portions of the building temporarily. In addition to moving a significant number of books and materials to off-island storage, some furnishings and office equipment will be relocated as well.

"About 70 percent of the upgrades and changes are related to infrastructure, so people might not 'see' some of the enhancements, but they're definitely going to 'feel' them," said Mohundro.

"The sections of the library are going to be color coded, and with the curves and waves incorporated into the carpeting, the flow is going to improve as well. It's going to have a true Sanibel 'feel' to it."

The project is being funded with library reserves, grants and private donations.

Shark Fisherman Meets Vice President

Local angler Elliot Sudal has undoubtedly told a few "whoppers" throughout his years as a land-based shark fisherman, but his recent experience of reeling in a smalltooth sawfish has got to top them all. After all, it isn't often that you spend

After all, it isn't often that you spend more than 11 hours landing a giant endangered marine species... and meet the Vice President of the United States of America on the same day.

During Vice President Mike Pence's visit to Sanibel in mid-April with his wife and family, Sudal was battling a 13-foot, 500-pound sawfish.

"It was the wildest fishing day of my life," said Sudal. "I've fought lot of sharks for several hours, but they were nothing like this."

Around hour five of the man vs. fish battle, Sudal noticed a pair of boats patrolling the Sanibel shoreline. At almost the same time, a group of six Secret Service agents arrived on the beach, speaking with people who had gathered to watch Sudal attempting to pull in the massive fish. Before long, Pence, his wife Karen, a few family members and his Secret Service entourage strolled up the shoreline.

"Everybody was really friendly. Mr. Pence was shaking hands and taking

pictures with people," said Sudal. "Then he came up to me and asked 'What's going on here?' I told him about my experiences as a shark fisherman. Then he told me, 'I'm glad you're on our team."

At one point, Pence asked Sudal if he wanted the Secret Service boats patrolling the waters offshore to see if they could identify what kind of fish he had on the line. "I was worried that it might only be a stingray at that point, which would have been embarrassing," Sudal added with a laugh.

Coyote Encounter Captured On Camera

You never know what kind of wildlife you're going to encounter when visiting the JN "Ding" Darling National Wildlife Refuge. It could be a rare bird, an alligator or even a couple of river otters.

During a recent trip to Sanibel, amateur nature photographer Robert Steagall hoped he would see something worthwhile as he drove along Wildlife Drive. After arriving at the refuge shortly after it opened at 7 a.m. on May 27, the Fort Myers resident slowly meandered through the four-mile loop, his camera at the ready.

"I spent a good amount of time driving through the refuge, but it was kinda quiet that morning," said Steagall, who recalled exiting from Wulfert Road and turning left onto Sanibel-Captiva Road. "But about a mile before I got back to the main entrance, I noticed something unusual near the side of the road, so I pulled my car over."

Prior to 2011, there had never been a confirmed coyote sighting on Sanibel. But a recent study conducted by an expert research team from the University of Georgia estimates that there are between 27 and 67 coyotes currently roaming the island.

By 2014, the Sanibel-Captiva Conservation Foundation (SCCF) had reported that coyotes contributed to a significant portion of sea turtle nest depredation. That same year, 33 percent of nests were depredated by mammalian predators.

All coyote sightings should be reported to the Sanibel Police Department at 472-3111.



Larry Strange, owner of Sanibel Seashell Industries, holding the world's largest junonia, which is currently on display at the photo by Jeff Lysiak family-run business

Largest Junonia Now On Sanibel

One of the iconic shells that Sanibel has become known for, the junonia, always seems to draw the attention of residents and tourists alike due to its renowned beauty and scarcity.

And now, the world's largest recorded junonia - a specimen measuring nearly six inches in length - calls the island home.

"Everybody who comes to Sanibel would love to find a junonia, or even see one," said Larry Strange, owner of Sanibel Seashell Industries, who recently acquired the record-setting shell

According to the Registry of World Record Size Shells, the largest junonia ever recorded – a *Scaphella junonia* measured at 154.0 mm – was collected in the Gulf of Mexico by The Hansbys in 1972. That shell became part of a collection owned by a mollusk enthusiast in Jacksonville, Florida.

Strange, a marine biologist and retired educator, was contacted by the son of the junonia's owner, who asked if he would be interested in purchasing his father's massive shell collection.

In the weeks since the giant junonia has been on display at the family-run business, Strange noted that people are coming in to the store just to see the record-setting shell. "People are walking in and ask just to see it, or take a photo with it," he said, noting that the shell is encased underneath a glass dome inside the main display case of the store, located at 1544 Periwinkle Way.

First Pioneer Family Plaque Unveiled

Along a section of the City of Sanibel's shared use path, the first plaque to be installed as part of the Sanibel Heritage Trail was unveiled on August 14, with members of the Gavin and Walker families taking part in a 15-minute dedication ceremony on Sanibel-Captiva Road.

One of the highlights of the Gavin and Walker family reunion and centennial celebration, which took place from August 10 to 13, the unveiling and



Fort Myers amateur photographer Robert Steagall captured several images of a young coyote walking along the shared use path on Sanibel Captiva Road on May 27

photo by Robert Steagall

dedication of the Pioneer Families plaque drew a crowd of more than 40 family members, along with representatives of the Sanibel City Council, Historical Preservation Committee and other local dignitaries.

"I came out here this morning to check out the site, and this special feeling came over me," said Eugene Gavin, who spoke on behalf of his family. "I'm so proud of this island, so proud of the residents, and so proud of the people who serve this city who have taken the time to honor our family."

Oscar Gavin also thanked members of his family, who traveled from as far away as Arizona and Michigan to attend the dedication ceremony. "My parents raised some good kids here," he said. "To see so many of our family members gathered here today is something that all of us can be proud of.'

When completed, the Sanibel Heritage Trail will feature 23 outdoor reader panels along the city's shared use paths, a free map/guide, website and cell phone app. The panels will include text and historic photographs "addressing many aspects of Sanibel's unique heritage, including its pioneer settlers, agriculture, architecture, causeway, commerce, community, conservation, education and environment.'

City Recovers Following Hurricane Irma

By the time Hurricane Irma arrived on the island during the morning of September 10, the City of Sanibel had already been watching the storm's progress for more than a week. As a result, the city was as prepared as it could've been for the Category 2

Four days before the storm struck, the city council had called for an emergency meeting at MacKenzie Hall, which drew a near-capacity crowd of local residents and business owners. The 20-minute session began with a prayer offered by Councilman Jason Maughan, who hoped Irma would spare the city the same damage brought by Hurricane Charley back in 2004.

'We're all in the same boat, facing a desperate situation," said Maughan. "God bless us all."

During the meeting, the council unanimously agreed to declare a State of Emergency, and suggested that people make the necessary preparations in case the storm veered in the direction of

"If you don't need to be here, if there is somewhere else you can be, it would be a good idea to leave," said Mayor Kevin Ruane, who issued the evacuation order for the island on September 7.

By the time Irma made landfall on Marco Island, Sanibel's city government had set up operations at the Crowne Plaza Hotel at the Bell Tower Shops in Fort Myers. Chief of Police William Dalton issued a curfew between the hours of 8 p.m. and 7 a.m. for all islanders who opted to remain on Sanibel. That curfew was rescinded within three days of the storm.

Statistically, the city reported that during Hurricane Irma:

The top wind speeds on Sanibel reached 57 miles per hour;

Total rainfall was measured at 5.11 inches;

Vegetation debris was removed from city streets within two days;

U.S. Postal Service delivery resumed within three days;

By September 18, 95 percent of electrical service on the island had been restored;

There were no recorded 911 emergency calls throughout the storm.

Ruane reported that due to the size of Irma, the state's resources had been 'stretched thin." He added that with some 360 Florida cities affected by the storm, early estimates project the total cost of recovery is between \$300 billion and \$400 billion.

"The property damage we've seen here isn't nearly as bad as it could've been," said Ruane. "I think we dodged a

SCCF Celebrates 50th Anniversary

In recognition of its golden anniversary, the staff, volunteers and supporters of the Sanibel-Captiva Conservation Foundation (SCCF) staged a 50th anniversary picnic on



SCCF Sea Turtle Program coordinator Kelly Sloan holding three green sea turtle hatchlings born on the shores of Sanibel in August. It was a record-setting season for sea turtles on the islands in 2017, with a total of 871 nests and 43,224 emerged hatchlings recorded on Sanibel and Captiva.

photo by Jeff Lysiak

the grounds of the Bailey Homestead Preserve on October 31, honoring the efforts of islanders focused on preserving the environment during the past half-century.

During the two-hour event, which included shared memories from several former, and the current, president of SCCF's Board of Trustees, guests dined on grilled hot dogs and dozens of side dishes and desserts.

"I can't be more pleased to be with you today to celebrate our 50th anniversary," said SCCF Executive Director Erick Lindblad. "We stand on the shoulders of some pretty awesome people who have been dedicated to our mission."

Like-minded conservationists gathered as a committee, incorporating themselves as a foundation which became SCCF on October 31, 1967. The group's initial plans called for following Jay Norwood "Ding" Darling's long-range vision for the islands, advocating for long-term preservation, working for orderly development, providing education, mapping habitat, protecting wildlife, buying land, establishing a marine research facility, and enhancing and restoring local natural resources.

And, for the past 50 years, SCCF has followed that original vision.

'Sanibel and Captiva islands still hold people who appreciate the effort of conservation, and for that we are all fortunate," said Lindblad, who praised the city's founders, who incorporated in 1974 and immediately called for a moratorium on development. Thanks to their efforts and putting together a well structured Sanibel Plan that "has stood the test of time," approximately 67 percent of the island has been preserved. He later thanked two major partners in SCCF's vision for the islands -the City of Sanibel and the JN "Ding" Darling National Wildlife Refuge – for having identical priorities in preserving

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- 3 BR/2BA home located in gated community Heron's Landing
- · Featuring private elevator, enclosed & open lanai for unobstructed bayous views
- \$1,295,000 EURO €1,091,307

2. Sundial West Gulf View Unit

- 2 BR/2 BA remodeled condo
- · Gulf views from screened lanai, excellent rental
- \$465,000 EUR € 391,859

3. South Seas Beach Home - Captiva

- 4BR/3BA perfect for daily sunsets
- · Fully upgraded, private deck, steps from the Gulf
- **\$3,445,000** EUR €2,903,130

4. One of a kind Polynesian style Captiva retreat

- 3 BR/3 BA oasis with Travertine tile floor & custom carved cabinets on extra wide parcel
- Cathedral ceilings, clerestory windows throughout, enclosed pool
- \$2,175,000 EUR € 1,832,890

5 Newly Remodeled in Sanibel

- 3 BR/2 BA in the Dunes newly remodeled in 2017
- · New pool cage, new roof, and newly enclosed lower level.
- \$578,000 EUR € 487,085

6. Cottage Colony West - Sanibel

- 1 BR/1 BA direct Gulf front remodeled unit
- · Community tennis, swimming pool
- \$659,000 EUR €555,344













7. Colony Beach Estates

- 4BR/4BA Gulf front home w/ views from almost every room
- · Private pool & spa in gated East end community
- \$2,150,000 EUR €1,811,823

8 Pointe Santo Gulf Front Unit - Sanibel

- 2 BR/2 BA Direct Gulf Front Condo
- · Community pool, tennis, excellent rentals
- **\$1,250,000** EUR €1,053,500

9. Old Florida style home in the Dunes

- 3BR/2BA home with high ceilings, fireplace
- Screened in Ianai overlooking your private pool
- \$799,000 EUR € 673,397

10. White Pelican - Captiva

- 6BR/5BA home plus art studio situated on oversized Gulf front lot
- · Located in Captiva village, \$400k per year rental income with owner usage
- \$7,599,000 EUR €6,404,443

11. 3 BR/3.5 BA on West Gulf Drive - Sanibel

- · Steps to the Gulf, swimming pool, beach access
- Newer construction, large open kitchen
- \$1,297,700 EUR €1,093,702

12. Stunning Gulf Front Home - Captiva

- 4 BR/3.5 BA with expansive Gulf views
- Featuring 157 ft of beach frontage AND a boat dock on Roosevelt Channel
- \$3,999,000 EUR €3,370,360









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Kathy Haungs, Denice & John Beggs

Will Power

Assisted Suicide Machine Lets You Kill Yourself Anywhere



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

s an estate planning attorney, end of life decisions are part of the process of creating legal documents such as the living will. But the living will only goes so far, as it legally allows the process of dying to take place uninhibited by otherwise lifeprolonging procedures. The legal document does not call or allow for euthanasia. Many, however, assert that the right to die should go beyond refusing medical care and allow for assisted suicide.

Dr. Philip Nitschke considers himself the Elon Musk of assisted suicide and his latest death machine, the Sarco, is his Tesla. Nitschke performed his first assisted death in 1996 in Australia - when it was briefly legal - only to be outlawed for two decades

before recently becoming legal there again.

As a young medical school graduate, Nitschke found himself drawn to the world of euthanasia and the work of Dr. Jack Kevorkian, the most famous euthanasia proponent in the United States. Inspired by Kevorkian's death machine, Nitschke set out to create an updated version that he called "The Deliverance." The machine was rudimentary, comprising only of a laptop hooked into an IV system, but it worked. A computer program would confirm a patient's intent to die and then trigger a lethal injection of barbiturates. It successfully ended four lives before Australia repealed the euthanasia bill in

The repeal of the euthanasia bill didn't dissuade Nitschke. He has aided in hundreds of what he refers to as "rational suicides." He founded a nonprofit in 1997 by the name of Exit International and, in 2006, he published The Peaceful Pill Handbook, which instructs on the most painless and efficient ways to commit suicide.

Meanwhile, Nitschke continued to invent death devices. He created an "exit bag," a breathing mask that replaced oxygen with carbon monoxide. The bag was highly effective but unappealing, as it was akin to dying in a plastic bag. People didn't want to leave the world in such an aesthetically displeasing way.

His latest machine, the Sarco, is the answer to the problem. It is sleek and appears luxurious. It resembles a spaceship and is intended to convince its user that he or she is journeying to the great beyond. Its base contains canisters of liquid nitrogen and a removable capsule compartment that can be repurposed as a casket. The whole operation can be 3-D printed anywhere in the world.

Potential users fill out an online test of mental fitness and, if they pass, they receive an

access code that works for 24 hours. After the code is entered and additional information is provided, the Sarco capsule will replace the oxygen with the liquid nitrogen. The user passes out once the oxygen level falls to 5 percent or below, and a few minutes later,

The machine cannot be operated from the outside. The canisters are activated by a button from the inside. A user who has second thoughts can also hit an escape button, opening the machine and allowing oxygen to take over all the way up to the time that he or she passes out.

Nitschke indicates that the user feels a sensation similar to being drunk or high before passing out and that the death is relatively painless. There is no asphyxiation as the user breathes easily, comparing it to an airplane cabin depressurizing. Suicide clinics in Switzerland are expected to license the machine sometime in 2018.

Nitschke believes that the right to die is a human right and not a medical or legal privilege. He states that no one should be subject to rules about whether a person is sick enough to choose to die. Not everyone agrees. "I think it is bad medicine, ethics, and bad public policy," Dr. Daniel Sulmasy, a Georgetown University professor of biomedical ethics says. "It converts killing into a form of healing and doesn't acknowledge that we can now do more for symptoms through palliative care than ever before.

Sulmasy believes that assisted suicide violates the bedrock of all ethical thinking, which is that people have value simply by being human. He argues that assisted suicide sends a message to disabled and dying individuals that society urges them to choose death if they become too much of a burden. He also worries about the contagious effect that suicide can have on a population, pointing to various episodes in human history.

Sulmasky also points to the process called the double rule effect, which allows doctors to ethically help patients find the ultimate relief in their final days. The rule says that if a patient agrees to the risks, a physician is allowed to keep increasing the dosage of pain medication until the pain is completely under control, which may mean administering enough to render the patient unconscious or kill them.

The counter argument to this, Nitschke says, is that palliative care isn't for everybody, and that some can't direct more morphine be administered because of their end-of-life condition. He also says that even healthy individuals should have the option of ending life when they believe the time is right, so long as they are old enough to make that choice.

The ethical issues are numerous. I know many, myself included, who struggle with these issues after watching someone die a particularly painful end. As medical advances allow for longer life, we also have to think about how medical technology brings into question the end of life. I don't know what the answers are, but it appears that we now have more questions to consider.

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FSW Foundation Director Named

ictoria Stephan has been named the director of development for Florida SouthWestern State College (FSW) Foundation. In this role, she will work with major donors and establish additional endowed scholarships to benefit FSW

Stephan has 30 years of nonprofit leadership and development experience in Southwest Florida. Prior to joining FSW, she was the CEO of Junior Achievement of Southwest Florida. She has also served as CEO of Ronald McDonald House Charities of Southwest Florida. She earned her bachelor of arts degree from Agnes Scott College in Decatur, Georgia.

Stephan has served on boards of several professional organizations, including director and past president of The Rotary Club of Fort Myers; director of the Fort Myers Community Concert Association; alumna class president for Agnes Community College; and past president of the Junior League of Fort Myers. She has also served on the FSW Foundation Board.

Stephan has been recognized with several awards, including the Rotary District Governor's Gold Award for Presidential Leadership; Florida Weekly 2009 Power Woman Award; Junior Achievement USA Summit Awards for Excellence in Management; and Gulfshore Business 2012 Awards as one of the decade's "40 All-Stars."

The Florida SouthWestern State College Foundation currently has professionally managed endowments and other funds approaching \$45 million



Victoria Stephan

photo provided

that allow it to support the work of the college. The foundation provides nearly \$2 million annually in student scholarships and investments in programs, technology and facilities to benefit the nearly 22,000 students the college serves each year. To underwrite and expand the mission of the college, the FSW Foundation continues to attract contributions from individuals, organizations, businesses and private foundations. As a non-profit, 501(c)3 tax-exempt organization with 50 years of successful operating experience, the FSW Foundation offers the opportunity to establish endowed funds which ensure the impact of a donor's contribution lives on in perpetuity. For more information, visit www.fsw.edu/foundation, email: foundation@fsw.edu or call 489-9201.☆



Members of the Sanibel Bicycle Club at their annual holiday party

Bike Club Annual Meeting And Holiday Party

he Sanibel Bike Club held its customary combined annual meeting and holiday party on December 11 at The Community House.

During the evening's business portion, the club elected its new officers: President Tom Batcheller, Vice President Nancy Malson, Treasurer Ray Luebbers and Secretary Karen Howard. The club also welcomed Ann Russell to the board

of directors, where she joined Jay Jagodzinski, Don Malson, Diane Olsson and Bob Russell.

Luebbers reported that the club has collected "some" dues, paid "some" bills and has "some" money in the bank. His reports at the club's monthly business meetings tend to be somewhat more

Club members gave an enthusiastic and well-deserved round of applause to Mary Miller, who wrapped up her second stint as club president and is retiring from the board but hopefully not from her many appreciated efforts on behalf of the club. The holiday party is a potluck where



Club members dining at the potluck

members bring hors d'oeuvres and the club supplies dessert and coffee. As the evening concluded, all went away well fed, content and just in time for Monday night

The Sanibel Bicycle Club holds weekly rides, monthly potlucks in season, off-island rides and other special events. Club members are a friendly group and welcome new members of all riding

More information on the Sanibel Bicycle Club and its activities is available at www.sanibelbicycleclub.org or by sending an email to bikeclubsanibel@gmail.com.

Visit Our Showroom at 10831 Sunset Plaza Circle #107 Fort Myers FL 33908

Program On Biking And Walking Safety

very day on Sanibel and Captiva should be bicycle and pedestrian safety day. It is important for cyclists and pedestrians to know the rules that govern their safety and prevent accident and injury.

Dan Moser, a long-time bicycle/ pedestrian advocate and trainer for Cycling Savvy and the League of American Cyclists, will lead a discussion, presented by FISH of SanCap, about biking and running for transportation purposes and recreation on Thursday, January 11 from 2 to 4 p.m. at Billy's at Bailey's. Physical activity benefits and Wayfinder Challenges will be included in the conversations. Bike safety information specific to Sanibel and Captiva will be addressed by Clare Harris, store manager from Billy's Bikes and Segway Tours. Mary Freyre from the Alvin A. Dubin Alzheimer's Resource Center will speak as well. Snacks will be provided.

FISH of SanCap Program Director Kathy Y. Monroe, said, "This is a great way for residents to get a quick refresher course and get safety tips and ideas to implement techniques for safe cycling and walking."

FISH thanks its partners Billy and Sally Kirkland and the Alvin A. Dubin Alzheimer's Resource Center.

To RSVP, contact Kathy Y. Monroe



Island Seniors At Center 4 Life

eet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

New Year's Holiday Operation Schedule: The center will be closed Monday, January 1 in observance of the New Year's Day holiday. Normal operating hours resume Tuesday, January 2.

Page Turners with Louise Fitzgerald and Ann Hartman – If you are not on the Page Turners list and wish to be, email oceann@ comcast.net or contact the center. The next book discussion will be held on Wednesday, January 10 at 2:30 p.m. The featured book is A Walk in the Woods, Rediscovering America on the Appalachian Trail by Bill Bryson.

Love Your Heart Presentation with Health Professional and

Survivor Carole Fallon – Friday, January 12 at 1:30 p.m. Carole Fallon will hold an informational discussion on Tips to Keeping a Healthy Heart. There is no fee to attend, but you must register in advance to reserve your seat. Call 472-5743.

The Sanibel Historical Museum and Village – Friday, January 19. Cost is \$10 for members and \$15 for non-members.

Take a guided tour back in time through old Sanibel. The Sanibel Historical Museum and Village was founded in 1984 with a mission to preserve and share Sanibel history. The story of Sanibel is told from the Calusa and Spanish eras to the early pioneer families who settled on the island in the 1800s. It tells of warriors, adventures, fishermen, farmers and proprietors. Lunch will be on your own at Sanibel Deli and Coffee Factory. Advance registration is required. First come, first served. Sign up deadline is January 17.

Museum of Fine Arts and

Walking Mural Tour, Central Arts District of St. Petersburg – January 23. Cost is \$80 for members and \$95 for non-members.

The day begins with audio guided tours of the visiting exhibit, Rebel, Jedi, Princess, Queen: Star Wars and the Power of Costume, the only Florida venue of the nationally traveling show. Sixty-one handcrafted costumes and concept drawings by top professionals in the film industry are included in the show. They have been culled from the archives of the Lucas Museum of Narrative Art, founded by filmmaker George Lucas, who created and directed the first Star Wars film in 1977 and developed it into a mega-franchise. Many of the characters in the saga have become iconic, closely identified with their attire (visit www.mfastpete.org).

Lunch is on your own in the MFA Café, with indoor and outdoor dining overlooking the waterfront. The walking tour is an hour and a half and covers a four-block area with over 30 murals painted on the outside of various buildings. Hear the inside stories about the murals that were commissioned to benefit the local St. Pete community. Advance registration is required. Limited to 30 participants, first come, first served.

Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at noon; the game begins at 12:30 p.m.

begins at 12:30 p.m. **Mahjongg** – Monday and Thursday at 12:30 p.m.

New: Rummikub – Tuesday at 1 p.m.

Hand & Foot – Thursday at 12:00 p.m.

New: Canasta – Thursday at 12:30 p.m.

Hearts – Friday at 12:30 p.m. Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.☼

Student Open Enrollment

In preparation for the School District of Lee County's student assignment enrollment period, the district's website is live with up-to-date information on the enrollment process.

If your child is entering kindergarten, sixth or ninth grade, is new to the district, or is currently enrolled but wants to switch schools, then you will participate in open enrollment. The application period runs from January 22 through March 23, 2018.

This year, there are some changes to the student assignment process. Visit www.leeschools.net/studentopenenrollment for a list of changes and other current information regarding student assignment enrollment including frequently asked questions and a list of open houses.



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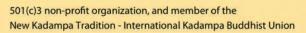
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HeartWalk Series:

Tober's Heart Story: Treatment Keeps Improving

submitted by Sandy Teaer

hen running a company, it's hard to slow



down. Sometimes your body needs to find a way to get your attention. In 1995, Guy Tober had some chest pains, so he took an aspirin and went to bed. When he still had pain in the morning, he decided to see his doctor who sent him directly to the hospital where he had an angioplasty. He was told to come back to the hospital in a few weeks in order to have a stent put in. Although that sounded like an excellent plan, it didn't work out. They were unable to insert the stent, so the day which had started with a relatively simple procedure suddenly became a much bigger deal. That same day, they performed a double bypass at his hospital in Bethlehem, Pennsylvania.

Tober started rehab and did it religiously for three months. He knew that he couldn't go back to his old habits, so after the rehab period, he continued his exercise by walking six mornings a week, something he continued for years. He also changed his diet, avoiding red meat and eating a heart healthy diet. In addition, he understood the importance of

having a yearly heart checkup.
Things went well until this August, when he noticed that he started getting more tired and had times when he was dizzy. When he experienced a pain in his chest, Tober decided to take action and asked his wife Tina to drive him to HealthPark. The doctors did a thorough work-up and discovered that although he did not have any blockages, his heart was not working hard enough. He stayed at the hospital for four days while they tried an interim solution. It involved fitting him with a vest which included multiple defibrillators and keeping records of his heart function. After six weeks, they determined that they needed to increase his medication and after another period of

stabilization, they were ready to implant a combination defibrillator/ pacemaker.

The IV had been started and he was all set to go into the OR for the procedure when his doctor arrived to tell him that they could not perform the procedure that day. This was after Hurricane Irma and although they had disinfected the operating room multiple times, after



Guy Tober

all the people who had come through HealthPark, the doctor determined that it wasn't sterile enough for the planned procedure. Rather than getting upset about the 11th hour change in plans,
Tober was actually grateful that they
decided to avoid the risk of infection. The second try took place subsequently at Gulf Coast Hospital and this time, all went as planned. The implanted device keeps records of his heart function which can be transmitted to the hospital and doctor. Through the excellent medical care Tober received, he is now back to walking and playing golf. He feels very fortunate to live in an age where treatments are more available than they were for his father, who died of a heart attack.

Tober is planning to join us on Sunday, January 28 for the Sanibel/Captiva Heart Walk. Festivities for the walk begin at 2 p.m. and the noncompetitive, family-friendly walk starts at 3 p.m. at The Community House, located at 2173 Periwinkle Way. Walkers enjoy a safe, closed loop and may do as many as laps as they wish to complete a 3.2-mile 5K or optional one-mile course. To join a team or donate, visit www.SanibelCaptivaHeartWalk.
org. Entertainment will include a photo booth and Thank You For The Dance Entertainment is providing face painting, a strolling magician and an event favorite, great music from Dan Confrey.

We once again thank the Sanibel Captiva Trust Company and Il Cielo, who are the walk's platinum sponsors. If you are interested in becoming one of our sponsors or for further information regarding the walk, please contact Lee Heart Walk Director Kelly Glewa at 340-2407 or Sandy Teger at 973-420-3233.

To learn more, visit www. SanibelCaptivaHeartWalk.org.☆

From page 15B

New Officers

Southwest Florida, and Kevin Shimp, president, Thomas Marine Construction.

Returning board members include Tracie Bagans, Cindie Barker, Richard Fain, John Grey, Luis Insignares, Li-Su H. Javedan, Teri Palmer, Richard Pitbladdo, Steven Sizemore and Terri Wade.

'Serving on the board of thriving nonprofits like The Heights Foundation

and the Heights Center requires dedication, time and a commitment to improving the community," said Heights Foundation President and CEO Kathryn Kelly. "We are grateful to our new, current and past board members for providing their time and talents to make a positive impact on the lives of families in Harlem

For more information about The Heights Foundation and The Heights Center, visit www.heightsfoundation.org or call 482-7706.

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Oh My – The Sports World And Far Beyond Will Miss Dick Enberg



by Ed Frank

The word ego was abhorrent to the famed sports broadcaster Dick Enberg who died last week at the age of 82 of an apparent heart attack.

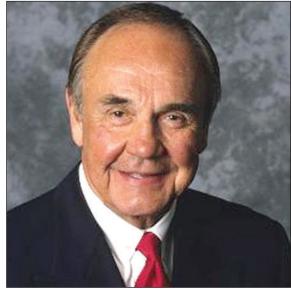
Kind, thoughtful and so very humble, Enberg proved to the world of sports that "nice guys" can finish first for indeed there has never been a sports personality more beloved, not only by his colleagues in the broadcasting booth, but by thousands of athletes on the field.

Football, basketball, baseball, golf, Wimbledon, Enberg covered them all with grace and passion, but never overshadowing the event himself. And, of course, his

legendary phrase, "Oh my," symbolized the excitement he brought to every event he reported upon.

His amazing career spanned more than 60 years on several networks and local outlets. Not only was he a skilled and talented broadcaster, but he was also an award-winning writer.

Enberg got his start first in radio as an undergraduate at Central Michigan University where he interned on a local station. But it was at Indiana University (IU) where his career began to take hold and where he earned both masters and doctorate degrees in health sciences. He broadcast the first Little 500 at IU, the bicycle race popularized in the movie *Breaking Away*. He also was the play-by-play announcer for Indiana



Dick Enberg

photo courtesy Twitter.com

SPORTS QUIZ

- 1. When was the last time before 2016 that the Chicago Cubs were 40 games above .500 during a season?
- 2. Name the last player 40 years old or older to have at least 108 RBIs in a season before Boston's David Ortiz had 127 RBIs in 2016.
- 3. Tennessee's Marcus Mariota, in 2015, tied a record by throwing four touchdown passes in his first NFL game. Who else did it?
- 4. Who was the first men's basketball player to win an NCAA title, an Olympic gold medal and an NBA championship?
- 5. In 2017, Nico Hischier was drafted No. 1 overall in the NHL Draft, the highest-drafted Swiss player in NHL history. Who had been the highest?
- 6. Who was the last U.S. wrestler to repeat as an Olympic champion?
- 7. Name the two golfers to win three different majors before the age of 24?

ANSWERS

Micklaus and Jordan Spieth

1. It was 1945. 2. Dave Winfield had 108 RBIs for Toronto in 1992. 3. Minnesota's Fran Tarkenton, in 1961. 4. Clyde Lovellette, who completed the feat in 1954. 5. Nino Niederreiter was the fifth overall pick by the New York Islanders in the 2010 NHL Draft. 6. John Smith, in 1988 and 1992. 7. Jack

football and basketball games, and, in 1961, he called his first NCAA basketball tournament, the championship game between Cincinnati and Ohio State, which Cincinnati won.

His talents and wisdom reached far beyond broadcasting. He appeared in the movies *Heaven Can Wait* and *The Naked Gun*. He also hosted several sports game shows in Los Angeles, but broadcasting, particularly baseball, was always his first love.

Enberg's network broadcasting included calling eight Super Bowls, six NCAA basketball Final Fours, nine Rose Bowls, a World Series, 28 Wimbledon tennis tournaments, NBA basketball, three Olympics and seven Breeders Cup horse races – and much, much more.

A true gentleman who rose to the pinnacle of sports broadcasting, Dick Enberg will be missed, but never forgotten.

Twins Name New Fort Myers Miracle Manager

The Minnesota Twins have named Ramon Borrego as the new manager of their Class A Advanced Fort Myers Miracle baseball team. Borrego is one of five new managers in the Twins farm system as the organization continues its overhaul under new baseball executives Derek Falvey and Thad Levine. Only one of six minor league managers was retained, Ray Smith at the rookie league club in Elizabethton.

Borrego has been in the Twins organization eight years and, since 2011, has managed the rookie Gulf Coast League Twins here in Fort Myers.

Everblades Closing Out 2017 in First Place

The Florida Everblades hockey team entered the final week of 2017 in first place in the ECHL South Division with a 20-4-1-2 record, three points ahead of second-place South Carolina. The Everblades are home at Germain Arena tomorrow, Saturday, at 7 p.m. against Orlando and again next Wednesday against Orlando.

Founder's Cup Draws 220 Golfers, Raises \$125,000

The 26th annual Founder's Cup Golf Tournament presented by the Florida Gulf Coast University (FGCU) Foundation raised a total of \$125,000 to help advance the university's mission at Quail Creek Golf Club in Naples on December 14.

The tournament drew 220 golfers in 55 teams with the support of Tournament Chair Joe Gammons and Travus Pope.

"Despite being delayed two months by Hurricane Irma, the tournament was a huge success," said Chris Simoneau, vice president for advancement and executive director of the FGCU Foundation. "Our supporters continue to turn out each year to make this event deeply meaningful and a lot of fun at the same time."

Since it began, the Founder's Cup has been one of FGCU's proudest traditions, raising more than \$1.7 million for programs that support academic excellence, scholarships,

student success, intercollegiate athletics and FGCU's community and regional impact. These were the five initiatives around which the university conducted its \$100 million capital campaign this year, concluding with \$127 million raised.

Grand sponsors for this year's tournament were FGCU parent Louis Pelliccioni Jr. and alumnus Brice L. Pelliccioni, 2013, from Pelliccioni Financial Consulting Group of Wells Fargo Advisors.

"Florida Gulf Coast University means so much to our family," Brice Pelliccioni said. "As a graduate and season ticket holder, I attend games with my father, who coached at West Virginia University. We are honored to sponsor the Founder's Cup, which benefits student success, and we look forward to making it an annual commitment for years to come."

The FGCU Foundation supports the university's educational mission by securing and administering gifts on its behalf, managing its endowment and allocating funds that advance student achievement and enhance academic programs. For more information, call 590-1067 or visit fgcu.edu/foundation.





Southwest Florida golfers came together during the 14th annual Shell Point Open Charity Golf Tournament to raise \$67,000 for the future Arts Center at Shell Point

Golf Tournament Brings In Over \$67,000 For New Arts Center At Shell Point

hell Point Retirement Community in Fort Myers recently hosted its 14th annual Shell Point Open Charity Golf Tournament, raising more than \$67,000 to benefit the future Arts Center at Shell Point.

Presented by The Legacy Foundation at Shell Point, the annual event brought 144 Southwest Florida golfers together for a four-person, scramble-style tournament on Shell Point's championship 18-hole course. Golfers began the day with breakfast at The Breezeway before hitting the greens. They concluded the competition with a luncheon at the Banyan Grill, which also included the opportunity to win prize drawings and giveaways.

Wright Construction Group served as title sponsor of the charity tournament, along with premier sponsor DeAngelis Diamond and signature sponsor FineMark National Bank & Trust.

Open to the public, the Club at Shell Point course is located at 17500 On Par Boulevard in Fort Myers. For more information, visit www.shellpointgolf.com.



Signature sponsor FineMark National Bank & Trust donated \$5,000 in support of the future Arts Center at Shell Point



Title sponsor Wright Construction donated \$15,000 in support of the future Arts Center at Shell



During the tournament, premier sponsor DeAngelis Diamond presented a \$10,000 check for the community's future arts center



More than 140 golfers teed off during the 14th annual Shell Point Open Charity Golf **Tournament**



Robert Roose

photo provided

ne of the most important issues our community is facing today – behavioral health – will be the topic of a community-wide dialogue on the Fort Myers campus of Florida SouthWestern State College on Tuesday, January 9 from 7:30 to 10 a.m.

Hosted by Healthy Lee, the free event will feature special guest speakers and facilitated conversations on the challenges and opportunities to create a healthy community. It is open to the public.

The morning's activities will begin with a continental breakfast at 7:30 a.m., general session at 8 a.m. and breakout sessions from 9 to 10 a.m. will be held on the topics of children's behavioral health, adult/senior behavioral health, substance abuse, dementia, depression and anxiety in the workplace.

Christin Collins and Debbie Toler are co-chairs for the event. Collins said, "Many of our societal challenges stem from mental or behavioral health disorders and, if detected early, could be supported and avoided. It is time to shed light on this paramount issue, and create much needed change by engaging in meaningful dialog about the current state of behavioral health in Lee County, and shaping the future, together as a community. There are major issues to discuss, including access and availability to care, and funding - a major barrier to care. Florida is the second least funded state in the nation when it comes to Medicare and Medicaid funding for mental and behavioral health services. Of which, Lee County is the least funded county in the state of Florida.

Robert Roose, MD, MPH, FASAM, vice president of Mercy Behavioral Health Care in Massachusetts, will be the keynote speaker. Dr. Roose oversees Providence Behavioral Health Hospital (PBHH) and leads the behavioral health service lines, which include psychiatric and addiction and recovery services

To join the conversation, RSVP by Friday, January 5 to communityconversations@healthylee.com. Florida Southwestern State College is located at 8099 College Parkway in Fort Myers. The event will be held in room U-102.

Life Insurance

Delay Retirement



J. Brendan Ryan, CLU, ChFC, MSFS

omething's got to give. Each year 10,000 baby boomers reach age 65, and that will continue for the next 19 years. But, in general, they are woefully

ill-prepared financially for retirement. And despite years of warnings, it is coming as something of a surprise to the boomers.

Why are they so unprepared? For several reasons:

Pensions are not what they used to be. Thirty-five years ago, 35 percent of workers were covered by a defined benefit pension plan. This is the type of qualified retirement plan that guaranteed a retirement income based on earnings record and years of service. Now, only 15 percent of the workforce can look forward to such a guaranteed income.

The stock market was seen as a safe way to accumulate funds for the long haul, but in many cases that has turned out to be a huge disappointment.

For many, the personal residence was seen as a reliable source of future retirement dollars. But the downturn in real estate value changed all that. Three

million homes are currently under water financially, meaning that more is owed on the home than the home is worth.

Boomers have not saved much over the years, preferring to use extra dollars for consumption. I have read that 90 percent of Americans have less than \$114,000 in savings.

A very practical way to deal with this dilemma is to delay retirement. Some policy changes that would help encourage employees to stay on the job and employers to encourage them to do so include the following: Stop levying Social Security tax on

Stop levying Social Security tax on people over a certain age, such as 62 or 65. Such a change would increase income by 6.2 percent and reduce the employer's payroll tax cost for those employees by 6.2 percent, and encourage people to keep working.

Make Medicare mandatory for those over age 65. At preset, employees have the choice of going on Medicare or opting to stay on the more benefit-rich employer plan. Requiring Medicare at that age would reduce the employer's cost of keeping the employee on the payroll by removing him or her plus dependents from the employee benefit overhead, giving the employer one less reason to let the employee go.

Give a lump sum incentive to workers who forego early Social Security (age 62) benefits and even those who delay their benefit beyond normal retirement age. Human nature suggests and some research shows that, while there is modest incentive in higher

continued on page 31B

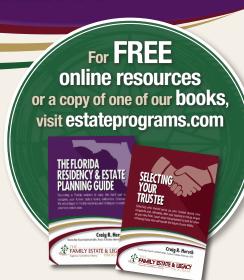
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Children's Hospital Earns Top Honor Again This Year

or the second year in a row, Lee Health's Golisano Children's Hospital of Southwest Florida has been named a Top Children's Hospital by The Leapfrog Group. Only 10 children's hospitals in the country - four in Florida – earned this prestigious distinction, which highlights each hospital's highest commitment to safety and quality care of children.

We are proud to recognize Golisano Children's Hospital of Southwest Florida as a 2017 Leapfrog Top Hospital, said Leah Binder, president and CEO of Leapfrog. "This demonstrates extraordinary dedication to patients and the local community. The entire staff and board deserve praise for putting quality first and achieving results."

The selection of Top Children's Hospitals is based on the results of the 2017 Leapfrog Hospital Survey. Performance across many areas of hospital care is considered in establishing the qualifications for the award, including inpatient care management, medication safety, and infections and injuries. The rigorous standards are defined in each year's Top Hospital Methodology.

We are so fortunate to have such a dedicated caring team of quality nurses and physicians that look after our children's health in this community.



From left, Leah Binder, Cristie Travis, Ashley Tait-Dinger, Susan Ryckman, Armando Llechu and Alex Daneshmand

photo provided

We earned this award because of their commitment to quality and safety of children every day," said Dr. Alex Daneshmand, acute care medical officer of Golisano Children's Hospital of Southwest Florida.

"It is an honor to be among this elite group of children's hospitals in the nation to earn the Top Hospital honor from The Leapfrog Group," said Armando Llechu, chief administrative officer, Golisano Children's Hospital. "Our mission has always been to keep

children close to home for the medical care they require. This Top Hospital endorsement from The Leapfrog Group shows that the care is not just available, but that it is leading-edge, safe and of the highest quality. To earn this prestigious award two years in a row reflects our continued commitment to maintain these high standards."

In May, Golisano Children's Hospital moved into its new, child-friendly and state-of-art facility located next to HealthPark Medical Center on Bass

Road. Previously a "hospital within a hospital" at HealthPark Medical Center, the new seven-story facility encompasses 300,000 square feet including Level II and Level III neonatal intensive care units, a Regional Perinatal Intensive Care Center, dedicated pediatric emergency services and a state-of-the-art Pediatric ICU.

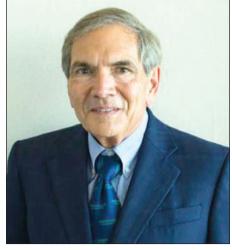
To see the full list of institutions honored as 2017 Top Hospitals, visit www.leapfroggroup.org/tophospitals.

Humanitarian Award Presented

im Nathan, former president of Lee Health, is this year's recipient of the Frank Haskell Humanitarian Award. Nathan was honored at Lee Health Foundation's Evening of Appreciation, held on December 14, which hosted about 200 of Lee Health's most committed donors and supporters.

Nathan served Lee Health as president/ CEO for more than 30 years. He led Lee Health's growth from one hospital to a comprehensive health system. Nathan is also an adjunct faculty member for Florida Gulf Coast University and a current board member of the FGCÚ Foundation. Previously, he was chairman of the Florida Hospital Association, founding chairman of the Safety Net Hospital Alliance of Florida, founding chair of LeeSar and Cooperative Services of Florida, founding chairman of the Coalition for a Drug-Free Southwest Florida and campaign chairman and president of the United Way of Lee

Nathan has received several awards for his leadership including the Clara Barton Humanitarian Award by the American Red Cross and the Founder's Award from Lee Mental Health for his ongoing support of mental health initiatives in Southwest Florida. He was also voted a Person of the Decade by Gulfshore Life, chosen as a laureate for Junior Achievement, named Person of Distinction for the past 25 years by The News-Press, and received the



Jim Nathan

photo provided

Gulfshore Business Lifetime of Distinction award.

"Jim was the heart and visionary of Lee Health for so long," said Skip Leonard, chief foundation officer for Lee Health. "He embodies all that the Frank Haskell Humanitarian Award signifies. This is recognition of all Jim has done not only for Lee Health and our patients, but for Southwest Florida and the healthcare industry as a whole.

The award is named in honor of Frank Haskell, co-founder, with his wife Betty, of Barbara's Friends - Golisano Children's Hospital Cancer Fund, part of Lee Health Foundation. It recognizes outstanding leadership in the advancement of quality health care for the citizens of Southwest Florida 🕸

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Beautifulife:

Let It Go



By Kay Casperson

s we end this year and enter into a new one, I thought it would be a good time to talk about some of the things that you may just want to leave behind. I like to suggest that

you take a walk on the beach, find a quiet spot and dig a hole in the sand where you can bury little thoughts of things that you want to leave behind before the new year begins. This could be done with a shell or a rock or any item as a symbol of the thought. I am a big believer that if you speak out your thought and then put it in the hole to be buried, it brings more of a lasting impact and significance.

You don't need to live near the beach to do this exercise. Thoughts can be buried in the snow, in a pile of rocks, in a lake, in the dirt or even by throwing them into a bonfire. The point is that you are taking the time to come up with things that might have affected your life this year in terms of pain, suffering, heartache, setbacks, worry, fear or anything that might hold you back from having the best year ahead.

If there were people in your life that disappointed you – let it go.

If you were unsuccessful in reaching

a goal – let it go

If you had a health setback that put

you behind – let it go

If you didn't find your true love this year – let it go

If you were not able to accomplish a certain task – let it go

The best way to move on and continue growing in the right direction is to let things go that might be a burden in order to focus on all the beautiful new things to come. The

Island Medical

Clinic

hardest part of this whole letting go thing is to learn how to really do it and to not just say "I'm letting go" but to truly let it go for good and move on without another thought about it. Sometimes, this is easier said than done, but the examples I gave above might help you to come up with some of your own ideas as to how to make

My hope is that you find your own way to make sure that you are ending this year in a very productive way by only taking with you the good things that came into your life. Leave behind the things that will slow you down from stepping into a brand new year of living your most balanced and beautiful life

My affirmation for you this week is: "I will take the time to confront the circumstances in my life that do not serve me in a positive way for my future and will let them all go in order to freely move on.'

Happy New Year!

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva Islands and in Disney. Casperson has lived on Sanibel and Captiva Islands for many years with her husband and two daughters and enjoys her beautifulife everyday. For more information, visit www. kaycasperson.com or follow her on social media @kaycasperson.☆

Book Sale At Lakes Regional

he Friends of Lakes Regional Library will hold a book sale at the library on Saturday, January 20 from 9 a.m. to 4 p.m. There will be hundreds of books, CDs, DVDs, and audio books at great prices. All are welcome.

Lakes Regional Library is located at 15290 Bass Road in Fort Myers.☆

Doctor and Dietician

Ketogenic Diet





by Ross Hauser, MD and Marion Hauser, MS, RD

he ketogenic diet is one diet most of us have heard thrown around lately. It's not actually a new diet, but was started in the 1920s by Russel Wiler of the Mayo Clinic as a treatment for epilepsy. Recent studies, including one from the Buck Institute for Research on Aging, continue to show that the ketogenic diet helps with epilepsy. Other studies have shown benefits in Alzheimer's and Parkinson's diseases, obesity, diabetes, cancer, autism and neurodegenerative disorders. A ketogenic diet has also been associated with longevity.

The ketogenic diet is a very low carbohydrate diet that is also high in fat content. The drastic reduction in carbohydrate intake changes the way energy is used by the body and puts it into a metabolic state called ketosis. Your body then becomes better at

burning fat as energy, reducing glucose levels and improving insulin resistance. The body's metabolism shifts from carbohydrates and towards fat and ketones. This increase in ketones is what helps to decrease epileptic

There are several different varieties of ketogenic diets, but they generally contain about 60 to 75 percent fat, 20 to 35 percent protein and 5 to 20 percent carbs versus the standard American diet of 35 percent fat, 15 percent protein and 50 percent carbohydrates. Carbohydrates like grains, legumes, potatoes and most fruits are avoided on the ketogenic diet, with the majority of included foods being meat, eggs, nuts and seeds, healthy oils, avocado, high fat dairy and non-starchy vegetables.

The ketogenic diet is an effective way to lose weight if calories are watched. Vitamin and mineral supplementation may also be needed, such as vitamin D, calcium, fiber and iron. Some people may experience nausea, constipation, hypoglycemia and lack of energy. Overall, in addition to the benefit of loss of excess fat, the ketogenic diet appears to provide many healthy metabolic, neurologic and insulin-related benefits.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@

FISH Health And Wellness Program On Diabetes

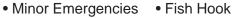
NSH of SanCap, in partnership with Lee Health, will ofer a program about diabetes on January 17 from 11:30 a.m. to 12:30 p.m. at The Community House. Approximately 30 million children and adults have diabetes in the United States and another 84 million Americans have prediabetes. There will be a discussion on the various types of diabetes, blood sugar goals and treatment modalities. A review of carbohydrate counting and label reading will be addressed as well. The presentation will also discuss diabetes education opportunities for the community to enhance their understanding of how to self-manage this condition.

Lee Health diabetes expert Sharon Krispinsky will address healthier ways to manage your lifestyle with diabetes. Krispinsky is a registered nurse and certified diabetes educator. Snacks will be provided.

FISH Program Director Kathy Y. Monroe, MSG, said, "Hopefully people will get clarity about understanding the way diabetes affects their bodies while obtaining information that could be

lifesaving."
RSVP by calling Kathy Y. Monroe at 472-4775.蓉

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Forum On Social Media, Bullying, Substance Abuse

¬ISH of SanCap will host an eve-¬ning forum at The Sanibel School on Thursday, January 18 for students in grades 5 to 8. Parents, school counselors, teachers, youth leaders and other community leaders will address issues that young people are faced with daily. Social media, alcohol and substance abuse, along with misuse of

photos on social media and bullying are some of the topics for discussion.

Principal Chuck Vilardi will give an introduction and the forum will be led by Mary Fischer, a certified bully expert from BullySafe USA. She will be joined by Lee County Sheriff's Office Lt. Angelo Vaughn and Sanibel Police Student Resource Officer Kevin Adams. The forum runs from 6:30 to 8 p.m. at The Sanibel School, located at 3840 Sanibel-Captiva Road. A light dinner

will be provided.
RSVP by January 16 to FISH Program Director Kathy Y. Monroe at

472-4775.☆

Six Best Foods To Eat If You Have Arthritis



by Suzy Cohen, RPh

ear Readers:
If you have arthritis, you know what to expect every day when you get up in the morning, trying to find a comfortable way to sit, grocery shopping where it's one painful step in

front of the other, difficulty buttoning your shirt. But wouldn't it be nice to be flexible around the holidays? I don't mean in terms of parties, events and trips. I mean with your joints.

Eating certain foods reduces inflammation and pain. But first, here are three food groups you should avoid, since these harm your brain, joints and cartilage:

Anything with artificial colors, flavors or sweeteners

GMO foods because they are so "hardy" they pierce the gut, leaching toxins into your body and poisoning your bloodstream.

Pesticides (organic is better, especially if you have a PON1 gene SNP)

Now, let's look at five of the best foods to include in your diet if you have arthritis pain:

- 1. Organic ginger: Ginger is highly anti-inflammatory. Researchers found that ginger relieves pain in patients with osteoarthritis, helping 63 percent of participants. Another study found that ginger can block the manufacture of inflammatory cytokines in the body. Make tea or grate into meals.
- 2. Tart cherries: Like blueberries, cherries are rich in a compound called anthocyanin, which gives cherries their deep blue-red hue. A 2013 study found

that patients who drink tart cherry juice found they improved levels of pain and stiffness from arthritis. It's known to help with gouty arthritis too.

3. Garlic: Garlic is good for so many health-promoting effects in the body. It's cancer preventative and a potent anti-inflammatory food. In one study of 1,082 twins, researchers found that those who ate the most garlic experienced the least symptoms from osteoarthritis.

4. Fennel: Fennel has long been used as medicine in ancient Rome and Greece. Fennel is a delicious way to spice up a salad, by making your salad virtually cancer-preventative and helping to drastically reduce inflammation in the joints and tissues.

5. Beet Greens: Dark, leafy greens like beet greens are full of phytonutrients, vitamins and minerals that reduce inflammation all over the body. Beet greens (not beets) are extremely high in vitamin K, another potent anti-inflammatory. Two cups of these will have about 4,700 mg of potassium which can help regulate blood pressure. Sauté these with garlic in some grass fed butter. They wilt within a minute.

6. Spinach: A recent 2017 study showed how kaempferol (which is found in spinach) reduces inflammation and prevents the progression of osteoarthritis, the wear-and-tear type of arthritis. Kaempferol also decreases the effects of inflammatory cytokines associated with rheumatoid arthritis, the autoimmune form that affects bone marrow.

If you want to be more flexible, now and into the new year, think clean, green, organic, non-nitrate, natural foods as best you can. It may sound difficult if not stifling, but if you set your mind to it, you'll notice changes within a month.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.*

From page 28B

Delay Retirement

monthly benefits when one delays the start of Social Security, there is greater interest and incentive in receiving a lump sum for such delay. This should keep more people in the workforce longer.

What is the benefit of people working longer? Well, the longer they can keep socking away money and leaving their money working for them before starting to draw it out, presumably the more they will have to retire upon. Secondly, the older they are when they begin to depend upon their accumulated assets for living costs,

the fewer the future years of such support they will need and so the fewer the required dollars.

The policy changes recommended here will have a negligible negative affect on Social Security tax receipts. And those negatives will be offset by increased collection of income taxes levied on the ongoing earnings of those who choose to hang in there and keep working.

There are even more changes that could encourage workers to stay on longer, but this would be a start.

J. Brendan Ryan is a Cincinnati insurance agent. He can be reached at jbryanclu@aol.com.☆

Got A Problem? Dr. Connie Is In



by Constance Clancy-Fisher

Q: Can you give me some tips on how to believe in myself when I really struggle with this?

A: Life has a way of handing us lemons, and the cliche is when life gives you lemons,

make lemonade. This includes shifting any self-doubt or non-belief to one of strength and belief in oneself. We all have a purpose and a destiny to fulfill. To begin, take an inventory of your purpose and strengths you have. We all have them, yet we tend to focus more on our nonstrengths and wrong-doings. No matter what lemons have been tossed your way, you were born a beautiful bright light and, while it may have been covered up with programming by others in your earlier years, you have the ability to transform those old belief systems to new ones. As you reconnect with your true self, who you really are, and by believing in this person at the core level, you will believe that you are worthy, valuable and deserving of all that is in your highest good.

Take a piece of paper or poster board and draw a large circle. Draw into four quadrants: Mind, Body, Spirit and Emotions. Write your name in the middle of the circle. Go to each one of the four quadrants and examine your strengths in each one. For example, for the Mind quadrant, write your intellectual strengths. What are your abilities in this area? Are you an avid reader, writer, great student, think fast on your feet? Is there a strength you would like to achieve in this area? Write it down. Do this for each of the four quadrants and you will see many strengths, beliefs and abilities in yourself, including those which you wish to further gain.

Something that can help in difficult times is a sense of humor. While laughter has its place, it is healing medicine. Laughter loosens up the solar plexus and literally helps lighten up and turn adversity into a light-hearted belief about oneself and others such as, I believe I can have fun and be my true self in the process.

Have a thirst for knowledge. Seek to further understand your experiences and believe you are learning from them, and the lessons will help you believe more in yourself. Your belief in yourself will increase by taking risks and learning from these risks. Then you believe you can do this again and the more you will grow from this. Think of your ability to use any situation and channel it into the greater good. Know that you are capable to transform any adversity into knowledge and wisdom. You have the ability to transform light from darkness at any given time.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.



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Gulf Coast Symphony
Lee County Alliance for the Arts
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PETS OF THE WEEK



photos provided

Haven on Earth Animal League Moe And Lily

Ti there! I'm Moe – short for Maureen. I am a very sweet girl just waiting for someone to take me home. I just have one request: I'm not real crazy about other cats, so I want to be your one and only. I'm 2 years old, up to date on all vaccines and spayed. Just look at my beautiful green eyes and pink nose - don't you want to kiss me on the head? I'm currently residing at PetSmart on Six Mile



Lily

Cypress Parkway. My adoption fee is \$75. Hello, my name is Lily! I am a beautiful black and white spayed female with piercing bright blue eyes. I'm 8 years old and I need a new home right away. My owners are moving, and they can't take me, so I'm going to be homeless. I'm up to date on vaccines. My adoption fee is

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.☆

Resolve To Be More Fit With Dog Adoption

eople make millions of New Year's resolutions each January. Officials at Lee County Domestic Animal Services (LCDAS) invite you to Skip the Jog and Walk a Dog as part of yours. Make pets a part of your New Year's plan and consider that a new pet can help you achieve many of the most popular goals set each year.

The adoption fee for dogs over 30 pounds will be just \$25 through January 30 to assist potential pet owners in finding a new exercise partner and best friend.

There are many ways pets can improve your

Getting Fit/Losing Weight and being Healthy - A pet is a great way to be more active, whether playing games or going for a walk. Reduce Stress – there is no better stress

reducer than the companionship of a devoted pet. Research has shown that contact with animals has many health benefits.

Enjoy Life More - With all the benefits of pet adoption, this one is a no-brainer.

Helping Others - By adopting, you will not just be helping, you will be saving a life. Most pet owners report that they actually benefit more from the relationship than their pet.

The adoption fee includes spay or neuter surgery, age-appropriate vaccinations, deworming, flea treatment, heartworm test for dogs six months and older, feline aids and leukemia test for cats, Lee County pet license for pets three months and older, microchip ID, and a 10-day health guarantee. The adoption package is a \$500 value.

For more information about LCDAS' pets for adoption, visit www.LeeLostPets.com or call 533-7387 (LEE-PETS). You may also submit an adoption application online. Adoption hours are 10:30 a.m. to 3:30 p.m. Monday through Saturday at LCDAS, located at 5600 Banner Drive in Fort Myers.☆

PUZZLES

Answers on page 37B

Super Crossword

11 That bloke

in France

Bloom and

14 Fancy shoes

'Star Trek'

statement.

correct?"

17 Dog or cat

18 Went inside

29 British TV

"the

31 Tiny self-

propelled

machine

33 Clicked-on

graphic

Simpson, to

34 Bart

24 Ida. borderer

breed

13 Actresses

Danes

15 George of

16 "... true

BED OF FISH

ACRUSS	
1 Santa —	
(desert	

- winds) 5 Heroic tales
- 10 "iZombie" network 15 Marathoner's
- statistic 19 Promote
- 20 Horror, e.g. 21 Prefix with
- gram or liter 22 Strong — ox 23 Start of a
- riddle 25 "That is to say ...
- 26 Piper's garb 27 AWOL part 28 Pat lightly 30 Short literary
- sketch 32 Riddle,
- part 2 38 Jailbird 39 Poet's
- "always" 40 German's "one"
- 41 Suffix with sucr- or lact-42 Riddle,
- part 3 51 Starting point
- 52 lke's inits. 53 Cell stuff 54 Government
- loan agcy. 55 Runway user 107 Syllable after 56 Clumsy sort

19

23

27

- 58 Dollar pts. 60 He beat Romney 64 Riddle, part 4
 - 70 "Look, I did 74 Ostrich kin
 - 75 Bohea, e.g. 76 That, in Chile **77** Oil gp.
 - 78 Riddle, part 5 83 '90s-'00s
 - boy band 84 Thrice-spun-85 Wimbledon unit
 - 86 Swimming (in) 91 Sue
 - Grafton's "— for Evidence"
 - ability 95 Lilted
 - syllable 97 "Hägar the Horrible" creator Dik
 - 98 Riddle, part 6 104 Pitching whiz
 - 105 Ballpark fig. 106 Prefix meaning "equal"

"Mao"

24

- 108 End of the riddle 118 Merit the
- best score. mavbe 119 Half of hexa-**120** See
- 45-Down 121 Lacking width and depth, for
- short 122 Els of golf 125 Riddle's answer
- 129 Baseball team count off TV show 130 Actress Tierney
 - 131 Plants used in first aid 132 Borscht
 - vegetable 133 Anti-DUI org. 134 More sneaky
- 135 Flirty laugh 93 Mind-reading 136 Probability DOWN

1 Slanting

2 Like free

3 Acoustic

banking

5 "I" problem

6 Chapel seat

8 Set of beliefs

to share all

that," in texts

7 Hotel's kin

9 Roomy car

10 "No need

28

35 With a sharp image. briefly 36 — -do-well

Marge

- 37 Long ditch 42 Marge 4 Rock's Perry Simpson, to Bart
 - 43 -Magnon 44 Prefix with day or week
 - 45 With 120-Across. 65 and older,

11

21

25

29

- 46 Sledding site 47 Work like -
- 12 School pupil, 48 Cherished by 49 Ramble on
 - 57 Feudal lands 59 Cubs hero Sammy
 - 62 Pal of Larry and Curly
 - 65 Conifer with toxic seeds 66 Apple
 - network, with 67 Sipped on 68 Sex cell 69 Down vote
 - 70 Earthy color 71 Muscles below pecs
 - initialism 73 Nixon's veep 79 Actress
 - Annabella 80 Not make the event in time, sav
 - 81 Other, in Chile 82 Delhi wear
 - 87 Concave pan 88 Stupefy 89 NBC skit
 - show since 90 Kin of "Psst!"

13

30

- 92 Secondary details
- **94** Elegant 96 Voting
- 69-Down 97 Cordon -50 Verboten act (chicken dish)
- 98 Particles composed of 61 Galaxy buy quarks
- 99 South **63** Jets' gp. Pacific region 100 Soho locale
 - 101 Left-leaning 102 Ring around choice a castle **103** Pa. hours
 - 109 Surrendered 110 Listless feelina
 - **111** Yummy morsel
- 72 Handyman's 112 Edge shyly **113** Abbr. at LAX
 - **114** 1990s fitness fad
 - 115 "- a drink!" 116 Looked at provocatively
 - **117** Swift homes **123** Wrath
 - 124 Acoustic organ

16

22

26

- 126 "So fancy!" **127** Peace gesture
- Major 128 Nationality suffix

King Crossword

ACROSS

- Muse's instrument
- 5 Renders speechless Obtain
- 12 Billions of vears
- 13 Future stallion 14 Multipurpose truck
- 15 Avocado dip Top card
- Singles Gordon and 19
- Ginsburg Mad 24 It begins at
- 40 Toe woe 26 Zigzagged on
- skis 30 Eggs 31 Actress
- Witherspoon 32 Past
- 33 Clothina 35 Story line 36 "- She
- Sweet?
- 37 Instant 38 From then on
- 40 Icelandic epic 42 Industrious insect
- 43 Port city of Ecuador
- Eisenhower 49 Being, to
 - Brutus

51 Caustic solu- 10 Leave an impression Golf gadgets

49

52

21

24

- 52 "- of Our Lives" 53 Shade trees
- DOWN

tion

- 1 Lower limb Thee
- Genetic let-3 ters Accompany

48

- to a party Pinnacle Courts
- Right angle Germ-free
 - Central American nation

34 Karaoke need, for

short

- 16 Whatever 35 Award for a number dentist? 37 20 Aliens' craft Med. approv-
- al org. Take to the Enthusiastic. plus 22 PBS science
 - seas 39 Black show
 - Insure 40 Simple Glasgow girl Coloring
- 26 Transmitted agents 44 Can. neigh-27 Allow 28 Hollywood bor
 - 45 Web address clashers "... - protest 46 Doctrine too much" 47 - Vegas
 - Went back on an agreement

MAGIC MAZE ● LAST DAY OF THE YEAR

AUSQOMKISFDSBIE

LZXWUSQEONLNJTR HEFFGNICNADODTA

CAVIYTHGINDIMEU

WDVERTS QPNLTKFQ

IHLA(RESOLUTIONS)

F E P U C B W Z F O O D Y O S WODRABMOLALAGCE

V U S R E M A E R T S R S R M

O P N M L J I H F K S T A H I EDCSREKAMESIONT

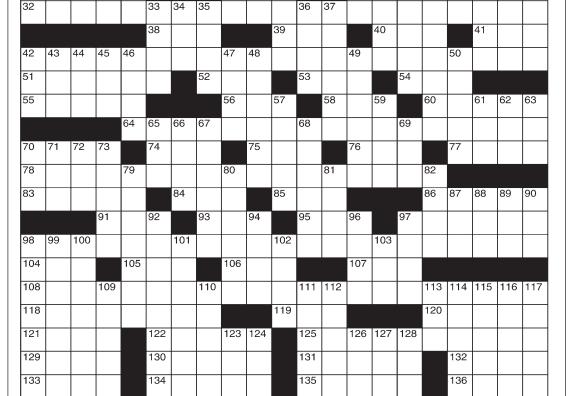
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Confetti Dancing Hats Fireworks Food

Lombardo Midnight

Noisemakers **Parties** Resolutions Revel

Streamers Times Square **Traditions**



Bot Silvette,

"I've been barred from another car pool they won't put up with my

answer on page 39B

SCRAMBLERS le the letters within each rectangle to form four ordinary words. Then the boxed letters to form the mystery word, which will complete the gag! Snee **PRIMES** Twist GLEAN Edge FINGER REGION **TODAY'S WORD**

		3			7			8
	7		2	4			9	
9			1			4		
4	1		8					9
	5			3		7		
		6			1		5	
		2		8		6		1
1	8		7				3	
5					4	2		

SUDOKU

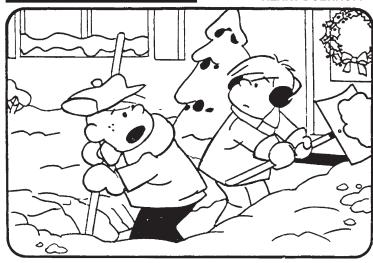
To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 37B

HOCUS-FOCUS

BY **HENRY BOLTINOFF**



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



moved. 5. Wreath is missing. 6. Shovelful of snow is smaller. Differences: 1. Ear flap is moved. 2. Collar is smaller. 3. Tree is smaller. 4. Arm is

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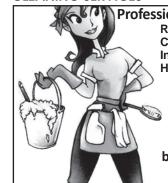
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FRIDAY Sunny High: 77 Low: 67



SATURDAY Sunny High: 76 Low: 66



SUNDAY Partly Cloudy High: 72 Low: 62



MONDAY Partly Cloudy High: 67 Low: 57



TUESDAY Mostly Sunny High: 63 Low: 53



WEDNESDAY Partly Cloudy High: 65 Low: 55



THURSDAY Mostly Cloudy High: 66 Low: 56

Redfish Pass Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	11:01 am	3:59 am	9:26 pm	2:51 pm
Sat	12:12 pm	4:53 am	10:10 pm	3:37 pm
Sun	1:13 pm	5:44 am	10:56 pm	4:20 pm
Mon	2:15 pm	6:35 am	11:40 pm	5:00 pm
Tue	3:03 pm	7:24 am	None	5:45 pm
Wed	12:28 am	8:11 am	3:46 pm	6:36 pm
Thu	1:19 am	8:57 am	4:23 pm	7:36 pm

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	10:06 am	4:01 am	8:31 pm	2:53 pm
Sat	11:17 am	4:55 am	9:15 pm	3:39 pm
Sun	12:18 pm	5:46 am	10:01 pm	4:22 pm
Mon	1:20 pm	6:37 am	10:45 pm	5:02 pm
Tue	2:08 pm	7:26 am	11:33 pm	5:47 pm
Wed	2:51 pm	8:13 am	None	6:38 pm
Thu	12:24 am	8:59 am	3:28 pm	7:38 pm

Punta Rassa Tides

Day	<u>High</u>	Low	<u>High</u>	Low
Fri	10:16 am	3:53 am	9:21 pm	3:15 pm
Sat	11:18 am	4:48 am	10:17 pm	4:09 pm
Sun	12:05 pm	5:40 am	11:06 pm	5:05 pm
Mon	12:52 pm	6:32 am	11:47 pm	5:55 pm
Tue	1:37 pm	7:21 am	None	6:46 pm
Wed	12:28 am	8:10 am	2:28 pm	7:41 pm
Thu	1:13 am	8:57 am	3:21 pm	8:39 pm

Cape Coral Bridge Tides

	1			
<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	1:11 pm	7:15 am	11:36 pm	6:07 pm
Sat	2:22 pm	8:09 am	None	6:53 pm
Sun	12:20 am	9:00 am	3:23 pm	7:36 pm
Mon	1:06 am	9:51 am	4:25 pm	8:16 pm
Tue	1:50 am	10:40 am	5:13 pm	9:01 pm
Wed	2:38 am	11:27 am	5:56 pm	9:52 pm
Thu	3:29 am	12:13 pm	6:33 pm	10:52 pm

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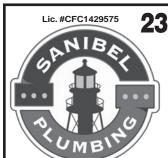
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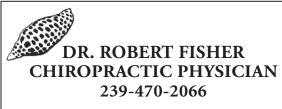
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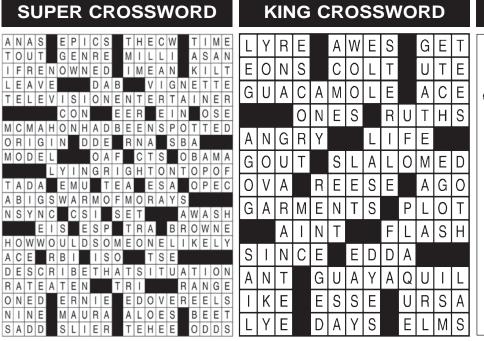
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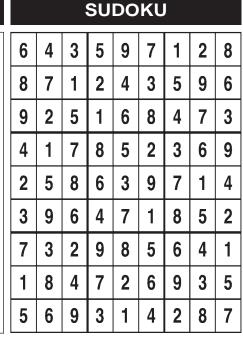
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My Stars ★★★★

FOR WEEK OF JANUARY 1, 2018

ARIES (March 21 to April 19) It's a good time for reunions with those very special people from your past. You could be pleasantly surprised by what comes to light during one of these get-togethers.

TAURUS (April 20 to May 20) The new year gets off to an encouraging start for the Bold Bovine who takes that demanding workplace challenge by the horns and steers it in the right direction.

GEMINI (May 21 to June 20) The clever Gemini will be quick to spot the telltale signs of workplace changes that could open up new opportunities for the right person. (And that's you, isn't it?)

CANCER (June 21 to July 22) The Moon Child's post-holiday letdown soon lifts as you begin to get back into your comfortable routine. Someone from your past extends a surprise bid to reconnect.

LEO (July 23 to August 22) You've been the ultimate social Lion over the holidays. Now it's time to relax and recharge your energy so you can be at your best when you pounce on that new

VIRGO (August 23 to September 22) A relationship could be moving in a direction you might not want to follow. Step back for a better overview of the situation. You might be surprised at what

LIBRA (September 23 to October 22) Emotions rule at the start of the week, affecting your perception about a decision. Best advice: Avoid commitments until that good Libran sense kicks back in.

SCORPIO (October 23 to November 21) A longtime friendship could take a romantic turn early in the new year. While this pleases your passionate side, your logical self might want to go slow.

SAGITTARIUS (November 22 to December 21) Someone might make a surprising disclosure about a trusted friend or workplace colleague. Stay cool and reserve judgment until you get more facts.

CAPRICORN (December 22 to January 19) You might think you've found what you've been looking for. But appearances can be deceiving. Don't act on your discovery until you know more about it.

AQUARIUS (January 20 to February 18) You're no doubt anxious for that confusing situation to be cleared up. But don't press for a quick resolution or you

might overlook some vital facts.

PISCES (February 19 to March 20) Now that your holiday distractions are easing, you need to apply yourself to getting those unfinished tasks done so you can begin a new project with a clean slate.

BORN THIS WEEK: People respect both your wisdom and your deep sense of loyalty and compassion.

THIS WEEK IN HISTORY

- On Jan. 1, 1863, a farmer named Daniel Freeman submits the first claim. under the new Homestead Act for a property in Nebraska. The act legalized the long-standing practice of squatting on the vast federal landholdings in the West.
- On Jan. 2. 1811. Timothy Pickering. a Federalist from Massachusetts, becomes the first senator to be censured. Pickering was accused of violating congressional law by publicly revealing secret documents communicated by the president to the
- On Jan. 3, 1990, Panama's Gen. Manuel Antonio Noriega surrenders to U.S. military troops to face charges of drug trafficking. In 1992, the former dictator was convicted of drug trafficking, money laundering and racketeering, and sentenced to 40 years in prison.
- On Jan. 4, 1974, President Richard Nixon refuses to hand over tape recordings and documents that had been subpoenaed by the Senate Watergate Committee. Nixon would resign from office in disgrace eight months later.
- On Jan. 5, 1643, in the first record of a legal divorce in the American colonies, Anne Clarke of the Massachusetts Bay Colony is granted a divorce after being deserted by her husband, Denis Clarke.
- On Jan. 6, 1925, at New York's Madison Square Garden, Finnish longdistance runner Paavo Nurmi makes his first American appearance. He would run a total of 55 races before returning home, losing only his last race, a half-mile sprint. Some newspapers speculated that Nurmi had lost only out of politeness to his hosts.

STRANGE BUT TRUE

• It was 20th-century American professor and noted author Isaac Asimov who made the following sage observation: "A poor idea well-written is more likely to be accepted than a good idea poorly

- According to a Scandinavian tradition, Christmas gifts aren't delivered by Santa Claus or Saint Nicholas -- a little gnome called Julenisse puts gifts under the tree. And instead of cookies and milk, children put out a bowl of porridge for
- It's commonly believed that misery sometimes can beget genius -- the stereotype of the tortured artist is ubiquitous. However, recent research suggests that there's not as much truth to the trope as many think. According to a study titled "Death, Bereavement and Creativity," recently published in the journal Management Science, works created by painters during the year following a loved one's death were worth about 35 percent less that other works by the same artist. Those paintings also are significantly less likely to be included in the collection of a major museum.
- Those who enjoy making calculations have determined that Santa would have to visit nearly 900 homes every second to finish all his deliveries on Christmas Eve.
- The first time a news event was shown in a motion-picture film reel was in 1896, and the subject was the coronation of Russian Czar Nicholas II.
- Like many of us, those in the Netherlands celebrate Christmas on Dec.

25. However, the children there eagerly await the arrival of "Sinterklaas" on Dec. 5, when children receive their presents. The name Santa Claus supposedly derived from older Dutch "Sinte Klaas."

THOUGHT FOR THE DAY

"We have to face the fact that either all of us are going to die together or we are going to learn to live together, and if we are to live together we have to talk." -- Eleanor Roosevelt

SCRAMBLERS

solution

- 1. Simper; 2. Angle;
- 3. Fringe; 4. Ignore

Today's Word

SNORING

ORTOONS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Barefoot Beach	Bonita Springs	1991	4,152	\$5,995,000	\$5,950,000	132
Cape Coral	Cape Coral	2005	4,312	\$1,499,000	\$1,375,000	140
Cape Coral	Cape Coral	2013	2,564	\$899,000	\$875,000	16
Cape Coral	Cape Coral	1970	1,901	\$869,000	\$804,000	280
Grande Estates	Estero	2006	3,490	\$789,000	\$735,000	406
Cape Coral	Cape Coral	2014	2,323	\$749,900	\$725,000	63
Burnt Store Marina	Punta Gorda	2001	2,844	\$699,950	\$660,000	48
Longlake	Bonita Springs	1995	2,779	\$699,000	\$690,000	29
Belle Lago	Estero	2005	3,346	\$675,900	\$666,000	41
Cape Coral	Cape Coral	2007	3,195	\$675,000	\$650,000	127

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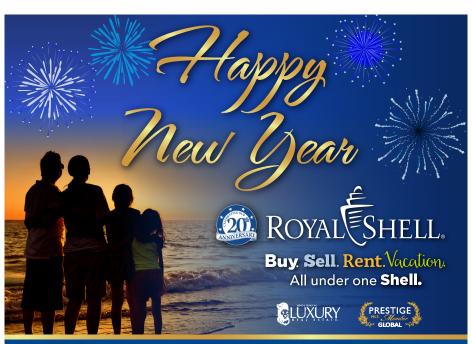
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